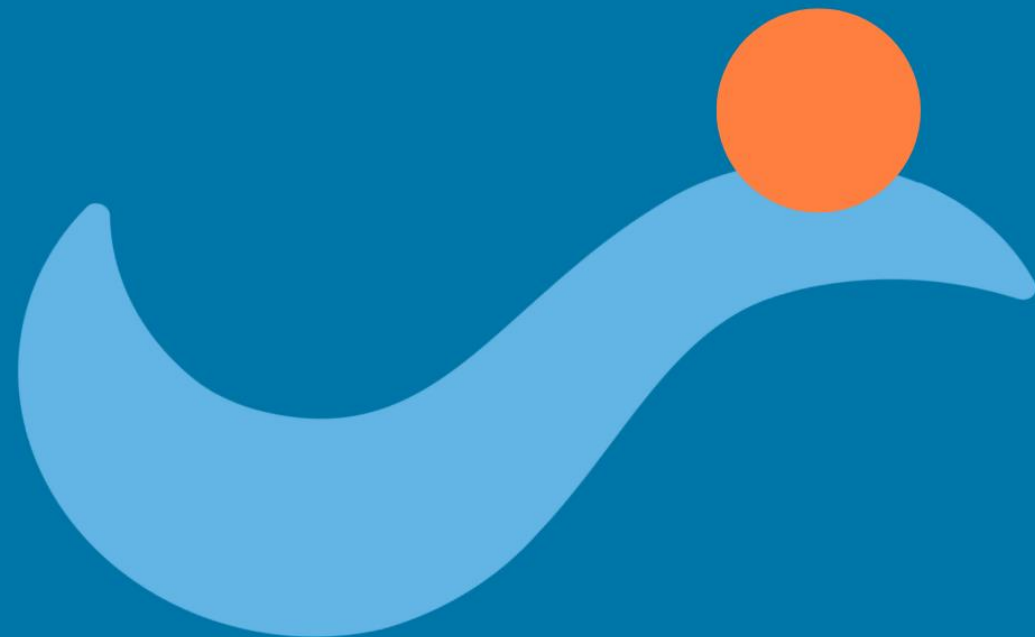




National Carers Week **2024**

Events Calendar

13 -19 October 2024



National Carers Week, dedicated to acknowledging and celebrating carers in Australia, will be held from Sunday 13 to Saturday 19 October 2024.

National Carers Week is about recognising and celebrating the outstanding contribution unpaid carers make to our nation.

There are over 3 million unpaid carers in Australia providing care and support to a family member or friend who has a disability, mental illness, alcohol or drug dependency, long term health condition or who is frail due to age.

Anyone at any time can become a carer. National Carers Week is an opportunity to educate and raise awareness among all Australians about the diversity of carers and their caring roles.

For more information about National Carers Week please visit www.carersweek.com.au.

With funding from the NSW Government's Department of Communities and Justice (DCJ), Carers NSW is pleased to provide grants to carer support groups and organisations to hold events across NSW to celebrate carers. Carers NSW looks forward to seeing the many unique ways in which these grants are used to celebrate and recognise carers across New South Wales in 2024.

The calendar is organised by the usual meeting place/location of the carer support group/organisation.

If you would like to attend an event listed, please get in touch with the contact listed, or email commsteam@carersnsw.org.au for more information.

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Central and Eastern Sydney

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
9/08/2024	Balmain Mental Health Carers Support Group	Carers for people living with mental illness	Carers Luncheon	Grey Grus Back Courtyard, 626 Darling Street, Rozelle NSW 2039	Bronwyn Monro 0427601795
23/09/2024	Hurstville Public School Support Unit	Carers for people on the Autism Spectrum	Carers Afternoon Tea	Hurstville Public School, 80 Forest Road, Hurstville NSW 2220	Rachel-Maree O'Toole 0405478787
3/10/2024	South Eastern Sydney Local Health District (SESLHD) Community Mental Health - Prince of Wales Hospital	Carers for people living with mental illness	Young Carers Peer Support Program	Sutherland Hospital, Kareena Road, Caringbah NSW 2229	Sally Tuffs 0293823371
12/10/2024	Ultimo Chinese Parents Network 468	Carers for people on the Autism Spectrum	Love Ourselves	The Eight, Market City Shopping Centre Level 3/13 Hay Street, Sydney NSW 2000	Xiaolin Hu 0478016150
12/10/2024	Young Carers / Sibling Carers - Gospel Fellowship of Families - People with a Disability	Carers for people on the Autism Spectrum	Young Adults - Your Valued Companion	Concord Oval / Concord Oval Recreation Centre, 8 Gipps Street, Concord NSW 2137	Phung Minh Tong
13/10/2024	Older Persons Mental Health Service, Prince of Wales Hospital	Carers for people living with mental illness	Carers Information Resource and Gift Pack	Prince of Wales Hospital, Barker Street, Randwick NSW 2031	Tanya Jochelson 0293828058
13/10/2024	Sutherland Transitional Aged Care	Carers for people who are frail due to age	Wellness Day	Southcare, 126 Kareena Road, Caringbah NSW 2229	Liam Brailey 0434327895
14/10/2024	Cultural and Linguistically Diverse (CALD) Carer Support Group (Khmer)	Carers for people living with mental illness	Pamper Day Massage and lunch	Darling Harbour, Sydney NSW 2000	Sonia Parmegiani

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
14/10/2024	St George Hospital, South Eastern Sydney Local Health District (SESLHD)	Carers of people living with a variety of conditions	Heartfelt Heroes: Honoring Carers	Atrium, Acute Service Building, St George Hospital Gray Street, Kogarah NSW 2217	Xiao Meng Chen 0291131460
14/10/2024	Aboriginal and Torres Strait Islander Carers of St George and The Sutherland Hospitals	Carers for people living with a chronic health condition	Aboriginal and Torres Strait Islander Carers Morning Tea Celebration	Bidjigal Aboriginal Carer's Lounge, St George Hospital, Gray Street, Kogarah NSW 2217	Morgan Brown 0291132419
14/10/2024	Autism Community Network	Carers for people on the Autism Spectrum	Sutherland Carers Week Event	Gynea Tradies Club, 57 Manchester Road, Gynea NSW 2227	Vanessa Gauci 0421462842
14/10/2024	South Eastern Sydney Local Health District (SESLHD) Mental Health St George Hospital	Carers for people living with mental illness	Young Carers Peer Workshop	Sutherland Hospital, Kareena Road, Caringbah NSW 2229	Paige Tatum 0404304227
15/10/2024	CanRevive Inc	Carers for people living with a chronic health condition	"I Care" Snapshots Competition & Carers Day Out	Chinese Garden of Friendship, Pier Street, Darling Harbour NSW 2000	Agnes Lung 0292127789
15/10/2024	Indonesian Carers Community Sydney Eastern Suburb	Carers of people living with a variety of conditions	Caring Connections: An Evening for Indonesian Carers 2024	Hurricane Grill Circular Quay, L202-L203 Gateway Building, 1 Macquarie Place, Sydney NSW 2000	Tri Aryanti 405071110
15/10/2024	War Memorial Hospital - Day Centre Program	Carers for people living with dementia	WMH Day Centre Carer's Day event	War Memorial Hospital - Education Centre, 125 Birrell Street, Waverley NSW 2024	Rod Escobar 0293690263
15/10/2024	Daceyville Public School P&C (Parents and Citizens) Association	Carers of people living with a variety of conditions	National Carers Week Morning Tea	Daceyville Public School, 1 Joffre Crescent, Daceyville NSW 2032	Nathan Brown 0458141499
15/10/2024	Carers from CALD (Culturally and	Carers for people living with intellectual disability	You Make This World a Better Place	Erskineville Town Hall, 104 Erskineville Road, Erskineville NSW 2043	Ellen Gore 0295691288

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
	Linguistically Diverse) Backgrounds				
15/10/2024	Studio ARTES Northside Inc: Inner West branch	Carers for people living with intellectual disability	Appreciation Tea and Cake Bonanza!	Studio ARTES Inner West, 45 Unwins Bridge Road, Sydenham NSW 2044	Lidya Saliba 0490332073
15/10/2024	Disability Carers	Carers for people living with intellectual disability	Morning Tea	Conference Room, Concord Hospital, BLD 60, 1 Hospital Road, Concord West NSW 2139	Kiran Singh 0491863064
15/10/2024	Intellectual Disability Mental Health Service	Carers for people living with intellectual disability	Carers Morning Tea	Concord Hospital, Hospital Road, Concord NSW 2139	Janet Lewis 0436620300
15/10/2024	Concord Hospital - Movement Disorders Service.	Carers for people living with a neurological condition	Parkinsingers and Dancers	Building 60 LG, Aged Health and Rehabilitation Precinct, Concord Hospital Hospital Road, Concord NSW 2139	Susan Mercer 0297677917
15/10/2024	Canterbury Hospital Social Work Department	Carers for people who are frail due to age	Carers Week - Canterbury Hospital	Canterbury Hospital Foyer, 575 Canterbury Road, Campsie NSW 2194	Amy Eldridge 0291532493
15/10/2024	South Eastern Sydney Local Health District (SESLHD) Oral Health Service	Carers of people living with a variety of conditions	Carer Appreciation Week	Kogarah Community Dental Clinic, 2 Belgrave Street, Kogarah NSW 2217	Amber Russo 0285669528
15/10/2024	South Eastern Sydney Local Health District (SESLHD) Mental Health St Geroge Hospital	Carers for people living with mental illness	Carers Week Afternoon Tea	Recovery and Wellbeing College, 15 Kensington St, Kogarah NSW 2217	Helen Ledlin 0295532500
15/10/2024	CanCare Centre Incorporated	Carers for people with terminal or serious illness	Picnic Day for Carers	Leo Smith Reserve at Ramsgate Beach, TBC , NSW 2220	Christine Wong 0405152579

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
15/10/2024	Disability Strategy Unit, Population and Community Health (PaCH)	Carers of people living with a variety of conditions	PaCH Disability Consumer Group	The Sutherland Hospital Education centre, 430 The Kingsway, Caringbah NSW 2229	Anne Funke 0457616168
15/10/2024	Sutherland Hospital Community Mental Health	Carers for people living with mental illness	National Carers Week Carers Catch-Up	Sutherland Hospital, 430 The Kingsway, Caringbah NSW 2229	Alex Li 0295407800
16/10/2024	CanRevive Inc.	Carers for people living with a chronic health condition	"I Care" Snapshots Competition & Carers Day Out	Chinese Garden of Friendship, Pier Street Cnr Harbour Street, Darling Harbour NSW 2000	Agnes Lung 0292127789
16/10/2024	Northside CALD (Culturally and Linguistically Diverse) Carers Network	Carers of people living with a variety of conditions	Lunch	Ichi-ban Boshi, 2 The Galleries, 500 George Street, Sydney NSW 2000	Julie Lin 0420591868
16/10/2024	Syndromes Without A Name	Carers for people living with a chronic health condition	Carers Celebration	Garvan Institute, 384 Victoria Street, Darlinghurst NSW 2010	Jason Doherty 0430104075
16/10/2024	War Memorial Hospital Dementia Carer Support Group	Carers for people living with dementia	Carer High Tea	War Memorial Hospital, 125 Birrell Street, Waverley NSW 2024	Julia Norman 0293690262
16/10/2024	South Eastern Sydney Local Health District - Eastern Suburbs Mental Health Services/ Family and Carer Consultant	Carers for people living with mental illness	Family and Carers Morning Tea	Maroubra Centre, 130 Garden Street, Maroubra NSW 2035	Brad Phipps 0457450602
16/10/2024	St Anthony's Family Care (SAFC)	Carers for people living with intellectual disability	EPIK Morning Tea	St Anthony's Family Care - Activity Centre, 11 Monash Parade, Croydon NSW 2132	Ailsa De Barros 0403145576

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
16/10/2024	Special Children Services Centre Inc. - Chinese	Carers for people on the Autism Spectrum	Harmony Gathering: Celebrating Chinese Carers	Burwood Park, 127/133 Burwood Road, Burwood NSW 2134	Floris Lam 0404846368
16/10/2024	Stride	Carers for people living with mental illness	River Cruise Luncheon Bass & Flinders	Bass & Flinders Cruises, 1 Rocky Point Road, Sans souci NSW 2219	Danielle Carson 0431163617
16/10/2024	St George and Sutherland Community College	Carers of people living with a variety of conditions	Carer Aware	St George Sutherland Community College, 127 Sutherland Road, Jannali NSW 2226	Eliza Kallis 0415412647
16/10/2024	The Sutherland Hospital	Carers of people living with a variety of conditions	National Carers Week at Sutherland Hospital	The Sutherland Hospital, 430 Kingsway, Caringbah NSW 2229	Brittany Garlato 0294508026
17/10/2024	Vietnamese Brain Injury Carers Support Group	Carers for people living with a neurological condition	Carers Lunch Cruise	Captain Cook Harbour Cruise - Darling Harbour, Darling Harbour, Sydney NSW 2000	Helen Zahra 0430768992
17/10/2024	Indonesian Dads Carer Group - Young Children Carers and Adult Children Carers	Carers for people on the Autism Spectrum	Indonesian Carers (Fathers) for Adult Children Gathering Night	Harvest Buffet at The Star Sydney, Level 1 / 80 Pymont Street, Pymont NSW 2009	George Tuwaidan 0412975514
17/10/2024	Indonesian Dads Carer Group - Young Children Carers	Carers for people on the Autism Spectrum	Indonesian Carers (Fathers) for Young Children Gathering Night	Harvest Buffet at The Star Sydney, Level 1 / 80 Pymont Street, Pymont NSW 2009	George Tuwaidan 0412975514
17/10/2024	War Memorial Hospital Integrated Rehabilitation for Early Stage Dementia (iREADi) Program	Carers for people living with dementia	The iREADi and Social Worker's Dementia Carer Group's High Tea	War Memorial Hospital, 125 Birrell Street, Waverley NSW 2024	Christine Sender-Ivanov 0293690129
17/10/2024	Holdsworth Community	Carers of people living with a variety of conditions	Carers Grill & Chill	Gaden Community Centre, 334 Queen Street, Woollahra NSW 2025	Llanos Perez Gomez 0431045539

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
17/10/2024	Positive Carers Cabravale Group	Carers for people on the Autism Spectrum	Hiking Sculpture by the Sea at Bondi Beach	Bondi Beach, Queen Elizabeth Drive, Bondi NSW 2026	The Hao Trinh Doan 0406856662
17/10/2024	Cantonese Parents Support Group-Children with Autism & Other	Carers for people living with intellectual disability	Carers Week Celebration Luncheon & Social - Cantonese speakers	Buffet 88, Ashfield RSL, 374 Liverpool Road, Ashfield NSW 2131	Irene Wong 0403067217
17/10/2024	Special Children Services Centre Inc. - Vietnamese	Carers for people on the Autism Spectrum	Vietnamese Carers Gathering: A Day of Connection	Burwood Park, 127/133 Burwood Road, Burwood NSW 2134	Floris Lam 0404846368
17/10/2024	Sydney Local Health District (SLHD) Male Dementia Carers Group	Carers for people living with dementia	Caring for Men's Health	Concord Bowling Club, 1A Clermont Ave, Concord NSW 2137	Anne Tunks 0297675953
17/10/2024	Sydney Local Health District (SLHD) Carer Program	Carers of people living with a variety of conditions	SLHD Carers Week Activities	Concord Hospital, Hospital Road, Concord NSW 2139	Margaret Gallagher 0416861906
17/10/2024	Phoenix Community Project Inc	Carers for people living with intellectual disability	Caring 4 Carers	Kirrawee Hub, 3 Deakin Street, Kirrawee NSW 2232	Jamie-Lee O'Connor 0295765045
17/10/2024	Phoenix Community Project Inc	Carers for people on the Autism Spectrum Disorder	We R One	Kirrawee Hub, 3 Deakin Street, Kirrawee NSW 2232	Jamie-Lee O'Connor 0295765045
18/10/2024	Autism Community Network	Carers for people on the Autism Spectrum	Young Carers Music Quiz Room Experience	Quiz Room Sydney, 393 George Street, Sydney NSW 2000	Vanessa Gauci 0421462842
18/10/2024	Special Children Services Centre Inc. - Senior	Carers for people living with intellectual disability	Senior Carers Retreat: A Day of Appreciation	Burwood Park, 127/133 Burwood Road, Burwood NSW 2134	Floris Lam 0404846368
20/10/2024	The Shepherd Centre For Deaf Children	Carers for people living with physical disability	Shout It Out Loud: Recognising Carers of Children with Hearing Loss	The Shepherd Centre Newtown, 146 Burren Street, Newtown NSW 2042	Jo Rowntree 0481125122

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
21/10/2024	Greek Carers Support Group: Family & Carer Mental Health Program, One Door Mental Health	Carers for people living with mental illness	Greek Carers Support Group Lunch	Beach Club, 1 Military Road, Watsons Bay NSW 2030	Paraskev Trifyllis 0428907573
22/10/2024	Brazilian Grandparents Carers Group	Carers of people living with a variety of conditions	Caring with Wisdom	Art Gallery NSW, 1 Art Gallery Road, Sydney NSW 2000	Ana Kardum 1300372224
24/10/2024	Autism Community Network	Carers for people on the Autism Spectrum	Inner West Carers Lebanese Feast	Arabella's Lebanese Restaurant, Shop 12/489 King Street, Newtown NSW 2042	Vanessa Gauci 0421462842
24/10/2024	Carers Sparkle Support Group	Carers of people living with a variety of conditions	Lunch on the River	Bass & Flinders Pavilion, Bass & Flinders Wharf Sans Souci Wharf, Sans Souci NSW 2219	Zabette Hutchinson-Braun 0413161875
26/10/2024	Autism Community Network	Carers for people on the Autism Spectrum	Riverwood Carers Week Luncheon	Club Rivers, 32-34 Littleton Street, Riverwood NSW 2210	Vanessa Gauci 0421462842

Hunter New England

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
5/10/2024	Beyond Disability	Carers of people living with a variety of conditions	Orestes & Esteban	Nouri National Park, National Park Nouri Buddy, Killcare NSW 2257	Oriana Cerven 0412623897
8/10/2024	Armidale District Multiple Sclerosis (MS) Branch	Carers for people living with a chronic health condition	Thank You to Our Carers	Armidale City Bowling Club, 92-96 Dumaresq Street, Armidale NSW 2350	Nicola Fullagar
9/10/2024	Toronto Carer Group	Carers of people living with a variety of conditions	Luncheon Harbour Cruise	Newcastle Harbour - Nova Cruises, newcastle Honeysuckle, Newcastle NSW 2300	Astrid Hocking 0423690882
10/10/2024	Family of Carers	Carers of people living with a variety of conditions	Luncheon	Beachcomber Hotel, 200 Main Road, Toukley NSW 2263	Paula Manias 0408688459
12/10/2024	Lakeview Withdrawal Management Service, Belmont Hospital	Carers for people with a drug or alcohol dependency	Carers Week 2024: You Matter Too!	Lakeview Withdrawal Management Service Belmont Hospital, 16 Croudace Bay Road, Belmont NSW 2280	Cathy Morrison 0474280602
12/10/2024	Hunter New England Mental Health Service Family and Carer Mental Health Program	Carers for people living with mental illness	Hunter New England Mental Health Service Northern Carer and Clinician Conference	Heritage Room, Tamworth Community Centre, 3 Darling Street, Tamworth NSW 2340	Kimberley Apps 0438371315
12/10/2024	Walhallow Aboriginal Corporation	Carers of people living with a variety of conditions	Walhallow Carers Week	69 Walhallow Road, Caroona NSW 2343	Dean Rogues 0476482959
12/10/2024	Gunnedah Meals on Wheels Association	Carers for people who are frail due to age	Day at the Movies	Civic Theatre, 81 Chandos Street, Gunnedah NSW 2380	Julie Goodwin 0427010619

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
12/10/2024	Gunnedah Carers Group	Carers of people living with a variety of conditions	Carers Family Picnic and Craft Afternoon	Carers family picnic and craft afternoon, 16 Evans Road, Gunnedah NSW 2380	Lisa Warren 0428424032
13/10/2024	ND Universe AU (Neurodiverse Universe Australia)	Carers of people living with a variety of conditions	Carers Care & Connect	tbc, NSW 2287	Roslyn Belk 0478515940
13/10/2024	Carer Escapes	Carers for people on the Autism Spectrum	Carer & Connect	tbc, NSW 2290	Claudia Furness 0439326486
13/10/2024	Carer Escapes	Carers for people on the Autism Spectrum	Care & Connect	tbc, NSW 2290	Claudia Furness 0439326486
13/10/2024	Carer Escapes	Carers of people living with a variety of conditions	Pamper Day	Mercure Hunter Valley Gardens, 1 Cnr Broke and McDonalds Road, Pokolbin NSW 2320	Tracey Keogh 0421176321
13/10/2024	Carer Escapes	Carers for people on the Autism Spectrum	Care & Connect	TBC, Hunter Valley NSW 2320	Claudia Furness 0439326486
13/10/2024	Carer Escapes	Carers of people living with a variety of conditions	Care & Connect	Mercure Hotel Hunter Valley, Cnr Broke and Mcdonalds Road, Pokolbin NSW 2320	Sarah Downs 0411224471
13/10/2024	East Maitland Community Health Centre	Carers for people who are frail due to age	Carers Week Celebration	East Maitland Community Health Centre, 58 Stronach Avenue, East Maitland NSW 2323	Melissa Tnokoski 0406924328
14/10/2024	Central Coast Local Health District (CCLHD)	Carers of people living with a variety of conditions	Caring for the Carer - Guided Meditations	Carer Support Unit, Gosford Hospital, 75 Holden Street, Gosford NSW 2250	Patrick Livermore 0418213178
14/10/2024	NovaCare Community Services	Carers of people living with a variety of conditions	Tea & Thanks: A Celebration for Carers	Multipurpose Centre, 143 Dora Street, Morisset NSW 2264	Simone Parker 1300363654

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
14/10/2024	Carers care and connect conservation 2024	Carers of people living with a variety of conditions	Carers Care and Connect Convention 2024	Boolaroo Sports Club, 31 Eighth Street, Speers Point NSW 2284	Samantha Halley 0431919628
14/10/2024	Wallsend Carers Support Group, Wallsend One Door mental Health	Carers for people living with mental illness	One Door FCMHP Combined Groups Picnic Lunch	Speers Point Park, 18 Park Road, Speers point NSW 2284	Melinda Paulauskas 0466560233
14/10/2024	One Door Mental Health Morisset Carers Support Group	Carers for people living with mental illness	One Door FCMHP Combined Groups Picnic Lunch	Speers Point Park, 18 Park Road, Speers point NSW 2284	Melinda Paulauskas 0466560233
14/10/2024	Port Stephens Mental Health Carers Support Group, Family and Carer Mental Health Program, One Door.	Carers for people living with mental illness	One Door FCHMPH Combined Support Group Picnic	Speers Point Park, 18 Park Road, Speers Point NSW 2284	Elli Purchase 0459023781
14/10/2024	One Door Mental Health	Carers for people living with mental illness	One Door FCMHP Combined Support Groups Picnic Lunch	Speers Point Park, 18 Park Road, Speers Point NSW 2284	Daryn Steer
14/10/2024	One Door Mental Health	Carers for people living with mental illness	One Door FCMHP Combined Support Groups Picnic Lunch	Speers Point Park, 18 Park Road, Speers Point NSW 2284	Daryn Steer
14/10/2024	NovaCare Community Services	Carers of people living with a variety of conditions	Tea & Thanks: A Celebration for Carers	Fort Scratchley Function Centre, 1-3 Nobbys Road, Newcastle East NSW 2300	Simone Parker 1300363654
14/10/2024	Tomaree Neighbourhood Centre	Carers of people living with a variety of conditions	Cupcakes for Carers	Tomaree Library and Community Centre, 7 Community Close, Salamander Bay NSW 2317	Clare Saunders 0449600357
14/10/2024	Armidale Mental Health Carers Group	Carers for people living with mental illness	High Tea and Garden Tour at Saumarez Historical Homestead	Saumarez Homestead, Armidale NSW 2350, 230 Saumarez Road, Armidale NSW 2350	Isabelle Devos 0400463171

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14/10/2024	Gunnedah Family Support Inc	Carers of people living with a variety of conditions	Celebrating Carers Morning Tea	Gunnedah Family Support, 206 Conadilly Street, Gunnedah NSW 2380	Vanessa Hodges Schembri 0267421515
14/10/2024	Gunida Gonyah Aboriginal Corporation	Carers of people living with a variety of conditions	High Tea for Carers	Community Services Hub - Gunida Gonyah Aboriginal Corporation, 167-169 Conadilly Street, Gunnedah NSW 2380	Stephanie Cameron 0267427038
14/10/2024	Central Coast Local Health District (CCLHD)	Carers of people living with a variety of conditions	Carer Support Mini Expo with Morning/Afternoon Tea	Gosford Hospital, Wyong Hospital, Long Jetty Hospital, Woy Woy Hospital, NSW	Tia Covi 0405539536
15/10/2024	Carers Program Central Coast	Carers for people living with mental illness	ART Therapy	Carer Support Unit Clinical Safety, Quality Governance Directorate, 91 Holden Street, Gosford NSW 2250	Lisa Mossman 0486050323
15/10/2024	Hunter New England Mental Health service Family and Carer Mental Health Program (HNE MHS FCMHP)	Carers for people living with mental illness	HNE MHS Hunter Region Carer and Clinician Conference	HNE MHS Hunter Region Carer and Clinician Conference, 20 Mater Hospital Campus, Edith Street, Waratah NSW 2298	Kimberley Apps 0438371315
15/10/2024	Motor Neurone Disease New South Wales (MND NSW)	Other	Newcastle Carers of People with MND: Thank You Lunch	TBC, TBC TBC, TBC NSW 2300	Savannah Jewell 0408803789
15/10/2024	Home-Start Parent Mentor Program	Carers for people on the Autism Spectrum	Celebrating Parent Carers Day	Home-Start Family Centre, 10 Hobart Road, New Lambton NSW 2305	Valerie Watson 0414547781
15/10/2024	Aspect Hunter School	Carers for people on the Autism Spectrum	Parent Carer Thank You Morning Tea	Aspect Hunter School, 3 Kooralbyn St, Thornton NSW 2322	Leeanne Hawke 0249225900

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
15/10/2024	One Door Mental Health	Carers for people living with mental illness	Celebrate You!	Calala Inn, Tamworth, 53 - 54 Calala Lane, Tamworth NSW 2340	Christine Hyatt 0438466542
15/10/2024	Narrabri Carers and Caring Group, Narrabri Parkinson's Support Group, Dementia Friendly Community	Carers of people living with a variety of conditions	Carers Growing Together - A Day in the Garden	35A Selina Street, Narrabri NSW 2390	Kylie Finlay 0412798883
15/10/2024	Taree and Manning Carer Support Group	Carers for people living with dementia	Carers Week Luncheon	Krambach Hotel, 3736 Bucketts Way, Strathcedar NSW 2429	Robert Eddie 0427260155
15/10/2024	Dementia Australia	Carers for people living with dementia	Luncheon	Krambach Hotel, 3736 Bucketts Way, Krambach NSW 2429	Robert Eddie 0427260155
15/10/2024	Northcott	Carers of people living with a variety of conditions	Northcott Hunter Region Carer's High Tea 2024	Northcott Taree, Suite 3a/ 225-227 Victoria Street, Taree NSW 2430	Vicki Smyth 0431213534
16/10/2024	Central Coast Arafmi	Carers of people living with a variety of conditions	Movie and Lunch	Avoca Beach Cinema, 69 Avoca Drive, Avoca Beach NSW 2251	Cath Rowe 0413468981
16/10/2024	Like Minded Carers	Carers of people living with a variety of conditions	Wellbeing Gathering	Wellness Centre, 22 Gan Gan Road, Anna Bay NSW 2316	Karen Manning 0410317540
16/10/2024	Tamworth Stroke Recovery Group	Carers for people living with a neurological condition	Carers Appreciation Luncheon	Papa Luigis, Spains Lane, Kingswood, Tamworth NSW 2340	Judy Sumner 0418158954
16/10/2024	Naroo Frail Aged Hostel	Carers of people living with a variety of conditions	High Tea Event	Naroo Frail Aged Hostel, 152 Long Street, Warialda NSW 2402	Sarah Butler 0267291314

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16/10/2024	Respectful Transitions	Carers for people with terminal or serious illness	Respectful Transitions Information Event	Respectful Transitions information Day, 86 Moorrooba Road, Coomba Park NSW 2428	Bonita Norman 0404940504
16/10/2024	Forster/ Great Lakes Carer Support Group	Carers for people living with dementia	Carers Week Luncheon	The Boat House, 1 Endeavour Place, Taree NSW 2430	Robert Eddie 0427260155
16/10/2024	Harrington Carer Support Group	Carers for people living with dementia	Carers Week Luncheon	The Boat House, 1 Endeavour Place, Taree NSW 2430	Robert Eddie 0427260155
16/10/2024	Manning Carers Support Group	Carers of people living with a variety of conditions	Thank you for Caring	tbc, tbc, Taree NSW 2430	Terri Renneberg 0468393666
17/10/2024	Central Coast Music Therapy	Carers of people living with a variety of conditions	Tune into Wellness: A Music Therapy Workshop for Caregivers	Central Coast Music Therapy, 19/153 Mann Street, Gosford NSW 2250	Michelle Hansen 0431869892
17/10/2024	Catena Programs and Services	Carers of people living with a variety of conditions	Catena Programs and Services Central Coast Carers Group	The Good Bits Company Cafe, 107-109 Mann St, Gosford NSW 2250	Lucy Reggio 0405595077
17/10/2024	Finn Cartwright, Carers and Kids Catch Up	Carers of people living with a variety of conditions	Annual Catch Up: Pizza Night	Hungry Wolf Pizza Ettalong, 23 Broken Bay Road, Ettalong Beach NSW 2257	Verity Jones 0405985970
17/10/2024	Central Coast Local Health District	Carers for people living with mental illness	Mental Health Carers Morning Tea	Wyong Safe Haven, Wyong Hospital Pacific Highway, Hamlyn Terrace NSW 2259	Hannah Kenyon 0460854875
17/10/2024	Families Supporting Families	Carers of people living with a variety of conditions	Carers Dinner	Valentine Bowling Club, 17A Valentine Crescent, Valentine NSW 2280	Eillis Corrigan 0437310288
17/10/2024	Moree Care	Carers of people living with a variety of conditions	Luncheon	Services Club Moree, 3 Albert, Moree NSW 2400	Natasha Gough 0493309771

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
18/10/2024	Unique Life Services Pty Ltd	Carers of people living with a variety of conditions	Unique Lunch	Local Park, Suite 6/12B Teramby Road, Nelson Bay NSW 2315	Kym Johnston 0427946507
18/10/2024	Forster Tuncurry Parkinsons Support Group	Carers for people living with a neurological condition	Free Spirit Cruise on Wallis Lake	On Wallis Lake, Boatshed Number One 1 Little Street Forster NSW, Forster NSW 2428	Heather Webster 0460827243
22/10/2024	One Door Mental Health - Family and Carer Mental Health Program – Wallsend, Port Stephens, Maitland, Newcastle, Lake Macquarie (Belmont and Morisset)	Carers for people living with mental illness	Paint and Picnic	Speers Point Park, 18 Park Road, Speers Point NSW 2284	Johanna Rowe 0498953920
23/10/2024	Tamworth Family Support Service (TFSS)	Carers of people living with a variety of conditions	Pamper and Portrait Day	West Tamworth Leagues Club, Blazes Showroom, 58 Phillip Street, West Tamworth NSW 2340	Danny Dalton 0400488174
23/10/2024	Enlarge Living	Other	Carers Pamper and Portrait Day	West Tamworth Leagues Club, Blazes Showroom, 58 Phillip Street, Tamworth NSW 2340	April Dowd 0272051324
24/10/2024	Arts in Recovery (AIR)	Carers for people living with mental illness	BounceBack Gives Back	The Creator Incubator, 15a/50 Clyde St, Hamilton North NSW 2292	Valerie Watson 0479076497
24/10/2024	One Door Mental Health - Great Lakes Mental Health Carer Support Group	Carers for people living with mental illness	Welling Being Day	Serenity Diamond Beach, 57 Diamond Beach Road, Diamond Beach NSW 2430	Margaret Collins 0456966173

Murray

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
20/06/2024	Aspire Support Services	Carers for people living with intellectual disability	Carers Week Celebratory Dinner	La Maison Restaurant, 40 Lincoln Causeway, Wodonga NSW 3690	Sue Pringle 0402827813
10/10/2024	Aspire Support Services	Carers of people living with a variety of conditions	Solo Parents Carers Week Retreat	Tbc, NSW 2640	Sue Pringle 0402827813
14/10/2024	Rural Care Link Jindera	Carers of people living with a variety of conditions	Movie, Lunch and Pamper Day	Regent Cinema Albury, Astor Hotel, Zen Day Spa, 456 Dean St, Young St, Swift St, Albury NSW 2640	Vickie Priscina 0428406060
14/10/2024	Aspire Support Services	Carers of people living with a variety of conditions	Healthy Mothers Carers Week Wellness Day	Zen Day Spa Albury, 4/452 Swift Street, Albury NSW 2640	Sue Pringle 0402827813
14/10/2024	Aspire Support Services	Carers for people on the Autism Spectrum	Combined Support Groups Carers Week Celebratory Luncheon	Albury Commercial Golf Club, 530 North Street, Albury NSW 2640	Sue Pringle 0402827813
14/10/2024	Aspire Support Services	Carers of people living with a variety of conditions	Combined Support Groups Carers Week Celebratory Luncheon	Commercial Golf Club, 530 North Street, Albury NSW 2640	Sue Pringle 0402827813
15/10/2024	Intereach Limited	Carers of people living with a variety of conditions	Carers Luncheon	La Maison Restaurant, 40 Lincoln Causeway, Gateway Island, Wodonga NSW 3690	Sue Filipovich 0434730766
16/10/2024	Border Carers Reference Group	Carers of people living with a variety of conditions	Luncheon	Commercial Club, 618 Dean Street, Albury NSW 2640	Leeanne Mearns 0488288707
16/10/2024	Anglicare Albury	Carers of people living with a variety of conditions	Foster Care Week	Anglicare Albury, 564 Olive Street, Albury NSW 2640	Renata Thompson 0427265748

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
23/10/2024	Aspire Support Services	Carers of people living with a variety of conditions	Aspire National Disability Insurance Scheme (NDIS) Group Celebration	La Maison Restaurant, 40 Lincoln Causeway, Gateway Island (Wodonga) NSW 3690	Sue Pringle 0402827813
23/10/2024	Aspire Support Services	Carers of people living with a variety of conditions	Carers Week Celebratory Brunch	Wodonga Plant Farm Garden Gallery Cafe, 5 Huon Creek Road, Wodonga NSW 3690	Sue Pringle 0402827813
14/11/2024	Coffee Connection	Carers for people living with intellectual disability	Let's Connect Again	Mr Benedict, 664 Dean Street, Albury NSW 2640	Helen Wilson 0474777072

Murrumbidgee

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
1/10/2024	Dementia Australia	Carers for people living with dementia	Cafe Connect Young	Antz Pantz Golden Glove Nursery Cafe, 322-384 Olympic Highway, Young NSW 2594	Kerri Hartney 0482184088
7/10/2024	Young Parkinson's Support Group	Carers for people living with a neurological condition	Parkinson's Carers Pampering Day	Wombat Cottage Cafe, Lot 1574 Main Street / Wombat Road, Wombat NSW 2587	Margaret Bailes 0263828444
14/10/2024	Murrumburrah-Harden Flexible Care Services Inc	Carers for people who are frail due to age	Carers Morning Tea	Social Support Hub, 27 East St Harden NSW, Harden NSW 2587	Maryanne Fitzgerald 0263863561
14/10/2024	Coast & Country Community Services	Carers of people living with a variety of conditions	Social Bus Trip and Outing	tbc, NSW 2594	Kelly Rolfe 0447477140
14/10/2024	Urana Support Group	Carers of people living with a variety of conditions	Luncheon	Federation Council Chambers, 30-32 William Street, Urana NSW 2645	Leeanne Mearns 0488288707
14/10/2024	Wagga Autism Support Group Inc	Carers for people on the Autism Spectrum	Barefoot Bowls for Carers	Wagga Wagga RSL Club, 28 Corner of Kincaid & Dobbs Street, Wagga Wagga NSW 2650	Deborah Bewick 0427007261
14/10/2024	One Door Mental Hhealth	Carers for people living with mental illness	Altina Wildlife Zoo	Darlington Point, 21 Carrington Street, Darlington Point NSW 2706	Michelle Conroy 0481010728
14/10/2024	Deniliquin Community Mental Health Family and Carer Support Program	Carers for people living with mental illness	Carer Trip Away: Altina Wildlife Park	Altina Wildlife Park, 14432 Sturt Highway, Darlington Point NSW 2706	Caroline Slipais 0428933813

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
14/10/2024	Gundagai Neighbourhood Centre - Carers Group	Carers of people living with a variety of conditions	The Gundagai Carers Gathering and Wellbeing Day	The Sheridan Room, 102 Sheridan Street, Gundagai NSW 2722	Peggy Elliott 0269440290
15/10/2024	Carer's Support Group Goulburn	Carers for people living with dementia	Lunch - Goulburn/Yass Hroup	Gunning Hotel/ Grabben Gullen Hotel, 3 Britannia Street, Crookwell NSW 2583	Kerri Hartney 0482184088
15/10/2024	Young Meals on Wheels Organisation Inc	Carers for people who are frail due to age	Carers Week Luncheon	Young Services Club, 42 Cloete Street, Young NSW 2594	Janelle Eastlake 0263825008
15/10/2024	Northcott	Carers of people living with a variety of conditions	Self Care for Carers	Northcott Wagga Wagga, 22-24 The Esplanade, Wagga Wagga NSW 2650	Kim Bowen 0402732185
15/10/2024	Intereach Wagga Wagga Carer Group	Carers of people living with a variety of conditions	Carers Appreciation Celebration	The Royal Hotel Marrar, 13 York Street, Marrar NSW 2652	Kerein Mullins 0438416534
16/10/2024	Combined Carers Group: Young Neighbourhood Centre Inc	Carers of people living with a variety of conditions	Trash and Treasure Hunt Outing	Young-Temora-Cootamundra guided outing of townships, 2c Campbell Street, Young NSW 2594	Rose Thompson 0263826328
16/10/2024	Kalinda School Parents and Citizen's Association (P&C)	Carers of people living with a variety of conditions	Carers Week Appreciation Afternoon Tea	Kalinda School, 16 Merrigal Street, Griffith NSW 2680	Sonia Careri 0407156310
16/10/2024	Deniliquin Peer Support Group for Families / Carers of Children with Disability / Developmental Delay	Carers for people on the Autism Spectrum	Carers Wellbeing Morning Tea	Intereach, 78 Napier Street, Deniliquin NSW 2710	Carla White 0429402607
17/10/2024	Pinnacle Community Services	Carers of people living with a variety of conditions	Pinnacle Carers Luncheon	Temora, 134 Hoskins Street, Temora NSW 2666	Melinda Holmes 0269771326
17/10/2024	Parramatta Autism Community Network	Carers for people on the Autism Spectrum	Carers Creativity and Wellness Luncheon	Castle Hill RSL, 77 Castle St, Castle Hill NSW 2671	Marise Caruana 0414691299

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
17/10/2024	Griffith Aged Support Service volunteers	Carers for people who are frail due to age	Time Out at the Cinema	Griffith City Cinema, Kidman Way and Watkins Avenue, Griffith NSW 2680	Yvette Pastro
18/10/2024	Aspire Support Services	Carers of people living with a variety of conditions	Dads Group Carers Week Weekend Away 18-20 Oct	Yarrowonga Lakeside Apartments, 2 Cyprus Drive, Mulwala NSW 2647	Sue Pringle 0402827813
20/10/2024	One Door	Carers for people living with mental illness	Thank You for Your Outstanding Contribution to Our Community	Griffith Community Centre, 1 Olympic Street, Griffith NSW 2680	Daniela Thoner 0458299067
28/10/2024	One Door Mental health	Carers for people living with mental illness	Movie and Lunch	Corowa Golf Club, 3 Hume Street, Corowa NSW 2646	Michelle Conroy 0481010728

Nepean Blue Mountains

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
4/10/2024	Breakthru	Carers for people living with mental illness	Carer's Afternoon Tea Cruise on the Nepean Belle	Nepean Belle Jetty, Tench Avenue, Jamisontown NSW 2750	Olivia Matreja 0482183219
14/10/2024	Nepean Blue Mountains Local Health District (NBMLHD) Carer Program	Carers of people living with a variety of conditions	Carers Thank You Lunch	Nepean Hospital ICET room, building C level 3 Somerset Street, Kingswood NSW 2747	Loretta Isaac 0411124897
14/10/2024	Luke Priddis Foundation	Carers for people on the Autism Spectrum	Blossoms of Care: Bouquet Crafting for Carers	Luke Priddis Foundation, Lvl1, 496 High Street, Penrith NSW 2750	Brittany Talab 0247362202
14/10/2024	Breakthru Penrith	Carers for people who are frail due to age	High Tea Lunch with Thanks Gifts	Nepean Belle, 30 River Road, Penrith NSW 2750	Tammy Mills 0438263220
14/10/2024	SDN (Sydney Day Nursery) Beranga - Autism Specific Preschool	Carers for people on the Autism Spectrum	Carers Week Morning Tea	SDN Beranga, 128 Hartington Street, Rooty Hill NSW 2766	Amanda Douglass 0298367201
15/10/2024	Empowerability Incorporated	Carers of people living with a variety of conditions	High Tea Celebration of National Carers Week	Amaroo House, 10 East Market Street, Richmond NSW 2753	Narelle Dale 0245772150
15/10/2024	Nepean Blue Mountains Local Health District (NBMLHD) Carer Program Carer Program	Carers of people living with a variety of conditions	Carer Wellbeing packs	Hawkesbury District Hospital, 2 Day St, Windsor NSW 2756	Loretta Isaac 0411124897
15/10/2024	Community Junction	Carers of people living with a variety of conditions	Pamper Yourself: A Day for Carers to treat Themselves!	Colyton Neighbourhood Centre, 30 Jensen St, Colyton NSW 2760	Jane Ellul 0450188036

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
16/10/2024	Portland Tabulam Health Service	Carers of people living with a variety of conditions	Morning Tea for Portland Tabulam Carers and Visitors	Morning Tea for Portland Tabulam Carers and Visitors, 20 Green Street, Portland NSW 2847	Michelle Scott 0263592666
17/10/2024	Nordoff Robbins Music Therapy TA Noro Music	Carers for people living with physical disability	Reflection	Noro Clinic, 123 Mulgoa Road, Penrith NSW 2750	Rhiannon O'Brien
17/10/2024	Nepean Area Disabilities Organisation (NADO) Disability Services	Carers of people living with a variety of conditions	Friends of NADO Caring for Carers	St Marys Rugby League Club, Cnr Forrester & Boronia Roads, St Marys NSW 2760	Linda Wilson 1300738229
17/10/2024	Springwood Hospital	Carers of people living with a variety of conditions	Carers Thank You BBQ Lunch and Wellness Packs	Springwood Hospital, 7 Huntley Grange Road, Springwood NSW 2777	Richard Norris 0428720385
18/10/2024	Send Us a Miracle Global	Carers for people on the Autism Spectrum	Walk & Pray and Morning Tea	Nepean Rivers, 78-88 Tench Avenue, Jamisontown NSW 2750	Louisa Sankoh 0405697343
18/10/2024	Helping Hands	Carers of people living with a variety of conditions	Dinner Show or Road Trip	Penrith, 123 Mulgoa Road, Penrith NSW 2750	Susan Dunham 0449291346
18/10/2024	Blue Mountains District ANZAC Memorial Hospital	Carers of people living with a variety of conditions	Carers Thank You BBQ Lunch and Wellness Packs	Blue Mountains District ANZAC Memorial Hospital, 1 Woodlands Road, Katoomba NSW 2780	Richard Norris 0428720385
27/10/2024	Blue Mountains Carer Support Group	Carers of people living with a variety of conditions	Lunch and Getaway	Chapters and Leaves, 7/7-9 St Georges Crescent, Faulconbridge NSW 2776	Amy Hill 0414434127
6/11/2024	Autism Community Network	Carers for people on the Autism Spectrum	Penrith Carers Dinner	Henry's Bar and Restaurant, 74 Henry Street, Penrith NSW 2750	Vanessa Gauci 0421462842

North Coast

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
12/09/2024	Nambucca Valley Breast Cancer Support Group	Carers of people living with a variety of conditions	Sister's Retreat	Yarra Holiday Park, 250 Grassy Head Road, Stuarts Point NSW 2441	Carolyn Cross 0458185926
23/09/2024	Coffs Harbour Carers Craft Group	Carers for people living with a chronic health condition	Pampering, Meditation and Relaxation Day	Namaskar Healing Centre, 422 Glennifer Road, Bonville NSW 2450	Sheila May Tanchoco 0421158744
23/09/2024	Coffs Coast Carer Support Group	Carers of people living with a variety of conditions	Pampering, Meditation and Relaxation Day	Namaskar Healing Centre, 422 Glennifer Road, Bonville NSW 2450	Sheila May Tanchoco 0421158744
1/10/2024	Macksville Hospital Cancer Support Group	Carers for people with terminal or serious illness	Relaxation and Refreshing Day	100 Daruya Road, Macksville NSW 2447	Sheila May Tanchoco 0421158744
2/10/2024	Dementia Australia	Carers for people living with dementia	BBQ Luncheon	Dementia Australia Port Macquarie, 121 Bridge Street, Port Macquarie NSW 2444	Davina Chalker 0427789556
9/10/2024	Sawtell Mental Health, Health and Wellbeing Support Group	Carers for people living with mental illness	Let's Float Away	The Floating Wharf, Coffs Harbour International Marina, 1 Marina Drive, Coffs Harbour NSW 2450	Rhonda Rance 0402808422
10/10/2024	Northern Rivers Younger Onset Dementia Carer Support Group - Dementia Inclusive Ballina Alliance	Carers for people living with dementia	Luncheon for Carers of People Living with Younger Onset Dementia	Summerland Farm, 253 Wardell Road, Alstonville NSW 2477	Sabrina Pit 0429455720
12/10/2024	David Dungay Youth Group	Carers of people living with a variety of conditions	David Dungay Youth Group Big BBQ	Verge Street Oval, 1 Verge Street, Kempsey NSW 2440 Verge Street Kempsey, Kempsey NSW 2440	Christine Dungay

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
12/10/2024	Yamba Mental Health Support Group	Carers for people living with mental illness	Yamba Luncheon	tbc, Yamba NSW 2464	Susi Griinke 0428716431
12/10/2024	Carers Fitness Group	Carers for people living with physical disability	Carers Self Care and Wellness Day	tbc, Lismore NSW 2480	Elizabeth Smyth 0482172616
12/10/2024	Chit Chats Support	Carers of people living with a variety of conditions	Pamper/Self Care/Sound Healing	tbc, Lismore NSW 2480	Elizabeth Smyth 0482172616
13/10/2024	Macksville/Nambucca Valley Parkinson's Support Group	Carers for people living with a chronic health condition	High Tea Day	Blue Gum Cafe, Macksville, Lakeside Gardens Short Street, Macksville NSW 2447	Sheila May Tanchoco 0421158744
13/10/2024	Carers Support	Carers for people on the Autism Spectrum	Colour My Life	Lake House, 8 Grays Lane, Tyagarah NSW 2481	Ozden Tuckwell 0467073148
14/10/2024	Powers Glen Innes	Carers of people living with a variety of conditions	Powers at the Park	Memorial Park, 219a Lambeth Street, Glen Innes NSW 2370	Lillee Weis 0434249247
14/10/2024	Family and Carer Mental Health Program	Carers for people living with mental illness	Equine Assisted Therapy Session	Hoofbeat Farm, 1427 Collombatti Road, Collombatti NSW 2440	Claudia Richardson 0265668590
14/10/2024	Kyogle Family Support Parents Group	Carers of people living with a variety of conditions	Kyogle Carers Day	Kyogle Family Support Services, 58 Kyogle Road, Kyogle NSW 2474	Mellissa Smyth 0423658137
14/10/2024	Kyogle Carer Support Group	Carers of people living with a variety of conditions	Self Care Activity Day	Anzac Park, 1 Ettrick Street, Kyogle NSW 2474	Mellissa Smyth 0423658137
14/10/2024	The Grandcarer Project	Carers of people living with a variety of conditions	Putting Carers on the Map Luncheon	EPIQ Lennox Head Community Hall, 7 Daybreak Way, Lennox Head NSW 2478	Sue Hetherington 0491065906
14/10/2024	Fair Dinkum Pickleball Northern Rivers	Carers of people living with a variety of conditions	Picklebeall & Light Lunch for Carers	Goonellabah Sports and Aquatic Centre, 50 Oliver	Heather Fletcher 0437975610

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
				Avenue, Goonellabah NSW 2480	
15/10/2024	Glen Innes & District Community Centre	Carers of people living with a variety of conditions	Carers High Tea and Pamper Day	Glen Innes Community Centre, 268 Grey Street, Glen Innes NSW 2370	Wendy Hardman 0267321682
15/10/2024	Port Macquarie Mental Health Carer Support Group	Carers for people living with mental illness	Tour to South West Rocks, Gladstone and Crescent Head	Tour to South West Rocks, Gladstone and Crescent Head, Little Bay Picnic Area South West Rocks NSW South West Rocks, South West Rocks NSW 2431	Claudia Richardson 0493267069
15/10/2024	Mid North Coast Local Health Board (MNLHD): Coffs Harbour Health Campus Staff Carers	Carers of people living with a variety of conditions	Scones Day for our Staff Carers	Coffs Harbour Base Hospital, 345 Pacific Highway, Coffs Harbour NSW 2450	Sheila May Tanchoco 0421158744
15/10/2024	Iluka Community Organisation Planning for Emergencies (ICOPE) Inc	Carers of people living with a variety of conditions	Gratitude Gathering: A Celebration for Carers	Iluka Community Hall, 54 Spenser, Iluka NSW 2466	Cheryl Dimmock 0498219846
15/10/2024	Cycling Without Age Burringbar	The carers of people with disability and seniors in our community	Celebrating Carers in the Park	Masterton Park, 16-18 Station Street, Burringbar NSW 2483	Tracey McDonagh 0437682557
15/10/2024	Murwillumbah Support Group	Carers for people living with mental illness	Luncheon	Apex Dining, 2 Mistral Road, South Murwillumbah NSW 2484	Erica Harvey 0400654047
16/10/2024	Port Macquarie Parkinson's Support Group	Carers for people living with a neurological condition	The Propagation Station	The Propagation Station, 1/524 Ocean Drive, North Haven NSW 2443	Margaret Healey 0416328873
16/10/2024	MyTime Coffs Harbour	Carers of people living with a variety of conditions	Dinner	Yacht Club, 30 Marina Drive, Coffs Harbour NSW 2450	Cathy Jourdant

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
16/10/2024	Carer Support Group Coffs Harbour	Carers for people living with dementia	Carer luncheon	Shearwater Restaurant, 321 Harbour Drive, Coffs Harbour NSW 2450	Martine Diss 0419805200
16/10/2024	Waratah Respite Services	Carers for people living with dementia	Carers Week High Tea	Waratah Respite Services, Coffs Harbour Community Village, 22 22 Earl Street, Coffs Harbour NSW 2450	Sharen Philp 0266483610
16/10/2024	Casino Mental Health Support Group	Carers for people living with mental illness	Casino Support Group Luncheon	Windarra Nursery, 253 Sextonville Road, Casino NSW 2470	Kerry-Ann Klein 0413857039
16/10/2024	Bullinah Aboriginal Health Service	Carers of people living with a variety of conditions	Caring Yarn Circle	Bullinah Aboriginal Health Service - Social and Emotional Wellbeing Building, 115 Tamar Street, Ballina NSW 2478	Nicole Dein 0403197261
17/10/2024	Early Connections Coffs Coast - MyTime	Parents of children under 18 with disability or chronic health issues	Butterfly House Entry & Lunch	Butterfly House, 5 Strouds Road, Bonville NSW 2450	Cathy Jourdant 0438302187
17/10/2024	Woolgoolga Mental Health Support Group	Carers for people living with mental illness	Sink or Swim	Anchors Wharf Restaurant, 6 Bellingen Street, Urunga NSW 2455	Dale Gibbs 0478167797
17/10/2024	Kindship	Carers for people on the Autism Spectrum	Pamper Lunch	The Crown Hotel, 1 Princes Street, Grafton NSW 2460	Carly Mill 0409426047
17/10/2024	Parkinson's NSW	Carers for people living with a neurological condition	Carer Lunch	Summerland Farm, 253 Wardell Road, Alstonville NSW 2477	Fiona Jessiman 0280511900
17/10/2024	Dementia Inclusive Ballina Alliance Advisory Group	Carers for people living with dementia	Carers Luncheon	Function Room, Crowley Care, 154 Cherry Street, Ballina NSW 2478	Margaret Pickup 0407376294

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
17/10/2024	Byron Bay Region Carers Group	Carers of people living with a variety of conditions	Byron Bay Region Carers Support Group Lunch	Byron Bay Services Club, 132 Johnson Street, Byron Bay NSW 2481	Michelle Michels 0497611997
18/10/2024	Reachout Mobile Resource Unit	Carers of people living with a variety of conditions	Compassionate Brew: A Morning Tea for Special Carers	Reachout Toy Library, 124 Bourke Street, Glen Innes NSW 2370	Tamara Watters 0267323487
18/10/2024	Kyogle Young Carers Support Group	Carers for people living with mental illness	Social Activity	Anzac Park, 1 Ettrick Street, Kyogle NSW 2474	Mellissa Smyth 0423658137
18/10/2024	Young Carers Chat NR	Carers of people living with a variety of conditions	Young Carers Fun Day	Tbc, Goonellabah NSW 2480	Elizabeth Smyth 0482172616
21/10/2024	Nambucca Mental Health Support Group	Carers for people living with mental illness	Boat Cruise and Lunch	Anchors Wharf, 4/6 Bellingen Street, Urunga NSW 2452	Michael De Mol 0429489426
22/10/2024	Peppermints Cafe Carers	Carers of people living with a variety of conditions	Peppermints Cafe Thank You Tea	Peppermints Café, 210 Church Street, Glen Innes NSW 2370	Lillee Weis 0434249247
22/10/2024	Support Group for Our Everlasting Carers	Carers of people living with a variety of conditions	Rest Peace and Relaxation	Eagle's Rest Weddings, 111 Valla Road, Valla NSW 2448	Beverley Reedy 0265694337
22/10/2024	Everlasting Carer Support Group	Carers of people living with a variety of conditions	Pampering, Meditation and Relaxation Day	Eagles Rest Weddings, 111 Valla Road, Valla NSW 2448	Sheila May Tanchoco 0421158744
22/10/2024	MyTime Lismore	Carers of people living with a variety of conditions	Carers Morning Tea at Summerland Farm	Summerland Farm, 253 Wardell Road, Alstonville NSW 2477	Helen Dalgleish 0266216421
23/10/2024	Sawtell Ukulele Mental Health Support Group	Carers for people living with mental illness	Workshop and Lunch by Grow the Music	4/4 Craft Close, Tormina NSW 2452	Patsy Fokes 0402864752
23/10/2024	Dementia Carer Support Group	Carers for people living with dementia	Long Lunch	Copeton Dam State Recreation Park, Meeting point: Turnham Carpark in	Sandy Scoble 0267225888

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
				Campbell Street Bingara Road, Inverell NSW 2370	
29/10/2024	Writers Group Family & Carers Mental Health Program	Carers for people living with mental illness	Luncheon at Crystal Castle	Crystal Castle, 81 Monet Drive, Montecollum NSW 2482	Mary-Jane Gibson 0478714490
30/10/2024	Refugee Carer Women's Group	Carers of people living with a variety of conditions	Pamper Day	Cavanbah Centre, 191 Harbour Drive, Coffs Harbour NSW 2450	Libby Crispin 0427378608
4/11/2024	Coffs Harbour South Parkinson's Support Group	Carers for people living with a chronic health condition	Relaxation and Refreshing Day	RSL Sawtell, Sawtell NSW 2452	Sheila May Tanchoco 0421158744

Northern Sydney

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
15/08/2024	Studio ARTES	Carers for people living with physical disability	Studio Artes High Tea Show Case	Studio ARTES Hornsby, 33 Jersey Street, Hornsby NSW 2077	ChoppA Green 0294770402
9/09/2024	Care, Connection and Coffee Group at Royal Rehab	Other	Care, Connection and Coffee Group – Pamper Session	Royal Rehab, 235 Morrison Road, Ryde NSW 2112	Lauren Bannerman 0298089279
12/09/2024	Mothers Care	Carers of people living with a variety of conditions	All Carers Need Care – Let's Laugh	88 Somerville Road, Hornsby Heights NSW 2077	Sabitri Pandey 0414394591
1/10/2024	Northern Beaches Multicultural Communities	Carers of people living with a variety of conditions	Celebrating Motherhood	St Kevins School Hall, 57-59 Oak Avenue, Dee Why NSW 2099	Ana Kardum 1300372224
8/10/2024	Spanish-speaking Carer Support Group	Carers for people living with mental illness	Day Out Stress Less	Manly Beach and Ivanhoe Hotel, 27 The Corso, Manly NSW 2095	Blanca Arely Espinoza 0490337878
8/10/2024	Italian Carers	Carers for people living with a chronic health condition	Celebrating Caring	Dew Why RSL Club, 932 Pittwater Road, Dee Why NSW 2099	Ana Kardum 1300372224
8/10/2024	Safe and Supported Group	Carers of people living with a variety of conditions	Me Time	tbc, Dee Why NSW 2099	Ana Kardum 1300372224
11/10/2024	CanCare Centre Incorporated	Carers for people with terminal or serious illness	Carers Appreciation Day	CECA MosaiX Missional Church, Shop 25, Level 2, Lemon Grove Shopping Centre Victoria Avenue, Chatswood NSW 2067	May Chan 0416037398
11/10/2024	Resilience Building Group	Carers for people living with mental illness	Time Out	Hoyts Warringah Mall, 1 Condemine Street, Brookvale NSW 2100	Ana Kardum 1300372224

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
12/10/2024	Ample Abilities Inc	Carers for people living with intellectual disability	Ample Carers Week 2024	167 Shaftsbury Road, Eastwood NSW 2122	May Mak 0411530202
12/10/2024	Indian Seniors Group Hornsby Inc	Carers for people who are frail due to age	Picnic	Fagan Park, 38-48 Arcadia Road, Galston NSW 2159	Dave Passi 0413760300
13/10/2024	Breakthru	Carers for people living with a chronic health condition	Lunch and Movie Event	Hornsby, 503 George Street, Hornsby NSW 2077	Tammy Mills 0438263220
13/10/2024	Royal Rehab	Carers for people living with physical disability	Support with Transitioning into a Residential Aged Care Facility Workshop	Royal Rehab, 235 Morrison Road, Ryde NSW 2112	Jasmine Leong 0466942358
13/10/2024	Royal Rehab Spinal Unit	Carers for people living with physical disability	tbc	Royal Rehab, 235 Morrison Road, Ryde NSW 2112	Dimity and Clare Cooper 0481468651
13/10/2024	Royal Rehab Private Ryde	Carers for people who are frail due to age	Prompting Self Care	Royal Rehab Private Ryde, 235 Morrison Road, Ryde NSW 2112	Sharon Giang 0298089376
13/10/2024	EVERYbody Dance Now All Abilities	Carers for people living with intellectual disability	Pamper Morning	PARAN Day Spa, Top Ryde Shopping Centre, Ryde NSW 2113	Julie Hill 0407163290
14/10/2024	Indian Seniors Group Hornsby Inc	Carers for people who are frail due to age	Picnic	Picnic Aea, 10 Berowra Walers Road, Berowra NSW 2081	Dave Passi 0413760300
14/10/2024	Manly/Mosman Parkinson's Support Group	Carers for people living with a neurological condition	Luncheon	Club Totem, 195 Condamine Street, Balgowlah NSW 2093	Robyn Lindsay 0407955568
14/10/2024	Tai-Chi Group	Carers for people living with physical disability	Moving for Strength	St John's Anglican Church, 87 Oaks Avenue, Dee Why NSW 2099	Ana Kardum 1300372224

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
15/10/2024	Spanish Mothers and Children Group	Carers of people living with a variety of conditions	Celebrate Spanish Speaking Carers	Walters Gore Park Dee Why, 32 Howard Av, Dee Why NSW 2099	Ana Kardum 1300372224
15/10/2024	Disability Support Group Northern Beaches	Carers of people living with a variety of conditions	Dinner for Carers	Limani Restaurant, 11 Narrabeen Street, Narrabeen NSW 2101	Narelle Stewart 0403029951
15/10/2024	Dementia Australia	Carers for people living with dementia	Carers Grant Morning Tea	Dementia Australia North Ryde, 120 Vincent Fairfax Family Resource Centre Cnr Coxs & Norton Roads, North Ryde NSW 2113	Sarah Curran 0438675195
16/10/2024	Gordon-Pymble Uniting Church	Carers of people living with a variety of conditions	Carers' Pamper Day	Gordon-Pymble Uniting Church, 18 Cecil Street, Gordon NSW 2072	John Buchanan 0417436245
16/10/2024	Happy Clan Group	Carers for people living with dementia	Physical & Mental Wellbeing Day	Balmoral Beach, 1 The Esplanade, Mosman NSW 2088	Ngoc Chau Diem 0409017500
16/10/2024	Happy Carer Group	Carers for people living with a chronic health condition	Manly Excursion & Lunch Social Gathering	Manly Beach, 30 The Corso, MANLY NSW 2095	Thu Mong Quach 0452588993
16/10/2024	Central Coast Arafmi	Carers for people living with mental illness	Palm Beach Lunch Day	Return ferry to Palm Beach, 1087 Barrenjoey Road Palm Beach, Palm Beach NSW 2108	Cath Rowe 0413468981
16/10/2024	Batten Disease Support & Research Association Australia	Carers for people living with a neurological condition	Carers Week Morning Tea	Eden Gardens, Macquarie Park, 307 Lane Cove Road, Macquarie Park NSW 2113	Elizabeth Sanson 0490526535
17/10/2024	Pittwater/Narrabeen Parkinson's Support Group	Carers of people living with Parkinson's disease	Lunch	Dee Why RSL, 932 Pittwater Road, Dee Why NSW 2099	Dorothy Waterhouse 0418640086

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
18/10/2024	Manage Your Life Better Group	Carers of people living with a variety of conditions	Pumpering For Carers	Dee Why RSL Club, 932 Pittwater Road, Dee Why NSW 2099	Ana Kardum 1300372224
18/10/2024	Special Mums Support Group	Carers of adult children with disability	Carers Week Dinner	tbc, NSW 2120	Li Ling 0490833882
18/10/2024	Indian Seniors Group Hornsby Inc	Carers for people who are frail due to age	Musical Event	Leisure Learning Centre, 1 Chonnbers Court, Epping NSW 2121	Dave Passi 0413760300
19/10/2024	Ample Abilities Inc	Carers for people living with intellectual disability	Ample Carers Week 2024	Eastwood, 167 Shaftsbury Road, Eastwood NSW 2122	May Mak 0411530202
20/10/2024	Farsi and Dari Carers Support Group	Carers for people living with mental illness	Farsi/Dari Carers Luncheon	Eram Persian Restaurant, No 5 Dural Lane, Hornsby NSW 2077	Behnaz Nesvadarani 0417175155
23/10/2024	Autism Community Network	Carers for people on the Autism Spectrum	Hornsby/Northern Beaches Carers Luncheon	Hornsby RSL, 4 High Street, Hornsby NSW 2077	Vanessa Gauci 0421462842

South Eastern NSW

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
4/09/2024	Minglewit	Carers for people on the Autism Spectrum	Anh Do - The Happiest Refugee Live!	Bega Valley Commemorative Civic Centre, Zingle Place, Bega NSW 2550	Monika Ryan 0404798368
8/10/2024	Dementia Australia	Carers for people living with dementia	High Tea	Tathra Surf Life Saving Club, 6 Andy Poole Drive, Tathra NSW 2550	Kim Barkley 0447601164
8/10/2024	Dementia Australia	Carers for people living with dementia	High Tea	Tathra Surf Life Saving Club, 6 Andy Poole Drive, Tathra NSW 2550	Kim Barkley 0447601164
13/10/2024	George Cross Falcons Community Centre	Carers of people living with a variety of conditions	Lunch and Fun Day	George Cross Falcons Community Centre Inc, 25-27 Lake Avenue, Cringlia NSW 2502	Louis Parnis 0423778510
13/10/2024	Noah's Inclusion Services	Carers for people on the Autism Spectrum	Morning Tea and Gifts for Carers	Noah's Inclusion Services, 69 George Evans Road, Mundamia NSW 2541	Julie Munley 0244235022
13/10/2024	Autism/ADHD Snippets NSW Far South Coast	Carers for people on the Autism Spectrum	Tipsy Frida's Paint & Sip (without alcohol)	Red Cafe Bega, 161 Carp Street, Bega NSW 2550	Monika Ryan 0404798368
13/10/2024	Dementia Australia	Carers for people living with dementia	Lunch and Pampering	Rose's Restaurant, 69 Massie Street, Cooma NSW 2630	Ann Miller 0412972366
14/10/2024	Multicultural Communities Council of Illawarra (MCCI) - Multicultural Carer Support Group	Carers for people who are frail due to age	BBQ Picnic	Stewart Park, North Wollongong, Wollongong NSW 2500	Anica Petkovski 0480168356

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
14/10/2024	Kidney Supportive Care Services, Wollongong and Shellharbour	Carers for people living with a chronic health condition	KSC Carers Afternoon Tea	Dapto Ribbonwood Centre, 93/109 Princes Highway, Dapto NSW 2530	Binesh Augustin 0448561425
14/10/2024	Stride	Carers for people living with mental illness	Paint & Savour: A Creative Workshop with Lunch	Berry Uniting Church – Main Hall, 71-77 Albert Street, Berry NSW 2535	Danielle Carson 0431163617
14/10/2024	Noah's Inclusion Services	Carers of people living with a variety of conditions	Morning Tea and Activity	Noah's Inclusion Services, 1 Melaleuca Crescent, Batemans Bay NSW 2536	Julie Munley 0244726939
14/10/2024	NSW Health	Carers for people living with a chronic health condition	Kidney Supportive Carers Afternoon Tea	Grand Pacific Health Centre, 107 Scenic Drive, Nowra NSW 2541	Melissa Commons 0436602307
14/10/2024	Bega Stroke Recovery Club	Carers for people living with a neurological condition	Lunch	Tathra Hotel, 8-12 Bega Street, Tathra NSW 2550	Kimone Haddon 0422931727
14/10/2024	Mission Australia: Grandparent Raising Grandchildren Program	Other	Carers Week High Tea	Goulburn Multicultural Centre, 8-12 Sloane Street, Goulburn NSW 2580	Kristina Chapman 0428070670
15/10/2024	Arafmi Illawarra - Mental Health Carer Support Group	Carers for people living with mental illness	Carers Week High Tea	Hideaway Lane, 81 Church Street, Wollongong NSW 2500	David Jackson 0419513684
15/10/2024	Stride	Carers for people living with mental illness	High Tea at Hideaway Lane	Hideaway Lane, Church Street Opposite Globe Lane and City Diggers, Wollongong NSW 2500	Danielle Carson 0431163617
15/10/2024	Illawarra Brain Injury Service	Other	Nature Walk and Morning tea for IBIS Carers	Port Kembla Beach, Port Kembla NSW 2505	Elinya McDonnell 0242238470
15/10/2024	Albion Park Rail Public School as Community Centre MyTime	Carers of people living with a variety of conditions	Carers Week Pampering Session	Albion Park Rail Schools as Community Centre, 14-24 Tongarra Road, Albion Park Rail NSW 2527	Claire Jones 0448564219

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
15/10/2024	Motor Neurone Disease New South Wales (MND NSW)	Other	Illawarra Carers of People with MND: Thank You Morning Tea	Dapto Ribbonwood Centre, 93/109 Princes Highway, Dapto NSW 2530	Savannah Jewell 0408803789
15/10/2024	Stride	Carers for people living with mental illness	High Tea	The Terrace Café, Ulladulla Civic Centre, 81B Princes Highway, Ulladulla NSW 2539	Danielle Carson 0431163617
15/10/2024	Stride	Carers for people living with mental illness	High Tea	The Terrace Café, Ulladulla Civic Centre, 81B Princes Highway, Ulladulla NSW 2539	Danielle Carson 0431163617
15/10/2024	Illawarra Brain Injury Service (Shoalhaven)	Other	Dolphin Cruise for Illawarra Brain Injury Service Carers	Jervis Bay Dolphin Cruise, 15 Field Street, Huskisson NSW 2540	Maria Punaes 044239372
15/10/2024	Illawarra Shoalhaven Local Health District Carer Program	Carers of people living with a variety of conditions	Bomaderry Carer Education Program	Bomaderry Bowling Club, 154 Meroo Road, Bomaderry NSW 2541	Evelyn Jelercic 0421099005
16/10/2024	Stride	Carers for people living with mental illness	Picnic & Guided Tour of the Botanical Gardens	Wollongong Botanic gardens, 40 Murphys Avenue, Keiraville NSW 2500	Danielle Carson 0431163617
16/10/2024	Illawarra Shoalhaven Local Health District	Carers of people living with a variety of conditions	Hidden Carers	ISLHD Corporate Office, 67 King Street, Warrawong NSW 2502	Padmini Pai 0413009256
16/10/2024	Transitional Care Figtree - Illawarra Shoalhaven Local Health District	Carers for people who are frail due to age	Carer and Loved One Morning Tea	Transitional Care Figtree Ward, 1 Suttor Place, Figtree NSW 2525	Courtney Moon 0434505866
16/10/2024	Illawarra Shoalhaven Local Health District	Carers for people living with mental illness	Carer High Tea	Ulladulla Civic Centre - Terrace Cafe, 81B Princes Highway, Ulladulla NSW 2539	Kellie Sale 0422004119
16/10/2024	BCR Communities (formerly Bay & Basin Community Resources)	Carers for people who are frail due to age	High Tea in the Zen Centre	BCR Wellness Centre, 130 Macleans Point Road, Sanctuary Point NSW 2540	Leonie Way 0423767672

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
17/10/2024	Interchange Carer Health and Wellbeing Program	Carers for people on the Autism Spectrum	Interchange Carers Week Luncheon	Harbour Front Restaurant, 2 Endeavour Drive, Wollongong NSW 2500	Jake Pearson
18/10/2024	Carers and Parents Spectrum Supports Incorporated	Carers for people on the Autism Spectrum	CAPSS Cares	tbc, NSW 2620	Ciara McKillop 0431134791

South Western Sydney

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
16/08/2024	Catena Programs and Services	Carers of people living with a variety of conditions	Catena Programs and Services/Snapp Thank You BBQ	Liverpool Olympic Football Field, 635 Fifteenth Ave, West Hoxton NSW 2171	Lucy Reggio 0405595077
28/09/2024	Fragile X Association Australia	Carers for people living with intellectual disability	Picnic in the Park	2/1345 The Horsley Drive, Wetherill Park NSW 2164	Liz Jewell 0478553201
30/09/2024	Liverpool Hospital Psychiatric Emergency Care Centre (PECC) Unit	Carers for people living with mental illness	Carers Support Week	Liverpool Hospital PECC Unit, Goulburn street, Liverpool NSW 2170	Long Nguyen 0457535035
30/09/2024	Macarthur Transitional Aged Care Program	Carers of people living with a variety of conditions	tbc	Broughton House Camden and Clients on TACP Own Homes, 80 Broughton, Camden NSW 2570	Meagan Gurnett 0458457729
11/10/2024	Vietnamese Autism Carer Support Group	Carers for people on the Autism Spectrum	Carer's Families Recreation Day	Fairfield Tennis Club House, 1 Ulverstone Street, Fairfield NSW 2165	Thi Hanh Tran 0424724899
11/10/2024	Hong Fuk Carer Association	Carers for people who are frail due to age	Carers Celebration	ACDMA Hall, 50 Phelps St, Canley Vale 2166, 50 Phelps Street, Canley Vale NSW 2166	Jeffery Tse 0413178366
12/10/2024	CJR Support Services	Carers of people living with a variety of conditions	Carers Social Lunch	Iron Chef Restaurant, 84 Broomfield Street, Cabramatta NSW 2166	Elaine Martin 0417794720
12/10/2024	Macarthur Community Mental Health Service, South Western Sydney Local Health District (SWSLHD)	Carers for people living with mental illness	Cuppa for Carers	Campbelltown Community Mental Health Centre, 101 Queen Street, Campbelltown NSW 2560	Samantha Hoyer 0406750354

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
12/10/2024	Macarthur Community Mental Health, South Western Sydney Local Health District (SWSLHD)	Carers for people living with mental illness	Cuppa for Carers	Campbelltown Community Mental Health Centre, 6 Browne Street, Campbelltown NSW 2560	Samantha Hoyer 0406750354
12/10/2024	SWSLHD - Bowral Transitional Aged Care Programme (TACP)	Carers of people living with a variety of conditions	Carer Support Week	Bowral Hospital, 97-103 Bowral St, Bowral NSW 2576	Karl Gill 0402967809
12/10/2024	Macarthur Community Mental Health Service South Western Sydney Local Health District (SWSLHD)	Carers for people living with mental illness	Cuppa for Carers	Wingecarribee Community Health Centre, 20 Bendooley Place, Bowral NSW 2576	Samantha Hoyer 0406750354
13/10/2024	Specialist Intellectual Disability Health Team (SIDHT) Fairfield – South Western Sydney Local Health District (SWSLHD)	Carers for people living with intellectual disability	Carers Week SIDHT Fairfield	Fairfield Community Health Centre - FLYHT building, 53-65 Mitchell Street, Carramar NSW 2163	Natasha Reid 0439785894
13/10/2024	The Vietnamese Parents with Disabled Children Support Group in NSW Incorporated	Carers of people living with a variety of conditions	25th Anniversary and Carer's Day Luncheon	Cabra Vale Diggers Club, 1 Bartley Street, Canley Vale NSW 2166	Thi Duyen Lam 0422205900
13/10/2024	Western Sydney University	Carers of people living with a variety of conditions	Care packs	WSU campuses, Parramatta, Liverpool, Campbelltown and Bankstown, 100 Macquarie Street, Liverpool NSW 2170	Melissa Ursino
13/10/2024	Parkinson Support Group	Carers for people living with a neurological condition	Luncheon	Liverpool Catholic Club, 424-458 Hexlen Park Road, Preston NSW 2170	Eva Rencewicz 0418227491
13/10/2024	Bankstown Dementia Carers' Group Inc	Carers for people living with dementia	Carers High Tea and Launch of Resource	Bankstown City Library and Knowledge Centre - Community Meeting Room,	Dianne Price 0438084397

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
				80 Rickard Road, Bankstown NSW 2200	
13/10/2024	Carers of Primary and Community Health Centres of South Western Sydney Local Health District (SWSLHD)	Carers of people living with a variety of conditions	Community Health Centres Carer Self-Care Pack	Primary and Community Health, 1 Bolger Street, Campbelltown NSW 2560	Helen Zahra 0430768992
13/10/2024	Macarthur Working Carers Support Network	Carers of people living with a variety of conditions	Wellbeing Activity & Luncheon	Campbelltown Hospital, Therry Road, Campbelltown NSW 2560	Helen Zahra 0430768992
13/10/2024	Northcott	Carers for people living with a chronic health condition	Cystic Fibrosis Carer Support Group	Macarthur Park, Menangle Road, Camden NSW 2567	Debbie Alexander 0409647967
14/10/2024	Vietnamese Mental Health Carer Support Group	Carers for people living with mental illness	Carer Fun Day	Fairfield Community Services Hall, 25 Barbara Street, Fairfield NSW 2165	Thi Hanh Tran 0424724899
14/10/2024	Vietnamese Australian Welfare Association	Carers for people living with a chronic health condition	Carer Fun Day	Fairfield Community Services Hall, 25 Barbara Street, Fairfield NSW 2165	Hanh Tran 0433097464
14/10/2024	Autism Advisory and Support Service	Carers for people on the Autism Spectrum	Carers Week Morning Tea	Mounties RSL Club, 254 Humphries Road, Mount Pritchard NSW 2170	Lina Nashmi 0488077542
14/10/2024	Catena Programs and Services	Carers of people living with a variety of conditions	Assyrian Carers Thank you morning tea	St Peter and Paul Church Hall, 32 - 40 Kosovich Pl, Cecil Park NSW 2178	Lucy Reggio 0405595077
14/10/2024	Leap Social Services Pty Ltd	Carers of people living with a variety of conditions	Annual Thanks a Latte	XS Espresso Gregory Hills, 4-18 Holborn Cct, Gledswood Hills NSW 2557	Rebecca Anderson 0459280548
14/10/2024	South Western Sydney Local Health District	Carers for people living with mental illness	Hope Connection and Wellness Carers Forum	West Leagues Club, 10 Old Leumeah Road, Leumeah NSW 2560	Chloe Waban 0436928530

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
	(SWSLHD) Carer Peer Support Workers				
14/10/2024	Mental Health Consumer and Carer Participation Program	Carers for people living with mental illness	Hope Connection and Wellness Carers Forum	West Leagues Club, 10 Old Leumeah Road, Leumeah NSW 2560	Jacqueline Stanbury 0427005339
14/10/2024	South Western Sydney Local Health District (SWSLHD)	Carers for people living with mental illness	Mental Health Carer Forum	West Leagues Club, 10 Old Leumeah Road, Leumeah NSW 2560	Katrina Elias 0477384643
14/10/2024	Aequalis Disability Services	Carers for people living with physical disability	Aequalis Disability Services Care Givers Garden 'N' Grill	Mount Annan Botanical Garden, 362 Narellan Road, Mount Annan NSW 2567	Liam Kelly
15/10/2024	Liverpool Hospital Mental Health Unit – HDU (High Dependency Unit)	Carers for people living with mental illness	HDU Carer Appreciation Day	Liverpool Hospital Mental Health Unit - HDU, 1 Elizabeth Street, Liverpool NSW 2170	Jo Lillicot 0296164128
15/10/2024	Catena Programs and Services	Carers of people living with a variety of conditions	Thank you to our Distant Carers	Family Homes of Carers, 15 Minto Close, Bonnyrigg Heights NSW 2177	Lucy Reggio 0405595077
15/10/2024	South Western Sydney Local Health District (SWSLHD) Mental Health Macarthur Youth Team	Carers of people living with a variety of conditions	Macarthur Community Youth Team “Living Library”	Campbelltown Community Mental Health Centre, 6 Browne Street, Campbelltown NSW 2560	Ekata Uprety 046330920
15/10/2024	South Western Sydney Local Health District (SWSLHD) Camden-Campbelltown Hospital Consumer & Community Engagement Unit	Carers of people living with a variety of conditions	Carers appreciation and information stall	Campbelltown Hospitals, Front Foyer Therry Road, Campbelltown NSW 2560	Kirsty Kuoppala 0497345982
15/10/2024	Breakthru Campbelltown	Carers for people living with a chronic health condition	Lunch with Pamper Give Backs	263 Queen Street, Campbelltown NSW 2560	Tammy Mills 0438263220

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
15/10/2024	Mental Health – High Dependency Unit, Campbelltown Hospital	Carers for people living with mental illness	Carers Afternoon Tea	HDU Mental Health Unit – Campbelltown Hospital, A63 Lvl 6, Building A Therry Road, Campbelltown NSW 2560	Lindsay Mcleod 0409292902
15/10/2024	MyTime Support Group Minto, Disability Macarthur	Carers for people on the Autism Spectrum	Carers Week High Tea Celebration	Wild Dragonfly Cafe, 320 Narellan Road, Mount Annan NSW 2567	Emma Sayer 0296037011
15/10/2024	Specialist Intellectual Disability Health Team (SIDHT) South Western Sydney Local Health District (SWSLHD)	Carers for people living with intellectual disability	Carers Week SIDHT Narellan event	Narellan Community Health Centre, 14 Queen St, Narellan NSW 2567	Natasha Reid 0439785894
15/10/2024	Palliative Care Volunteers	Carers for people with terminal or serious illness	High Tea	Celebrating Palliative Care Carers - High Tea, 61 Menangle Road, Camden NSW 2570	Arlene Roache 0457526847
16/10/2024	Dementia Caring Australia Pty Ltd	Carers for people living with dementia	Dementia Carers	Dementia Caring, Suite 4/327-329 Woodpark Road, Smithfield NSW 2164	Dat Nguyen 0488162326
16/10/2024	Help You Cope Ltd	Carers for people on the Autism Spectrum	Carers Week Morning Tea	tbc, Fairfield NSW 2165	Joline George 0406074181
16/10/2024	Active Mum Cabramatta Group	Carers for people living with mental illness	Mental Health Exercise	Cabravale Memorial Park, 151 Railway Parade, Cabramatta NSW 2166	Vinh Hoan Bich Ngoc Truong 0488111865
16/10/2024	Liverpool Hospital Child Care Centre	Carers for people on the Autism Spectrum	Unlocking Potential: Autism Understanding and Empowerment information session	Liverpool Hospital Childcare Centre (or online), Eastern Campus, 32 Scrivener Street, Warwick Farm NSW 2170	Katrina Elias 0477384643

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
16/10/2024	Multicultural Health Service, South Western Sydney Local Health District (SWSLHD)	Carers of people living with a variety of conditions	Carers Morning Tea - Conversation with Carers	Conference Centre, Liverpool Hospital, 32 Scrivener Street, Warwick Farm NSW 2170	Carole Chow 0460019704
16/10/2024	South Western Sydney Local Health District (SWSLHD) Fairfield Consumer Participation	Carers of people living with a variety of conditions	Carers Week Packs 2024	Fairfield Hospital, Cnr Polding Street & Prairievale Road, Fairfield Hospital NSW 2176	Robyn El-Khair 0296168830
16/10/2024	Neurodegenerative Disease Supportive Care	Carers for people with terminal or serious illness	Neurodegenerative Disease Carer Group	Broughton House, 80 Broughton Street, Camden NSW 2570	Annie Saffrett 0417711054
16/10/2024	Wollondilly Cafe Connect Group	Carers for people living with dementia	Thank You High Tea	Harrys on the Green, 15-17 Banyette Street, Bowral NSW 2576	Joanne Kennedy 0491697307
17/10/2024	Meraki Foundation	Carers of people living with a variety of conditions	Care'rTea Party	Campbelltown RSL, 1 Carberry Lane, Campbelltown NSW 2560	Rachel-Maree O'Toole 0403029025
17/10/2024	Palliative Care Volunteers	Carers for people with terminal or serious illness	Young Carers' Film Screening: Palliative Care	University of Wollongong, Liverpool Campus, Liverpool NSW 2170	Maxine Zhong 0408415017
17/10/2024	Palliative Care Volunteers	Carers for people with terminal or serious illness	High Tea	Celebrating Palliative Care Carers - High Tea, Entrance L or N Cnr of Campbell and Forbes Streets, Liverpool NSW 2170	Arlene Roache 0457526847
17/10/2024	Bankstown City Aged Care	Carers for people living with dementia	It's Your Time Putting Carers on the Map	Betty Sussman Centre, 145 Rex Road Georges Hall, Georges Hall NSW 2198	Tracey Andrews 0421553576

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
17/10/2024	Passfield Park School	Carers for people living with intellectual disability	Carers Week Celebration	Event Cinemas, Macarthur Square Shopping Centre 200 Gilchrist Drive, Campbelltown NSW 2560	Teena-Maree Cavarra 0296002200
17/10/2024	Mary Brooksbank School	Carers for people living with intellectual disability	Carers Week Celebration	Event Cinemas, Macarthur Square Shopping Centre 200 Gilchrist Drive, Campbelltown NSW 2560	Teena-Maree Cavarra 046284555
17/10/2024	A83 Adolescent Mental Health Unit Campbelltown Hospital	Carers for people living with mental illness	Taking 5 to Celebrate Carer Contributions	Mental Health Inpatient Unit A83, Campbelltown Hospital Therry Road, Campbelltown NSW 2560	Chantel Harper 0246344444
17/10/2024	Carers of Oral Health Services South Western Sydney Local Health District (SWSLHD)	Carers of people living with a variety of conditions	BBQ and Information Stall	Campbelltown Hospital Dental Clinic, Therry Road, Campbelltown NSW 2560	Helen Zahra 0430768992
17/10/2024	Dementia Australia	Carers for people living with dementia	Carer Celebration 2024!	Bowral Bowling Club, 40 Shepherd St, Bowral NSW 2576	Maureen Leabres 0409617789
18/10/2024	Anowah Community Living Ltd	Carers of people with intellectual disability	Celebrating National Carers Week: Caring for Carers	Anowah Community Living, 157-167 Koala Way, Horsley Park NSW 2175	Angela Wilkinson 0499212397
18/10/2024	South Western Sydney Local Health District (SWSLHD) Mental Health Services	Carers for people living with mental illness	Carers and their caring: Information and support group	SWSLHD MH Services – Older Person’s Mental Health Unit A93, Campbelltown Hospital, Campbelltown NSW 2560	Jean Kenneth Bonifacio 0436635749
22/10/2024	James Busby Support Unit Parents	Carers of people living with a variety of conditions	Sip and Support Afternoon Tea	James Busby High School Brolga Crescent Green Valley NSW 2168 Brolga Crescent, Green Valley NSW 2168	Rachel-Maree O’Toole 0405478787

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
24/10/2024	Fairfield Stroke Recovery Club	Carers for people living with physical disability	Fairfield Carers Lunch	Fairfield RSL, 14 Anzac Ave, Fairfield NSW 2165	Lani Cutuli 0477764786
29/10/2024	Carer Group Over 65s	Carers of people living with a variety of conditions	Afternoon Tea Art Therapy	Braeside Hospital Education Centre, 340 Praievale Road, Praievale NSW 2176	Eva Rencewiez 0408260566
30/10/2024	Myrtle Cottage Bell Program	Carers for people living with a neurological condition	Carers Information Day	Myrtle Cottage, 6 Bosci Road, Ingleburn NSW 2565	Penny Williams 0294263100

Western NSW

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
20/09/2024	Central West Brain Injury Action Group (BIAG)	Other	Carer Engagement Group	Remington Hotel, 1517 Forest Road, Orange NSW 2800	Aimee Allen 0407983586
12/10/2024	Orana Early Childhood Intervention	Carers for people on the Autism Spectrum Disorder	Celebrating you	Orana Early Childhood Intervention, 74 Baird Drive, Dubbo NSW 2830	Julie Cross
13/10/2024	Western NSW Local Health District (WNSWLHD)	Carers for people living with mental illness	Working Carers Virtual Education Session	Virtual Education Session, 7 Commercial Avenue, Dubbo NSW 2830	Belinda Byrne 0409334191
13/10/2024	Western NSW Local Health District (WNSWLHD)	Carers for people who are frail due to age	Older Persons Appreciation Package	41 Bultje Street, Dubbo NSW 2830	Belinda Byrne 0409334191
14/10/2024	MyTime Bathurst	Carers for people on the Autism Spectrum Disorder	BECIS MyTime Carers Luncheon	Bathurst Early Childhood Intervention Service, Charles Sturt University Panorama Avenue, Bathurst NSW 2795	Bron Hatton 0402065775
14/10/2024	Dubbo Brain Injury Rehabilitation Program- NSW Health	Carers for people living with a neurological condition	Come Along Carer's Luncheon	Walanmarra (Formerly Lourdes Hospital Dubbo), 4 Tony McGrane Drive, Dubbo NSW 2830	Laura Warner 0268096152
15/10/2024	Lithgow Hospital Health Service	Carers of people living with a variety of conditions	Lithgow Hospital Carers Event	Lithgow Hospital, 2 Col Drewe Drive, South Bowenfels NSW 2790	Richard Norris 0428720385
15/10/2024	The Neighbourhood Centre	Carers for people who are frail due to age	Connecting Carers	The Neighbourhood Centre, 96 Russell Street, Bathurst NSW 2795	Terisa Ashworth 0263324866

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
15/10/2024	Bathurst Community Health	Carers for people living with a neurological condition	Celebrate love	Sweet Caramel, 185 George Street, Bathurst NSW 2795	Jennifer Mannell 0427010089
15/10/2024	Western NSW Local Health District (WNSWLHD)	Carers for people living with mental illness	Morning Tea and Opening of the Family and Carer Room in the Windamere Mental Health Inpatient Unit	Windamere Inpatient Unit, 1502 Forest Road, Orange NSW 2800	Belinda Byrne 0409334191
15/10/2024	Western NSW Local Health District (WNSWLHD)	Carers for people living with mental illness	Opening of the Family and Carer Room in the Child and Adolescent Mental Health Inpatient Unit	Windamere Building, Bloomfield Hospital, 1502 Forest Road, Orange NSW 2800	Belinda Byrne 0409334191
15/10/2024	Synapse Carers Central Western NSW	Carers for people living with a neurological condition	Synapse Carers Lunch	Cow and Calf Hotel, 135 Lee Street, Wellington NSW 2820	Sonya Green 1800673074
15/10/2024	Western Rural Spinal Cord Injury Service - NSW Health	Carers for people living with physical disability	Carers Week Morning Tea	Walanmarra (Formerly Lourdes Hospital Dubbo), 4 Tony McGrane Place, Dubbo NSW 2830	Nadia Vaile 0268096154
15/10/2024	Western NSW Local Health District Tullamore Multipurpose Service (MPS)	Carers for people who are frail due to age	Tullamore Social Day Out: Spring Picnic	Tullamore Bowling Club, 2 Haylock Street, Tullamore NSW 2874	Heather Jones 0268916400
16/10/2024	Polished Silver	Carers of people living with a variety of conditions	Polished Silver – Cares for Carers	Pilliga Pottery – Pilliga Pottery Creative Farmstay, Newell Highway, Dandry NSW 2357	Gabriele Polsoni
16/10/2024	Bathurst Local Aboriginal Land Council	Carers of people living with a variety of conditions	Bathurst Community Carers Group Day Out	Bathurst Community Carers Group Day out, 149 Russell Street, Bathurst NSW 2795	Tonilee Scott
16/10/2024	Western NSW Local Health District (WNSWLHD) Tottenham Multipurpose Service	Carers of people living with a variety of conditions	Tottenham Springtime Mobile Morning Tea	Tottenham MPS, Lot 10 Moodana Street, Tottenham NSW 2873	Heather Jones 0268916200

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
	(MPS) Community Health Centre				
18/10/2024	Care Support Group Bathurst	Carers of people living with a variety of conditions	Visit to Mayfield Gardens and Lunch near Oberon	Mayfield gardens, 530 Mayfield Road, Oberon NSW 2787	Katy Marple 0402829821
18/10/2024	Kids & Carers Support Group Kandos/Rylstone	Carers for people living with intellectual disability	Mad Hatters Morning Tea	Kandos Returned Services Community Club, 20 Dangar Street, Kandos NSW 2848	Maureen Phillips 0427794174
18/10/2024	Trundle District and Progress Committee	Carers of people living with a variety of conditions	Trundle ABBA Festival Recognition gift	Berryman Park, Berryman Park Parkes Street, Trundle NSW 2870	Hayley Roach 0458240635
21/10/2024	Bathurst Local Aboriginal Land Council	Carers for people living with mental illness	Carer Lunch	Cowra Japanese Gardens, Cowra Ken Nakajima Pl, Cowra NSW 2794	Vanessa Kendall 0417684484
22/10/2024	Dementia Counselling	Carers for people living with dementia	Friendship Group and Dementia Sing Out Choir and Carer Support Group	Lourdes Hospital Dubbo, 4 Tony McGrane Pl Boardroom, Dubbo NSW 2830	Anne Gemmell 0481396404

Western Sydney

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
30/09/2024	CanCare Centre Incorporated	Carers for people with terminal or serious illness	A Day Out for Carers	Parramatta Park, 1 Cnr of Pitt & Macquarie Streets, Parramatta NSW 2150	Mei Ling Chan 0401066287
5/10/2024	CanCare Centre Incorporated	Carers for people with terminal or serious illness	CanCare Centre Westmead Support Group Workshop & Celebratory Afternoon Tea	Hebron Chinese Alliance Church, 51 Hawkesbury Road, Westmead NSW 2145	Aileen Wong 0425206505
8/10/2024	Sydney Water Carers Peer Support Group	Carers of people living with a variety of conditions	Carer Appreciation Morning Tea and Listening Circle	Sydney Water Head Office, Parramatta, 1 Smith Street, Parramatta NSW 2150	Belinda Kinneally 0411050825
11/10/2024	CanCare Centre Incorporated	Carers for people with terminal or serious illness	Carers Recognition Day	Baulkham Hills Chinese Alliance Church, 2-4 Gladstone Road, Castle Hill NSW 2154	Sindy Yu 0401959512
12/10/2024	Western Sydney Local Health District (WSLHD) Patient and Carer Experience	Carers of people living with a variety of conditions	Carer Support Trolley	Westmead, Auburn, Blacktown and Mount Druitt Hospitals, Cnr Darcy and Hawkesbury Road Hawkesbury and Darcy Roads Westmead, Westmead NSW 2145	Melissa Kerrigan 0438387130
12/10/2024	The Sydney Children's Hospitals Network (SCHN)	Carers of people living with a variety of conditions	National Carers Week 2024	The Children's Hospital at Westmead, Hainsworth Street, Westmead NSW 2145	Nicola Riebolge 0298453590
12/10/2024	Blacktown & District TPI (Totally & Permanently Incapacitated) Social & Welfare Club	Carers for people living with mental illness	Lunch	Fiddler Restaurant, Windsor Road, Rouse Hill NSW 2154	Lynne Northey 0411982584

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
12/10/2024	Merrylands East Presbyterian Church	Carers of people living with a variety of conditions	Celebrating God	Merrylands RSL, 8 Miller Street, Merrylands NSW 2160	Ezzat Estasy 0425363547
14/10/2024	Allowah Disability Services	Carers for people living with physical disability	Celebrating Allowah's Carers	Allowah Children's Hospital, 8 Perry Street, Dundas NSW 2117	Taryn Clausing 288773400
14/10/2024	Arabic Women Group at Merrylands Church	Carers of people living with a variety of conditions	Dinner at Merrylands Bowling Club	Merrylands Bowling Club, 65 Newman Street, Merrylands NSW 2160	Lila Ibrahim 0421775851
15/10/2024	Indonesian Welfare Association	Carers for people living with a chronic health condition	Growing Older Together	West Ryde Community Hall, 3-5 Anthony Road, West Ryde NSW 2114	Juliani Onggo 0433982859
15/10/2024	CASS (Chinese Australian Services Society) Care	Carers for people living with dementia	Mid Autumn Chinese Carers Art Workshop	CASS Care, West Ryde Community Centre, Suite 6, 3-5 Anthony Road, West Ryde NSW 2114	Jing Chu 0437836148
15/10/2024	OZConnections NSW/Glow Healthcare Agency (Glow Carer Hub)	Carers of people living with a variety of conditions	Carer Q&A High Tea	Glow, 20 Carlton, Granville NSW 2142	Petua Mufumbiro 0432141609
15/10/2024	Northcott	Carers of people living with a variety of conditions	Morning Tea and Self Care Packs	Northcott Parramatta, 1 Fennell Street, North Parramatta NSW 2150	Melia Kharoufeh 0407483055
15/10/2024	Hills Community Aid	Carers of people living with a variety of conditions	Carer Connect Expo	Learning in The Hills, Turner Buildings, Balcombe Heights Estate, 92 Seven Hills Road, Baulkham Hills NSW 2153	Leisa Lisciotta 0296398620
15/10/2024	Harris Park Arabic Carer Support Group	Carers for people living with mental illness	Out Day for Lunch	Merrylands Bowling Club, 65 Newman Street, Merrylands NSW 2160	Lilian Sedrak 0424411426
15/10/2024	Volunteer Services - Supportive and Palliative	Carers for people with terminal or serious illness	Morning Tea for Carers for Palliative Care Patients	Mt Druitt and Auburn Hospital Supportive and Palliative	Preeti Saraswati 0459936681

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
	Care Western Sydney Local Health District (WSLHD)			Care Unit, 75 Railway Street (cnr Luxford Road and Railway Street), Mt Druitt NSW 2770	
16/10/2024	Relationships Australia NSW	Carers for people on the Autism Spectrum	Annual Lunch for Korean Disability Mothers Support Group	West Ryde Community Hall, 3-5 Anthony Road, West Ryde NSW 2114	Jisun (Sunny) Kim 0478116553
16/10/2024	Chinese Parents Association – Children with Disabilities Inc.	Carers for people on the Autism Spectrum	Yum Cha – social gathering for Junior Group Carers at Markets Club, Homebush West	Markets Club, Level 1, 250-318 Parramatta Road, Homebush West NSW 2141	Rachel Lo 0402941090
17/10/2024	Hornsby/Ku-ring-gai Stroke Support Club	Carers for people living with physical disability	Carers Appreciation Luncheon	West Pennant Hills Sports Club, 103 New Line Road, West Pennant Hills NSW 2125	Judith Thornley 0298996472
17/10/2024	Auburn District Hospital	Carers of people living with a variety of conditions	Carers Week	Auburn District Hospital, 263 Hargrave Road, Auburn NSW 2144	Sabrina Natividad 0447739667
17/10/2024	Northcott	Carers of people living with a variety of conditions	Carers Afternoon Tea	Northcott North Rocks, 23 Carlton Road, North Rocks NSW 2151	Shabnam Baburi 0417428001
17/10/2024	Nordoff Robbins Music Therapy: Therapy Australia (TA) Noro Music	Carers for people living with physical disability	Reflections	Noro Clinic, 249 Annangrove Road, Annangrove NSW 2156	Rhiannon O'Brien
17/10/2024	Liverpool Arabic Carer Support Group	Carers for people living with mental illness	Day out for Lunch	Merrylands Bowling Club, 65 Newman Street, Merrylands NSW 2160	Lilian Sedrak 0424411426
18/10/2024	Temple Society Australia (NSW)	Carers of people living with a variety of conditions	Carers Pamper & Afternoon Tea	Temple Society Australia Hall, Meadowbank, 7 Macpherson Street, West Ryde NSW 2114	Jan Johnson 0412731101

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
18/10/2024	CanCare Centre Incorporated	Carers for people with terminal or serious illness	Carers Recognition Day	Gracepoint Presbyterian Church, 38 James Street, Lidcombe NSW 2141	Mei Ling Chan 0433008890
19/10/2024	Indian Seniors Group Hornsby Inc	Carers for people who are frail due to age	Yoga and Games	Jubili Park, 7A Parkes Street, Parramatta NSW 2150	Dave Passi 0413760300
29/10/2024	Indian Seniors Group Hornsby Inc	Carers for people who are frail due to age	Musical Event	Wellness Centre, 14 Dudley Street, Rydalmere NSW 2116	Dave Passi 0413760300

Virtual/Online

Event Date	Organisation/Group	Types of Carers	Event Activity Name	Location	Contact
12/10/2024	Immune Deficiency Foundation of Australia (IDFA) Carers Connect	Carers of people living with a variety of conditions	A Coffee for Our Carers!	Online (plus gift vouchers for a coffee)	Maree Thomson 0467774025
13/10/2024	Synapse Carers	Carers for people living with a neurological condition	Thank you & Self Care Gift	Online	Sonya Green 1800673074
14/10/2024	Child of Parents with a mental illness (COPMI) – Sutherland Hospital, South Eastern Sydney Local Health District (SESLHD)	Carers for people living with mental illness	Young Carers Peer Workshop	Online	Paige Tatum 0404304227
14/10/2024	Synapse Carers Week Relaxation and Connection	Carers for people living with a neurological condition	Online Relaxation & Connection	Online	Sonya Green 1800673074
14/10/2024	Kindred Community	Carers of people living with a variety of conditions	Carers Week	Online	Andie Scibilia 0401545762
15/10/2024	Motor Neurone Disease New South Wales (MND NSW)	Other	Pamper Pack at Carer Kitchen Table Online MND Support Group	Online	Savannah Jewell 0408803789
16/10/2024	Immune Deficiency Foundation of Australia (IDFA) Severe Combined Immunodeficiency (SCID) Connect	Other	IDFA Film Night	Online	Maree Thomson 0467774025