



**10 - 16 OCTOBER 2021**

# **EVENTS CALENDAR**



**MILLIONS  
OF REASONS  
TO CARE**



National Carers Week 2021 will be celebrated throughout Australia from Sunday 10 to Saturday 16 October 2021, and is about recognising and celebrating the outstanding contribution Australia's 2.65 million family and friend carers make to our nation. National Carers Week is a time to show our appreciation and learn about carers and caring in Australia. This year's theme is Millions of Reasons to Care!

With funding from the NSW Government Carers NSW is pleased to provide grants to carer support groups and organisations to hold events across NSW to celebrate carers.

**It is a requirement that all events must be held in accordance with the NSW Health COVID-19 guidelines in place at the relevant time of your event.**

Official advice is changing constantly, so please refer to the [NSW Government website](#), for up to date information about what the current government rules and guidelines are in NSW and your local area.

Information is current at the time of publication however is subject to change.



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
<b>Central Coast</b>					
Autism Community Network	Other	Tuggerah Support Group <b>Online Event</b>	TBC	Online	Belinda - 0402898686
Bateau Bay Neighbourhood Centre	All carers	Carers' Lunch	Thursday, 14 October 2021	Bateau Bay Neighbourhood Centre 10 Cynthia St BATEAU BAY NSW 2261	Bettina - 0431915084
Carer Support Group	All carers	Fun time out to care for the carer	Tuesday, 12 October 2021	40 Wallarah Road WALLARAH BAY NSW 2263	Paula - 0408688459
Central Coast Local Health District) Cancer Services CoastCanCare	People living with a chronic illness	Carers' <b>Welcome Morning Tea</b>	Friday, 15 October 2021	Central Coast Cancer Centre - Corner Of Holden And Ward Streets GOSFORD NSW 2250	Tia - 0423153196
Central Coast Local Health District Carer Support Unit	All carers	Planning Ahead - legal and financial information session	Tuesday, 12 October 2021	Mingara 12-14 Mingara Drive TUMBI UMBI NSW 2261	Tia - 43205556
Central Coast ARAFMI	All carers	Lunch at the movies for <b>ARAFMI members</b>	Thursday, <b>2 December</b> 2021	Avoca Beach Theatre 69 Avoca Drive AVOCA BEACH NSW 2251	Cath - <b>4323 7731</b>
Central Coast Huntington's Disease Carer Support Group	Other	TBC	TBC	TBC, Gosford	Amanda - 0456013612
Central Coast Prostate Cancer Support Group	People living with a serious or terminal illness	Carers' Morning Tea	Friday, <b>29 October</b> 2021	<b>Aromas Crown Plaza TERRIGAL NSW 2260</b>	<b>John - 0419207518</b>
Coastwide Child and Family Services: MyTime	Children (under 18 years of age) with a disability	Celebrating You	Thursday, 14 October 2021	The Banksia Centre 7 Sir Joseph Banks Dr BATEAU BAY NSW 2261	Kellie - 0407206445
Coastwide Child and Family Services: MyTime	Children (under 18 years of age) with a disability	Celebrating You	Monday, 11 October 2021	Erina Trust Hall 27 Karalta Road ERINA NSW 2260	Kellie - 0407206445
Coastwide Child and Family Services: PlayConnect	All carers	Celebrating You	Friday, 22 October 2021	Coastwide Child And Family Services 1/21 Justfrute WEST GOSFORD NSW 2250	Kellie - 0407206445



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Myositis Association Australia	People living with a chronic illness	Honouring our Carers Morning Tea	Friday, 10 December 2021	Lee Rowans Garden World 72 Pacific Highway OURIMBAH NSW 2258	Frances - 0409913408
San Remo Neighbourhood Centre	All carers	Carers' Week Luncheon	Wednesday, 13 October 2021	San Remo Neighbourhood Centre 28 Brava Ave SAN REMO NSW 2262	Nicole - 0468840561
So Wai Support Group (	People living with dementia	Enjoy a Day Out	Saturday, 23 October 2021	Gosford Regional Gallery And Edogawa Commemorative Garden 36 Webb Street GOSFORD NSW 2250	Bridget - 0439483618
Synapse, Central Coast & Port Macquarie	Other	Synapse Carers Reconnections Online Art Therapy	Thursday, 14 October 2021	Online	Sonya - 1800673074
Trilogy Disability Foundation	All carers	Caring For Carers	Thursday, 14 October 2021	Community Hub 52 William St GOSFORD NSW 2250	Lauren - 0412419476
<b>Far West</b>					
Mental Health Drug and Alcohol Service. NSW Health.	All carers	Mindfulness Session	Monday, 11 October 2021	Online event and gift bags	Kelly - 0419869961
<b>Hunter/New England</b>					
All About You Supports	Children (under 18 years of age) with a disability	Carers' Lunch	Thursday, 14 October 2021	TBC	Claudia - 0439326486
Armidale Mental Health Carer Support Group	People living with mental illness	TBC	TBC	TBC	Isabelle - 0400463171
ASD Gene Pool - Dads Group	Other	ASD Gene Pool - Dads Group (Dinner & a Game)	Friday, 15 October 2021	Strike Bowling CHARLESTOWN NSW 2290	Andrew - 0434257154
Adults Needing Supported Accommodation (ANSA)	All carers	TBC	TBC - Nov/Dec 2021	TBC	Laurel - 0416883117
Aspect Hunter School Carers Group	Children (under 18 years of age) with a disability	Thankyou to our Carers	Wednesday, 13 October 2021	Aspect Hunter School 3 Koorablyn St THORNTON NSW 2322	Kirsten - 0408310239



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Bingara Commonwealth Home Support Program.	Ageing people	Carers' Luncheon	Tuesday, 12 October 2021	Lingalunga Room 38 Maitland Street BINGARA NSW 2404	Jan - 0267241948
Blayney Multipurpose Service	All carers	Evening dinner and dance	TBC	Blayney Mps 3 Osman Street BLAYNEY NSW 2799	Kathleen - 0263689023
Cassilis District Development Group Inc.	All carers	Carers' Lunch	Friday, 15 October 2021	Royal Hotel Cassilis 22-24 Buccleugh Street CASSILIS NSW 2329	Berni - 0415120578
CatholicCare	All carers	Carers Week luncheon	Thursday, 14 October 2021	Bank Hotel East Maitland 72 Melbourne Street EAST MAITLAND NSW 2323	Nicki - 0422830618
Carers Under Pressure Support Glen Innes Support Group	People living with mental illness	Carers' Lunch Out	Wednesday, 13 October 2021	Super Strawberry And Cool Climate Garden 9922 New England Highway GLEN INNES NSW	Isabelle - 0400463171
Dungog and District Neighbourcare	Ageing people	Cuppa for Carers	Tuesday, 15 February 2022	Stanley House 77 Fullerton Cove Rd FULLERTON COVE NSW 2318	Lynette - 0249923348
Early Links	Children (under 18 years of age) with a disability	Create and Connect Carers Morning Tea	Wednesday, 13 October 2021	Early Links Kurri Kurri 110a Lang St KURRI KURRI NSW 2327	Melinda - 0249343773
Families Supporting Families	Children (under 18 years of age) with a disability	Carers' Lunch	Thursday, 28 October 2021	Maryville Tavern 71 Lewis St MARYVILLE NSW 2293	Louisa - 0448013764
Gunnedah Carers Group	Adults (over 18 years of age but under 65 years of age) with a disability	Carers' Dinner Out	Wednesday, 13 October 2021	Parkview Hotel Conadilly st Conadilly St GUNNEDAH NSW 2380	Lisa - 0428424032
Gunnedah Carers Group	Children (under 18 years of age) with a disability	Art and Craft Family Day	Saturday, 16 October 2021	Lisa Warren'S Yard 16 Evans rd Narraw GUNNEDAH NSW 2380	Lisa - 0428424032
Gunnedah Meals on Wheels	Ageing people	Appreciation of our Carers	Sunday, 10 October 2021	Parkview Hotel 141 Conadilly St GUNNEDAH NSW 2380	Julie - 0427010619
Gwydir Shire Council Commonwealth Home Support Program. Warialda/Delungra	All carers	luncheon	Thursday, 14 October 2021	TBC Warilda	Maree - 0267291889



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Headstart ABI Services	Adults (over 18 years of age but under 65 years of age) with a disability	Giftpack for Carers	TBC	Giftpack	Andy - 0249654420
Headstart ABI Services	Adults (over 18 years of age but under 65 years of age) with a disability	Giftpack for Carers	TBC	Giftpack	Andy - 0249654420
Headstart ABI Services	Adults (over 18 years of age but under 65 years of age) with a disability	Giftpack for Carers	TBC	Giftpack	Andy - 0249654420
Hunter Prelude	Children (under 18 years of age) with a disability	Hunter Prelude Carers Catch Up!	Monday, 11 October 2021	Hunter Prelude - Maitland Unit 3/27 Bulwer Street MAITLAND NSW 2320	Felicity - 0419254475
Hunter River Community School - Special Education	Children (under 18 years of age) with a disability	Parent Chat Group	Monday, 11 October 2021	Hunter River Community School 17 Melaleuca Drive METFORD NSW 2323	Natasha - 49335844
Inverell Home Support Program	People living with dementia	Carers' Day Out	Monday, 11 October 2021	TBC Inverell	Sandy - 67225888
Kinshipcare Support Group Raymond Terrace	Ageing people	luncheon and entertainment	Friday, 22 October 2021	St Johns Pmc 45 Sturgeon St RAYMOND TERRACE NSW 2324	Heather - 0407396966
Maitland Parkinson's Carers Support Group	People living with a chronic illness	Maitland Parkinson's Carers' Group Art workshop	Saturday, 16 October 2021	Maitland Regional Art Gallery 230 High St MAITLAND NSW 2320	Tolhurst - 0400897872
Moree Care	Ageing people	Carers' Luncheon	Wednesday, 13 October 2021	Post Office Hotel 33 Frome MOREE NSW 2400	Belinda - 1300593113
Mungindi Care	Ageing people	Carers' Luncheon	Wednesday, 13 October 2021	2 Mile Pub 355 Carnarvon Hwy MUNGINDI QLD 2406	Belinda - 1300593113
Naroo Frail Aged Care Hostel	Ageing people	Sips and Sounds at the Park	Wednesday, 13 October 2021	All Abilities Park Warialda 152 Long Street WARIALDA NSW 2402	Sharon - 0437134501
Northern Coalfields Community Care Association Limited	Ageing people	Carer's Brunch	Wednesday, 13 October 2021	Ted Jackson Centre 196 Wollombi Rd CESSNOCK NSW 2325	Sheron - 0407780223
Newcastle Huntington's Disease Carer Support Group	Other	Connecting Huntington's Disease Carers in Newcastle	TBC	TBC Newcastle	Amanda - 0456012613



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Newcastle Parkinson's Support Group	People living with a serious or terminal illness	Lunch for Parkinson Carers	Wednesday, 13 October 2021	Sculptures Cafe 1a First Street BOORAGUL NSW 2284	Christine - 0249434281
NovaCare Community Services	People living with dementia	Celebrate You	Tuesday, 19 October 2021	Novacare Milpara 26-30 Caldwell Street MEREWETHER NSW 2291	Amanda - 0437917727
NovaCare Community Services	All carers	Share My Table	Monday, 11 October 2021	Young St Hotel 132 Young Street CARRINGTON NSW 2294	Teresa - 1300363654
NovaCare Community Services	People living with dementia	By my side	Monday, 11 October 2021	The Young Street Hotel 132 Young Street CARRINGTON NSW 2294	Teresa - 1300363654
One Door Mental Health	People living with mental illness	Carers' Lunch Out	Wednesday, 13 October 2021	Our Place Cafe, 204 Rouse Street TENTERFIELD NSW 2372	Isabelle - 0400463171
Playgroup NSW MyTime	Children (under 18 years of age) with a disability	MyTime Pamper	TBC	Mytime Pamper Day Lawson St WOODBERRY NSW	Tracy - 0410476128
Power Glen Innes	All carers	Me time for our members	Wednesday, 13 October 2021	Bowling Club Glen Innes Maquarie Street GLEN INNES NSW 2370	Carly - 0460572386
Powers Glen Innes	Other	Because we care	Wednesday, 13 October 2021	Members House 219a Lambeth Street GLEN INNES NSW 2370	Carly - 0460572386
Special Olympics North West New England	Adults (over 18 years of age but under 65 years of age) with a disability	Dinner function	Saturday, 16 October 2021	TBC ARMIDALE NSW 2350	Kirsty - 0410923797
Synapse, Hunter	Other	Synapse Carers Reconnections Online Chat and Pamper Pack- - Hunter	Tuesday, 12 October 2021	Online	Sonya - 1800673074
Tamworth Mental Health Carers Support Group	People living with mental illness	Luncheon Carmens Restaurant	Tuesday, 12 October 2021	Carmens Restaurant 2-24 Spains Lane TAMWORTH NSW 2340	Diane - 0418652976
The Ascent group	All carers	Ascent Group Carers Group	Thursday, 21 October 2021	Leones Place 219 Dumaresq Street ARMIDALE NSW 2350	Amy - 0428910701



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The Ascent Group, Armidale	Adults (over 18 years of age but under 65 years of age) with a disability	Social information sharing and support evening	Wednesday, 10 November 2021	The Ascent Group Day Services 219 Dumaresq Street ARMIDALE NSW 2350	Anne - 0431 170598
Tomaree Neighbourhood Centre Inc	Children (under 18 years of age) with a disability	Tomaree Neighbourhood Autism Support Group	Tuesday, 12 October 2021	Tomaree Library and Community Centre 7 7 SALAMANDER BAY NSW 2317	Clare - 0449600357
<b>Illawarra/Shoalhaven</b>					
Autism Community Network	Other	Bellambi Support Group Online Event	TBC	Bellambi Neighbourhood Centre - 49A Cawley St, Bellambi 49A Cawley Street BELLAMBI NSW 2518	Belinda - 0402898686
Deaf Dog Rescue Australia/The Dog Lounge Co. Therapy Animals for Carers	All carers	Therapy Animals for Carers	Tuesday, 12 October 2021	The Dog Lounge Co. 105-107 Wentworth Street PORT KEMBLA NSW 2526	Jai - 0417416031
Dementia Australia Narooma Coffee and Chat	People living with dementia	Carers' Month Morning Tea	Thursday, 21 October 2021	Narooma Ice Creamery Cafe 1/46 Princes Hwy NAROOMA NSW 2546	Nola - 0418262348
Family and Carer Mental Health Program, Southern NSW Local Health District	People living with mental illness	Yarn up	Wednesday, 13 October 2021	Narooma Community Health Centre Corner Field and Graham Street NAROOMA NSW 2546	Omolewa Lola - 0459841882
FXAssociation	Adults (over 18 years of age but under 65 years of age) with a disability	Outdoor Meet Up	Sunday, 10 October 2021	Stuart Park George Hanley Drive WOLLONGONG NSW 2500	liz - 0478553201
Illawarra Brain Injury Service	Adults (over 18 years of age but under 65 years of age) with a disability	Caring for our Carers	Wednesday, 13 October 2021	Illawarra Brain Injury Service Fairfax Road WARRAWONG NSW 2502	Elinya - 0242238470
Illawarra Drug and Alcohol Service	People with drug and/or alcohol dependency	Carers combine and connect	Monday, 11 October 2021	Fairymeadow Community Centre Tbc 17 Princes Highway FAIRY MEADOW NSW 2500	Dianne - 0401718469





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Illawarra Shoalhaven Local Health District	All carers	Dapto Carer Education Program	Tuesday, 9 November 2021	Dapto Community Health Centre 4 Marshall St DAPTO NSW 2530	Evelyn - 0421099005
Illawarra Women's Health Centre Carers Support Group	All carers	Women's Carer Support Group Luncheon	Tuesday, 12 October 2021	Illawarra Illawarra	Miranda - 0242556800
Interchange Illawarra	Adults (over 18 years of age but under 65 years of age) with a disability	Carers Week Luncheon	Thursday, 14 October 2021	Figtree Pub 47 Princes Hwy FIGTREE NSW 2525	Jake - 0242271079
Illawarra Shoalhaven Local Health District.	All carers	Dapto Carer Workshop	Tuesday, 2 November 2021	Dapto Community Health Centre 4 Marshall St DAPTO NSW 2530	Carla - 0422004119
Multicultural Communities Council of the Illawarra	All carers	Carers' Luncheon	Wednesday, 13 October 2021	Illawarra Yacht Club 1 Northcliff Drive WARRAWONG NSW 2502	Anica - 0242297566
MyTime Nowra - Noah's Inclusion Services	All carers	MyTime Nowra Carers Week High Tea	Thursday, 21 October 2021	Noah'S Inclusion Services Building 303 George Evans Road MUNDAMIA NSW 2540	Debra - 0428737429
Noah's Inclusion Service	Children (under 18 years of age) with a disability	Play Connect Playgroup	Thursday, 14 October 2021	Noah'S Inclusion Service 158 Green Street ULLADULLA NSW 2539	Nicole - 44551318
Noah's Inclusion Services. Ulladulla	All carers	My Time Celebration	Tuesday, 12 October 2021	158 Green Street ULLADULLA NSW 2539	Laurece - 0448238164
Nowra Stroke and Carers Group	Other	luncheon for carers	Wednesday, 20 October 2021	Bi'S Fish And Chip Shop Greenwell Point Rd Greenwell Point GREENWELL POINT NSW 2540	Teresa - 0244221353
Para meadows P&C	Children (under 18 years of age) with a disability	Carers luncheon	Wednesday, 13 October 2021	Collegian Club 3A Charlotte Street WOLLONGONG NSW 2500	Tracy - 0438273836
Parkinson's Support Group Kiama	People living with a chronic illness	Slap Up Morning Tea	Tuesday, 9 November 2021	Diggies 1 Blowhole Point KIAMA NSW 2533	Lesley - 0416219364
Port Kembla Hospital Carer Support Group	All carers	Port Kembla Carer Health and Wellbeing Event	Tuesday, 26 October 2021	Port Kembla Hospital 89-91 Cowper St WARRAWONG NSW 2502	Evelyn - 0421099005



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Shoalhaven Brain Injury Support Group	Adults (over 18 years of age but under 65 years of age) with a disability	Group Luncheon	Thursday, 14 October 2021	Bomaderry Bowling Club Maroo St BOMADERRY NSW 2541	Jennifer - 0458233777
Stride. Better Mental Health. Huskisson	People living with mental illness	Dolphin Cruise Jervis Bay	Monday, 11 October 2021	Dolphin Watch Cruises 50 Owen Street HUSKISSON NSW 2540	Georgia - 0468939415
Stride. Better Mental Health. Kiama	People living with mental illness	Soul Clay Pottery Class	Tuesday, 12 October 2021	Soul Clay 133 Headlands Drive GERROA NSW 2534	Georgia - 0468939415
Stride. Better Mental Health. Nowra	People living with mental illness	Carer Support Group + Guest Speaker (Laughter Therapy)	Thursday, 14 October 2021	Stride Office Nowra 52A Worrige St NOWRA NSW 2541	Georgia - 0468939415
Stride. Better Mental Health. Sanctuary Point.	People living with mental illness	Dolphin Cruise Jervis Bay	Monday, 11 October 2021	Dolphin Watch Cruises 50 Owen Street HUSKISSON NSW 2540	Georgia - 0468939415
Stride. Better Mental Health. Thirroul	People living with mental illness	Carers' Luncheon	Wednesday, 13 October 2021	Paddock To Platter 342 Kenny St WOLLONGONG NSW 2500	Georgia - 0468939415
Stride. Better Mental Health. Ulladulla	People living with mental illness	Carer s' Luncheon	Friday, 15 October 2021	Ocean Vibe Cafe 1/92 Princes Highway ULLADULLA NSW 2539	Georgia - 0468939415
Stride. Better Mental Health. Warilla	People living with mental illness	Carers' Paint Pouring Class	Thursday, 14 October 2021	Stride Wollongong 2/36-42 Auburn St WOLLONGONG NSW 2500	Georgia - 0468939415
Synapse, Illawarra	Other	Synapse Carers' Reconnections Online Chat and Pamper Pack - Illawarra	Tuesday, 12 October 2021	Online	Sonya - 1800673074
Wollongong Huntington's Disease Support group	Other	TBC	TBC	TBC WOLLONGONG	Amanda - 0456013612

## Mid North Coast

Dementia Australia Nambucca Heads	All carers	Lunch	Monday, 11 October 2021	Nambucca Boatshed And Cafe Riverside	Margaret-Anne - 0427789556
Dementia Australia Great Lakes	People living with dementia	TBC	TBC, November 2021	TBC	Robert 0427260155
Manning Great Lakes Parkinson's Support Group	People living with a chronic condition	Carers Week Lunch	Saturday, 23 October 2021	Spice Monkey, FORSTER	Heather 0439418478



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Manning Mental Health	Carers of people living with a mental illness	TBC	TBC	TBC	Eda - 0265929315
Omicare Alliance	Carers	Carers Week 2021 - Cards and Treat Gift Bags	TBC	Port Macquarie	Kaye - 0439298389
Wauchope Hospital	Ageing People	Carers Week 2021 -Foyer Display and Thank You Gift Bags	Monday, 11 October 2021	Wauchope Hospital	Mckenna - 0439828794
Woolgoolga Mental Health Support Group	All carers	Lunch and croquet	Friday, 22 October 2021	Woolgoolga Croquet Club Inc	Lisa - 0421944270
<b>Murrumbidgee</b>					
Albury Wodonga Down Syndrome Family Network Group	Other	Carers Week Celebration Dinner	Saturday, 16 October 2021	La Maison Restaurant 40 Lincoln Causeway GATEWAY ISLAND VIC 3690	Sue - 0260584000
Albury Wodonga Home Schooling Family Network Group	Children (under 18 years of age) with a disability	Celebrating Carers Week Pampering Day	Friday, 15 October 2021	Basq Beauty Spa And Wellness 323 Wodonga Place ALBURY NSW 2640	Sue - 0260584000
Aspire Family Network Group	Other	Celebrating Carers' Luncheon	Friday, 22 October 2021	Red Room, Commercial Club, Albury Ltd. 618 Dean Street ALBURY NSW 2640	Sue - 0260584000
Aspire NDIS Support Group	Other	Celebrating Carers' Luncheon	Wednesday, 20 October 2021	La Maison Cafe 40 Lincoln Causeway, Gateway Island WODONGA VIC 3690	Sue - 0260584000
Aspire. Caring Grandparents Network.	Other	Celebrating Carers Week Pampering Session	Friday, 15 October 2021	Endota Spa 550 Kiewa Street ALBURY NSW 2640	Sue - 0260584000
Aspire. Dads Group	Other	Carers Week Dads' Respite Weekend	Friday, 15 October 2021	Yarrowonga Lakeside Apartments 2 Cyprus Drive MULWALA NSW 2647	Sue - 0260584000
Aspire. Healthy Mothers Healthy Families Albury Wodonga	Other	Celebrating Carers Week Wellness Session	Tuesday, 12 October 2021	Zen Day Spa 542 Swift Street ALBURY NSW 2640	Sue - 0260584000
Aspire. Solo Parents All-ability Support Group	Other	Celebrating Carers Mulwala Weekend Away	Friday, 8 October 2021	Yarrowonga Lakeside Apartments 2 Cyprus Drive MULWALA NSW 2647	Sue - 0260584000
Attention Deficit Hyperactivity Disorder and / or Oppositional Defiant Disorder and Related Condition	Other	Celebrating Carers' Luncheon	Wednesday, 6 October 2021	Commercial Golf Club 530 North Street ALBURY NSW 2640	Sue - 0260584000



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Autism/Aspergers Family Network Group	Other	Celebrating Carers Week Luncheon	Tuesday, 12 October 2021	Commercial Golf Club 530 North Street ALBURY NSW 2640	Sue - 0260584000
Coast & Country Community Services LTD T/A Young Community Transport Service	Ageing people	Carers Week luncheon	Wednesday, 13 October 2021	Young Service & Citizens Club 46 Cloete St YOUNG NSW 2594	Kelly - 0263821518
Coffee Connection	Adults (over 18 years of age but under 65 years of age) with a disability	Mums of adults connecting over lunch again	Tuesday, 12 October 2021	Mr Benedict 664 Dean St ALBURY NSW 2640	Helen - 0474700767
Dementia Australia	People living with dementia	Harden/Young Carers Week luncheon	Friday, 22 October 2021	Barnestore Cafe 356 Albury St MURRUMBURRAH NSW 2587	Jane - 0448996790
Griffith Aged Support Service	People living with dementia	Carers' Relaxation & Pamper Day	Wednesday, 6 October 2021	Griffith Neighbourhood Centre Olympic Street GRIFFITH NSW 2680	Monica - 0439400985
Gundagai Neighbourhood Centre Carer Support Group	All carers	Me Time	Tuesday, 12 October 2021	Mirrabooka 245 Sheridan Street GUNDAGAI NSW 2722	Peggy - 0403305402
Wagga Wagga Base Hopsital	People living with mental illness	Treasure Hunt	Tuesday, 5 October 2021	Wagga Wagga Base Hospital 260 Edward Street WAGGA WAGGA NSW 2650	Wayne - 0412847497
Job Centre Australia	Adults (over 18 years of age but under 65 years of age) with a disability	Pizza in the Park	Tuesday, 19 October 2021	Hovell Tree Park Hovell Tree Drive ALBURY NSW 2640	Nicole - 0409146295
Kalinda School P & C Association Inc. Special Education School.	Children (under 18 years of age) with a disability	Carers' Morning Tea	Wednesday, 13 October 2021	TBC GRIFFITH NSW 2680	Sonia - 0423254327
Myositis Association Albury Group	People living with a chronic illness	Honouring our Carers luncheon	Wednesday, 8 December 2021	Albury Commercial Club 618 Dean Street ALBURY NSW 2640	Frances - 0409913408
Northcott	Adults (over 18 years of age but under 65 years of age) with a disability	Northcott Carers' coffee catch up	Wednesday, 13 October 2021	Purple Chicken 445 David St ALBURY NSW 2640	Michaela - 0478130250
Northcott	All carers	Carers' Afternoon Tea catchup	Wednesday, 13 October 2021	Purple Chicken 445 David St ALBURY NSW 2640	Michaela - 0478130250
OASIS Support Group	People living with mental illness	Movie and afternoon tea day	Thursday, 14 October 2021	Albury Cinema Centre 456 Dean Street ALBURY NSW 2640	Susan - 0488668557



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One Door Mental Health Deniliquin Carers Group	People living with mental illness	Carers' Art Show	Tuesday, 5 October 2021	Intereach Deniliquin 366 Trickett DENILIQUIN NSW 2710	Michelle - 0481010728
Rural CareLink Inc. Carers Support Group	All carers	Lose Yourself in the Moment ...at the movies with coffee afterwards.	Tuesday, 12 October 2021	Regent Cinemas 456 Dean St ALBURY NSW 2640	Jenny - 0438263417
Rural Outreach Counselling	People living with mental illness	Matekeepers' Catchup	Wednesday, 13 October 2021	Wagga Wagga Botanical Gardens Macleay Street WAGGA WAGGA NSW 2650	Michelle - 0400413948
Tumbarumba Parkinson's Support Group	Ageing people	Parkinson's Luncheon	Friday, 10 December 2021	Tumbarumba Hotel TUMBARUMBA NSW 2653	Karen - 0407013327
Visual Dreaming	All carers	Wagga First Nation Carers' Luncheon	Wednesday, 20 October 2021	Wagga Wagga WAGGA WAGGA NSW	Leanne - 0404596791
Wagga Autism Support Group Inc	Other	Autism Carers' Picnic	TBC	Collins Park, Forsyth St, Wagga Wagga Lot 7070 Forsyth St WAGGA WAGGA NSW 2650	Deborah - 0427007261
Young Meals on Wheels	Ageing people	Carers' luncheon	Tuesday, 13 October 2020	Young Bowling Club 1 Lauchlan St YOUNG NSW 2594	Jenny - 0263825008
Young Neighbourhood Centre Inc.	Children (under 18 years of age) with a disability	Carers' Packs	TBC	Carers' Packs YOUNG NSW 2594	Naomi - 0263826328
<b>Nepean/Blue Mountains</b>					
Autism Community Network	Other	Richmond Support Group Online Event	TBC	Online	Belinda - 0402898686
Blacktown & Districts TPI (Totally and Permanently Incapacitated) Social & Welfare Club	Ageing people	Coach Trip, Tour, Lunch Little Hartley	Monday, 11 October 2021	Coach Trip, Tour And Lunch At Little Hartley COUNTRY TOWN Main Street LITTLE HARTLEY NSW	Lynne - 0298721751
Dementia Carers Support Group	People living with dementia	Afternoon Tea at Lindsay's Cafe	Postpone to Dec 2021 TBC	Lindsay'S Cafe 12 Norman Lindsay Cres FAULCONBRIDGE NSW 2776	Joanne - 0413842939



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Myositis Association Australia Inc	People living with a chronic illness	Honoring our Carers Luncheon	Wednesday, 24 November 2021	Windsor Country Golf Club - Mcquade Ave SOUTH WINDSOR NSW 2756	Frances - 0409913408
Nepean Blue Mountains Local Health District.	All carers	Carers' Morning tea	TBC	TBC	Loretta - 47343718
Timeout Tuesday	Ageing people	Luncheon TBC	Tuesday, 23 November 2021	St Finbar'S Parish Centre 46 Levy GLENBROOK NSW 2773	Kathleen - 0429925269
<b>Northern NSW</b>					
Aruma MyTime Ballina	Children (under 18 years of age) with a disability	Aruma MyTime Ballina Pamper evening	Thursday, 14 October 2021	Point Ballina 2 Martin Street BALLINA NSW 2478	Helen - 0266216421
Aruma MyTime Playgroup Lismore	Children (under 18 years of age) with a disability	MyTime Lismore Carer Pamper Day	Wednesday, 13 October 2021	Aruma Early Childhood Intervention 61 Rifle Range Road EAST LISMORE NSW 2480	Helen - 0266216421
BaptistCare At Home	All carers	Carers' High Tea	Friday, 10 December 2021	Baptistcare - Cimmunity Centre 15 The Avenue ALSTONVILLE NSW 2477	Wendy - 0401705580
Casino Mental Health Carer Support Group	People living with mental illness	Wellness Day	Friday, 15 October 2021	TBC Casino NSW	Kerry-Ann - 0413857039
Dementia Inclusive Ballina - Steering Committee	People living with dementia	Dementia Inclusive Ballina Music Muster	Wednesday, 13 October 2021	Richmond Room 5 Regatta Ave BALLINA NSW 2478	Sabrina - 0429455720
Dementia Inclusive Ballina Advisory Group	People living with dementia	Morning Tea Music Muster	Wednesday, 20 October 2021	Ballina Bowling Club	Mel - 0409810735
Dementia Outreach Northern NSW Local Health District	People living with dementia	Caring for Carers	Thursday, 21 October 2021	TBC Ballina	Mary-Ellen - 66206274
Kyogle Carer Support Group	Adults (over 18 years of age but under 65 years of age) with a disability	Wellness Day Lunch event for Carers in the Region	Tuesday, 12 October 2021	Exchange Hotel 63/65 Summerland Way KYOGLE NSW 2474	Peter - 0414333144
Mission Australia Family and Carer Mental Health Program	People living with mental illness	Carers' Outing and Self Care work shop	Tuesday, 12 October 2021	Crystal Castle 81 Monet Dr MONTECOLLUM NSW 2482	Ava - 0419783531



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Mission Australia. Lismore	People living with mental illness	Lismore Wellness Day	Wednesday, 13 October 2021	Mission Australia 29 Molesworth St LISMORE NSW 2480	Susi - 0428716431
Mission Australia. Mullumbimby	People living with mental illness	Mullumbimby Carers Luncheon	Wednesday, 13 October 2021	Mudgee Community Health Centre	Chris - 0409818643
Mission Australia. Tweed	People living with mental illness	Annual Tweed Mental Health Carers Lunch	Thursday, 14 October 2021	Tweed Heads NSW	Fleur - 0431587720
Mission Carer Support Group	People living with mental illness	Carers Support Evening	Wednesday, 13 October 2021	Ballina Bowling Club 68 Cherry Street BALLINA NSW 2478	Christine - 0266283796
Mission Carer Support Group	People living with mental illness	Carers Support Evening	Wednesday, 13 October 2021	Ballina Bowling Club 68 Cherry Street BALLINA NSW 2478	Christine - 0266283796
Parkinson's NSW Limited	People living with a chronic illness	Carers' Lunch	TBC	Summerland Farm Wardell Road ALSTONVILLE NSW 2477	Fiona - 0280511900
<b>Northern Sydney</b>					
Ample Abilities Inc	Adults (over 18 years of age but under 65 years of age) with a disability	Serendipitous Me - A care the carers project	Sunday, 3 October 2021	TBC Eastwood NSW	May - 0411530202
Assyrian Carers Support Group	All carers	luncheon by Manly beach	Tuesday, 12 October 2021	TBC Manly Beach Manly Beach NSW 2095	Carolin - 0433263304
Autism Community Network	Other	Forestville Support Group Online Event	TBC	Online	Belinda - 0402898686
Autism Community Network	Other	Hornsby Support Group Online Event	TBC	Online	Belinda - 0402898686
Demegirls (Dementia Carers Group)	People living with dementia	Demegirls Get Higher on Tea	Monday, 11 October 2021	Burnt Orange Cafe 1109 Middle Head Road MOSMAN NSW 2088	Fiona - 0438232491
Disability Carers Support Group Northern Beaches	Adults (over 18 years of age but under 65 years of age) with a disability	Come together Carers and Partners Support Dinner	Tuesday, 12 October 2021	Livoti'S Restaurant 13-15 Francis Street DEE WHY NSW 2099	Denise - 0411386201



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Farsi Carers Support Group	People living with mental illness	Farsi Carers Luncheon / and talk on the resilience by the group leader	Monday, 18 October 2021	Narenj Persian Restaurant Number 5 Dural Ln, HORNSBY NSW 2077	Behnaz - 0417175155
Gordon-Pymble Uniting Church	All carers	Pamper Day	Thursday, <b>25 November</b> 2021	Gordon-Pymble Uniting Church 18 Cecil St GORDON NSW 2072	Lesley - 020480223981
Indian Seniors Group Hornsby	Ageing people	Empowering the Carers	Sunday, 17 October 2021	Boronia Groves Community Centre EPPING	Dave - 0413760300
Indian Seniors Group Hornsby	Ageing people	Empowering the Carers	Sunday, 19 September 2021	Boronia Groves Community Centre EPPING	Dave - 0413760300
Indian Seniors Group Hornsby	Ageing people	Empowering the Carers	Sunday, 21 November 2021	Boronia Groves Community Centre EPPING	Dave - 0413760300
Korean Cockatoos	People living with mental illness	Korean Cockatoos Luncheon with Korean Carers.	Thursday, 9 September 2021	Marsfield Community Centre 1A Trafalgar Pl MARSFIELD NSW	Jeongmin - 0452644302
Lupus Association of Australia	People living with a chronic illness	On-line Healthy Cooking with Nutrition Australia	Monday, 11 October 2021	Healthy Cooking 55 Wicks NORTH RYDE NSW 2113	Barbara - 0298786055
Manly/Mosman Parkinson's Support Group	People living with a chronic illness	Luncheon	Tuesday, 12 October 2021	Club Totem 195 Condamine St BALGOWLAH NSW 2093	Robyn - 0407955568
MND (Motor Neurone Disease) NSW	People living with a serious or terminal illness	MND Carers Morning Tea	Monday, 11 October 2021	TBC Gladesville	Karen - 0426246489
MND (Motor Neurone Disease) NSW	People living with a serious or terminal illness	MND Carers Morning Tea Paint and Sip	Tuesday, 12 October 2021	TBC Gladesville	Karen - 0426246489
MND (Motor Neurone Disease) NSW	People living with a serious or terminal illness	Carers' High Tea	Tuesday, 12 October 2021	TBC Gladesville	Karen - 0426246489
Mosman Carers Group, Mosman Council	People living with dementia	Full day bus trip and lunch	Wednesday, 29 September 2021	Moonet Mooney Club 5 Kowan Road MOONEY MOONEY NSW	Liz - 0419784089
Northern Beaches Multicultural Communities Carer Support group	All carers	Carers' Picnic	Saturday, 16 October 2021	Walter Gors Park 36-40 Howard Av DEE WHY NSW 2099	Ana - 0404232391
Northern Beaches Multicultural Communities	Ageing people	Celebration of Seniors Strengths	Monday, 11 October 2021	St John'S Anglican Church 87 Oaks Av DEE WHY NSW	Radmila - 0402494490





Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Northern Beaches Multicultural Communities	People living with a chronic illness	Italian Matinee	Wednesday, 13 October 2021	St Kevins'S School Hall 57-59 Oaks Ave DEE WHY NSW 2099	Angelina - 0407222530
Northern Beaches Multicultural Communities - Carers Walking Group	People living with dementia	Walking and Talking	Friday, 15 October 2021	Dee Why Beach 20 The Strand DEE WHY NSW 2099	Mila - 0402494490
Northside Culturally and Linguistically Diverse Carers Network	All carers	Group Lunch	Friday, 15 October 2021	Ryde Community Mental Health Centre (Subject To Change) 39-41 Fourth Avenue EASTWOOD NSW 2112	Julie(Hua Juan) - 0420591868
Northern Sydney Local Health District Carer Support Service	All carers	Let's Connect- Online Conversations with Carers - with special guest speakers	Tuesday, 12 October 2021	Online Via Zoom Online Via Zoom Online Via Zoom ONLINE NSW	Mary - 0434323411
Northern Sydney Local Health District Carer Support Service Berowra General Carers Group	All carers	Carers Week Morning Tea	Monday, 11 October 2021	Berowra Community Health Centre 123 Berowra Waters Road BEROWRA HEIGHTS NSW 2082	Mary - 0434323411
Northern Sydney Local Health District CSS Berowra Male Carers Support Group	All carers	Male Carers' Get together	Wednesday, 13 October 2021	Berowra Community Health Centre 123 Berowra Waters Road BEROWRA HEIGHTS NSW 2082	Mary - 0434323411
Northern Sydney Local Health District Carer Support Service Ryde Carer Support Group	All carers	Ryde Carers Week Celebration	TBC	NSLHD CSS Ryde Hospital 1 Denistone Street EASTWOOD NSW 2122	Mary - 0434323411
Burnout prevention	People living with mental illness	Burnout Prevention and Self Care	Sunday, 10 October 2021	Online	Miriam - 0403181712
Special Mums	All carers	Special Mums' Lunch	Wednesday, 13 October 2021	Lilong By Taste Of Shanghai Shop 68, Level3/436 Victoria Avenue CHATSWOOD NSW 2067	Li - 0490833882
Parenting Group	All carers	Amazing Parents	Wednesday, 13 October 2021	Warringah Mall Cnr Old Pittwater Rd And Condemine St BROOKVALE NSW 2100	Ana - 0404232391
Relationships Australia NSW	Children (under 18 years of age) with a disability	Better Together Annual Lunch	Thursday, 14 October 2021	TBC Macquarie Park	Jisun (Sunny) - 0478116553



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
St Lucy's School	Children (under 18 years of age) with a disability	Men's Night - Support Group for fathers of children with Disabilities	Friday, 12 November 2021	St Lucy'S School 21 Cleveland Street WAHROONGA NSW 2076	Amy - 0294871277
St Swithun's Anglican Church Pymble	Ageing people	Never Alone - seminar for carers of those confined to institutions	Wednesday, 13 October 2021	Church grounds WEST PYMBLE	Ross - 0410518948
Truscott St School Support Unit Carers	Children (under 18 years of age) with a disability	Picnic	Sunday, 10 October 2021	TBC RYDE	Diem - 0412288823
West Ryde Huntington's Disease Carer Support Group	Other	Connecting Huntington's Disease Carers in Sydney	TBC	TBC WEST RYDE	Amanda - 0456013612
<b>South East Sydney</b>					
Autism Community Network	Other	Hurstville Support Group Online Event	TBC	Online	Belinda - 0402898686
Autism Community Network	Other	Caringbah Support Group Online Event	TBC	Online	Belinda - 0402898686
Black Dog Institute Carer Craftivists	People living with dementia	Stitch it for Dementia: Carer Craftivists	Tuesday, 12 October 2021	<a href="https://unsw.zoom.us/j/86296252836">https://unsw.zoom.us/j/86296252836</a>	Chloe - 0406484429
CALD Carer Support Group	People living with mental illness	Celebration of National Carers Week 2021	Friday, 1 October 2021	TBC CARSS PARK NSW 2221	Irene - 0404790433
Canterbury Earlwood Caring Association	Other	Let's do lunch!	Thursday, 28 October 2021	Bowling Clubt EARLWOOD	Zabette - 0413161875
Canterbury Hospital, Aged Services	Ageing people	TBC	TBC	TBC	Judy - 0414295659
Chester Hill Neighbourhood Centre	Adults (over 18 years of age but under 65 years of age) with a disability	Day trip to La Perouse	Friday, 15 October 2021	LA PEROUSE NSW 2162	Dale - 0296453700
Chinese Carer Support Group	People living with mental illness	Celebration of National Carers Week 2021	Monday, 11 October 2021	TBC WATSONS BAY NSW 2030	Irene - 0404790433
Chinese Disability Peer Support Group (Hurstville)	Other	Picnic for carers	Tuesday, 12 October 2021	Carss Park 105 Carwar Ave CARSS PARK NSW 2221	Xiaolong - 0401061799
Coffee Club Dementia Carers Support Group	People living with dementia	luncheon	Thursday, 14 October 2021	Royal Hotel 2 Perouse Road RANDWICK NSW 2031	Andrew - 0419220283



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Dementia Australia	All carers	Carers Who Care High Tea	Tuesday, 12 October 2021	Audley Dance Hall Cafe And Events SUTHERLAND	Indigo - 0438675195
Dynamos Care Support Network	Adults (over 18 years of age but under 65 years of age) with a disability	Boat Cruise	Sunday, 10 October 2021	Harbour Cruise King St Wharf SYDNEY NSW 2000	Arahni - 0407938964
Harris Park Arabic Carer Support Group	All carers	Outing Day	Tuesday, 12 October 2021	Darling Harbour Darling Harbour SYDNEY NSW 2000	Lilian - 0424411426
Mary Potter Carers Group	People living with dementia	High Tea and Self Care	Wednesday, 20 October 2021	Calvary Health Care Kogarah 91-111 Rocky Point Rd KOGARAH NSW 2217	Janet - 0295533584
Older Persons Mental Health Service, Prince of Wales Hospital	People living with mental illness	Self Care Pack and Information	TBC	Self care pack	Tanya - 93828058
Phoenix Community Project Inc	Children (under 18 years of age) with a disability	Parents Thank you BBQ	Friday, 15 October 2021	Head Office 852 Kingsway GYMEA NSW 2227	Jamie-Lee - 95765045
South East Sydney Local Health District	All carers	Morning Tea for Aboriginal Carers at St George Hospital	Thursday, 14 October 2021	St George Hospital Bidjigal Aboriginal Carers Lounge Gray Street KOGARAH NSW 2217	Samantha - 0400981757
South East Sydney Local Health District	All carers	Luncheon for Aboriginal Carers	Wednesday, 13 October 2021	Sutherland Hospital Aboriginal Carers Lounge Kingsway CARINGBAH NSW 2229	Samantha - 0400981757
Southcare/Sutherland Transitional Aged Care Service	Ageing people	Shire Services for Carers and High Tea	TBC	Hazelhurst Gallery And Cafe 782 Kingsway GYMEA NSW 2227	Paula - 0403722459
St George Hospital	People living with a serious or terminal illness	Luncheon for Arabic Cancer Carers	Monday, 11 October 2021	Research And Education Centre KOGARAH NSW 2217	Seham - 91132052
St George Hospital	All carers	Appreciation of Working Carers	Tuesday, 12 October 2021	St George Hospital Bidjigal Aboriginal Carers Lounge 2217	Xiao Meng - 291131460
Staff who are working Carers. Carers of visitors	Ageing people	Activities for staff who are working carers	Tuesday, 12 October 2021	Calvary Hospital Kogarah, Conference Room 91-111 Rocky Point Road KOGARAH NSW 2217	Dona - 95533175



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Stride Family & Carer Mental Health Program- Randwick Support Group	All carers	Urban Nature & Mindfulness Retreat	Wednesday, 13 October 2021	Centennial Parklands- Wildplay Discovery Centre Dickens Drive SYDNEY NSW 2021	Jessica - 0434428666
Stride. Better Mental Health. San Souci	People living with mental illness	River Cruise Devonshire Tea	Tuesday, 12 October 2021	San Souci Point Rocky Point Road SAN SOUCI NSW 2219	Georgia - 0468939415
Stride. Better Mental Health. St George	People living with mental illness	River Cruise Devonshire Tea	Tuesday, 12 October 2021	San Souci Point Rocky Point Road SAN SOUCI NSW 2219	Georgia - 0468939415
Stride. Better Mental Health. Sutherland	People living with mental illness	Carers' Drumming Circle	Thursday, 14 October 2021	Sutherland Library 30-36 Belmont St SUTHERLAND NSW 2232	Georgia - 0468939415
Sutherland Shire Autism - Parent Support Group	Children (under 18 years of age) with a disability	Carers' Movie Night	Saturday, 16 October 2021	Miranda Event Cinema 600 Kingsway MIRANDA NSW 2228	Megan - 0410134578
Sutherland Shire Carer Support Service Inc.	All carers	Carers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2232	Tracy - 0295426292
Sutherland Shire Carer Support Service	All carers	Carers <b>Week</b> Dinner Dance	Thursday, 28 October 2021	Club Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sutherland Shire Carer Support Service	All carers	Carers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sutherland Shire Carer Support Service	All carers	Carers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sutherland Shire Carer Support Service	All carers	Carers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sutherland Shire Carer Support Service I	All carers	Carers Weel Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sutherland Shire Carer Support Service	All carers	Carers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sutherland Shire Carer Support Service	All carers	Carers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Sutherland Shire Carer Support Service I	All carers	Carers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sutherland Shire Carer Support Sservice	All carers	Careers Week Dinner Dance	Thursday, 28 October 2021	Club Central Menai 44-60 Allison Crescent MENAI NSW 2234	Tracy - 0295426292
Sydney Childrens Hospital Randwick	Children (under 18 years of age) with a disability	Parent and Carer Morning tea and expo	Tuesday, 12 October 2021	Sydney Children'S Hospital High Street RANDWICK NSW 2031	Rebecca - 93820638
Sydney Childrens Hospital Randwick	Children (under 18 years of age) with a disability	Young Carers and Sibling celebration	Thursday, 14 October 2021	Sch- Randwick	Rebecca - 93820638
The Sutherland Hospital	All carers	Care for Carers Morning Tea and Succulent Planter Workshop	Sunday, 17 October 2021	The Sutherland Hospital 430 Kingsway CARINGBAH NSW 2229	Yu - 0405464504
Ultimo Chinese Parents Network Group 468	Children (under 18 years of age) with a disability	Fresh Air Carers Week	Sunday, 10 October 2021	Central Club Hurstville 2 Crofts Ave HURSTVILLE NSW 2220	Xiaolin - 0478016150
War Memorial Hospital Day Centre	People living with dementia	Day Centre Carers' Information & Interaction Day	Wednesday, 13 October 2021	War Memorial Hospital - Day Centre 125 Birrell Street WAVERLEY NSW 2024	Rod - 0293690263
<b>South Western Sydney</b>					
Aboriginal Chronic Care Program (ACCP)	People living with a chronic illness	ACCP Self Care High Tea	Wednesday, 13 October 2021	Miller Woodward Cres MILLER NSW	Vicki - 0418119247
Aboriginal Health NSW South West Sydney Local Health District	0	Self Care Hamper - Thank you for your service	Wednesday, 13 October 2021	Miller Budyari Aboriginal Clinic 18 Woodward Cres, MILLER NSW 2168	Pramila - 0409286885
Australian Foundation for Disability.	Adults (over 18 years of age but under 65 years of age) with a disability	Supporting Afford's Belmore Carers	Wednesday, 13 October 2021	Afford Belmore Community Participation Day Program 38 Redman Place BELMORE NSW 2192	Toni - 0430528858
Australian Foundation for Disability	Adults (over 18 years of age but under 65 years of age) with a disability	Supporting Afford's Campbelltown Carers	Wednesday, 13 October 2021	Afford Campbelltown Participation Day Program 69 Allman CAMPBELLTOWN NSW 2560	Toni - 0288053766



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Australian Foundation for Disability Bexley Community Participation Carers Group	Adults (over 18 years of age but under 65 years of age) with a disability	Supporting Afford's Bexley Carers	Wednesday, 13 October 2021	Afford Bexley Participation Day Program 90B Highgate BEXLEY NSW 2207	Toni - 0288053766
Autism Advisory and Support Service	Children (under 18 years of age) with a disability	Carers Week Morning Tea	Tuesday, 12 October 2021	Moorebank Sports Club 230 Heathcote Rd HAMMONDVILLE NSW 2170	Stephanie - 0296012844
Autism Advisory and Support Service - Carer Support Group	Children (under 18 years of age) with a disability	Carers Week Morning Tea	Tuesday, 12 October 2021	Moorebank Sports Club 230 Heathcote Rd HAMMONDVILLE NSW 2170	Stephanie - 0296012844
Autism Advisory and Support Service - Fathers Group	Children (under 18 years of age) with a disability	Carers Week Dinner	Tuesday, 12 October 2021	Moorebank Sports Club 230 Heathcote Rd HAMMONDVILLE NSW 2170	Stephanie - 0296012844
Bankstown City Aged Care	All carers	Positive vibes	Wednesday, 13 October 2021	Bankstown City Aged Care Wellness Centre 45 Rex Road GEORGES HALL NSW 2198	Tracey - 0421553576
Bankstown-Lidcombe Hospital	Other	Working Carers Support Network Luncheon & Activities	Tuesday, 12 October 2021	Bankstown-Lidcombe Hospital 68 Eldridge Road BANKSTOWN NSW 2200	Denise - 0297228283
Carers of people with chronic condition	People living with a chronic illness	Joint Workshop - Indigenous art therapy and self care meditation	Wednesday, 13 October 2021	Liverpool Hospital Elizabeth Drive LIVERPOOL NSW 2170	Siobhan - 0287386716
Chinese speaking Brain Injury Carer Support Group	Adults (over 18 years of age but under 65 years of age) with a disability	Lunch	Saturday, 16 October 2021	Yum Cha, Liverpool	Lyly - 0409153357
Community First Step	Ageing people	Lunch & gifts	Thursday, 14 October 2021	Community First Step 25 Barbra Street FAIRFIELD NSW 2165	Lila - 97274333
Crookwell Carers Group	All carers	Crookwell Carers Group Thank You Outing	Thursday, 14 October 2021	Taralga Animal Sanctuary 257 Barnaby Road TARALGA NSW	Joanne - 411220486
Fairfield Hospital	All carers	Launch of Multilingual Information for Carers	Tuesday, 12 October 2021	Fairfield Hospital	Louise - 0477384643
Fairfield Hospital	All carers	Carer Week - Translated Marterial	Tuesday, 12 October 2021	Fairfield Hospital Polding Street PRAIRIEWOOD NSW 2176	Robyn - 96168830



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
General Managers Unit, Campbelltown Hospital	All carers	Carer Celebration Morning Tea	Monday, 18 October 2021	Macarthur Clinical School - Campbelltown Hospital	Loretta - 0476810544
Gospel Fellowship of Families - People With a Disability of Australia (Syd North Parents)	Children (under 18 years of age) with a disability	Celebration of National Carers Week	Friday, 15 October 2021	Bankstown Rsl Club 1 Meredith Street BANKSTOWN NSW 2200	Irene - 0492919138
Gospel Fellowship of Families - People With a Disability of Australia (Syd South Parents)	Children (under 18 years of age) with a disability	Celebration of National Carers Week	Monday, 11 October 2021	Bankstown Rsl Club 1 Meredith Street Bankstown NSW 2200	Irene - 0492919138
Hong Fuk Carer Association	Ageing people	Carers Enjoyment Event	Monday, 18 October 2021	Cabramatta Community Centre Hall Corner Railway And Mcburney Rd CABRAMATTA NSW 2166	Jeffery - 0435497798
Interchange Aust Autism Spectrum Disorder Education Support and Information	Children (under 18 years of age) with a disability	Parent Support Group	Friday, 15 October 2021	Mittagong Rsl Cnr Hume Hwy & Bessemer St, Mittagong NSW 2575 MITTAGONG NSW 2575	Kelly - 0248686688
Liverpool Hospital	All carers	Carer Workshop with Indigenous Art Therapy and Self Care	Wednesday, 13 October 2021	Liverpool Hospital TBA Tba LIVERPOOL NSW 2170	Eva - 0287386716
Liverpool Hospital	All carers	Liverpool Hospital Connecting with Carers	Wednesday, 13 October 2021	Liverpool Hospital Cnr Elizabeth & Goulburn Street LIVERPOOL NSW 2170	Janet - 0405562004
Sunshine Carer Group	All carers	TBC	Sunday, 10 October 2021	TBC	Poui - 0423918879
Mary Brooksbank School - Schools for Specific Purposes	Other	Carer Morning	Wednesday, 13 October 2021	Mary Brooksbank School cnr Anthony & Cleopatra Drives ROSEMEADOW NSW 2560	Teena-Maree - 0246284555
Multicultural Carers Social Support Group	All carers	Wellbeing, including Tai chi or Yoga	Tuesday, 12 October 2021	Koshigaya Park Or Park Central CAMPBELLTOWN NSW 2560	Michelle - 0246271188



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Myrtle Cottage Group	People living with dementia	Time to Care	Thursday, 11 November 2021	Myrtle Cottage Group 6 Bosc Road INGLEBURN NSW 2565	Kylie - 0294263100
South Western Sydney Local Health District - Mental Health Carer Support	People living with mental illness	Mental Health Carer Peer Support	Tuesday, 12 October 2021	Liverpool Hospital 75 Elizabeth St LIVERPOOL NSW 2170	Tracey - 0436928530
Joint Workshop - Indigenous art	People living with a chronic illness	Joint Workshop - Indigenous art therapy and self care meditation	Wednesday, 13 October 2021	Liverpool Hospital Elizabeth drive LIVERPOOL NSW 2170	Sarah - 0287386716
Harmony Celebration	People living with a chronic illness	Harmony Celebration Event 2021	Tuesday, 12 October 2021	West Terrace 3 West Terrace BANKSTOWN NSW 2200	Tao - 0468817818
Parkinson Support Group	People living with a chronic illness	luncheon for Carers	Monday, 13 December 2021	Liverpool Catholic Club 424 - 458 Hoxton Park Road, PRESTONS NSW	Liz - 0418227491
Passfield Park School - Schools for Specific Purposes. Moderate to severe intellectual disabilities school.	All carers	Parent Carer Morning Tea	Tuesday, 12 October 2021	Passfield Park School 53 Guernsey Avenue MINTO NSW 2566	Karen - 98201700
Sarah Redfern Public Primary School	Children (under 18 years of age) with a disability	Coffee and donut to go	Wednesday, 20 October 2021	TBC	Rachel/Maree - 298201499
South Western Sydney Local Health District Palliative Care	People living with a serious or terminal illness	Carers' Appreciation Day	Tuesday, 19 October 2021	Cb4C Balcony 75 Elizabeth St LIVERPOOL NSW 2170	Arlene - 0457526847
South Western Sydney Local Health District Palliative Care Camden Inpatient Unit Camden Hospital	People living with a serious or terminal illness	Carers' Appreciation Day	Wednesday, 20 October 2021	Palliative Care Inpatient Unit, Camden Hospital 61 Menangle Road CAMDEN NSW 2570	Arlene - 0457526847
South Western Sydney Local Health District Palliative Care Volunteer Service	People living with a serious or terminal illness	To be decided depending on COVID-19 restrictions at the time	Monday, 18 October 2021	Online Event, Keeping In Mind Covid-19 Changes At The Time 5 Thomas Rose Drive ROSEMEADOW NSW 2560	Arlene - 0987389755
Specialist Intellectual Disability Health Team	Ageing people	Carers' Support and Information Event	Wednesday, 13 October 2021	Sdht Group Room, Flyht Building, Fairfield Community Health Centre 53-65 Mitchell Street CARRAMAR NSW 2163	Natasha - 0297941824





Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
South West Sydney Local Health District	People living with a chronic illness	Tea and Scones and Singing Event	Wednesday, 13 October 2021	Outpatients, Campbelltown Hospital Therry Road, Campbelltown NSW 2560	Amy - 0400479749
South West Sydney Local Health District Out of Home Care Health Pathways Program	Other	Out of Home Care , Carer Appreciation event	Tuesday, 12 October 2021	Ingleburn Community Health Centre	Suzan - 0409011989
Vietnamese Parents of Children with Intellectual Disability	Adults (over 18 years of age but under 65 years of age) with a disability	Buffet Lunch	Tuesday, 12 October 2021	Bankstown Rsl Club 1 Meredith Street BANKSTOWN NSW 2200	Chris - 0297994802
Western Sydney Autism Support Group	Adults (over 18 years of age but under 65 years of age) with a disability	Carers' Celebration Lunch	Friday, 15 October 2021	St Johns Park Bowling Club 93 Edensor Road ST JOHNS PARK NSW 2176	Irene - 0413073381
<b>Southern NSW</b>					
Bega Stroke Recovery Group	People living with a chronic illness	TBC	TBC	TBC	Kimone - 0422931727
Bungendore Medical Centre	All carers	Bungendore Carers Group - Carers Week 2021	Thursday, 14 October 2021	The Carrington Inn BUNGENDORE NSW	Kenneth - 0417494283
Community Links Wellbeing	People living with mental illness	RockSolid	Friday, 15 October 2021	The Venue 44 Station St BOWRAL NSW 2576	Tegan - 0246832776
Dementia Advisory Service Wingecarribee	People living with dementia	Barefoot Bowls	Friday, 15 October 2021	Bowral Bowling Club 40 Shepherd Street BOWRAL NSW 2576	Katie - 0409617789
Dementia Australia	People living with dementia	Goulburn Carer Support Group Carers Week Morning Tea	Wednesday, 13 October 2021	K And Gz Cafe 9 Franklin St GOULBURN NSW 2580	Jane - 0448996790
Dementia Australia Pambula Carers Catchup	People living with dementia	Carers' Month Morning Tea	Thursday, 28 October 2021	Oaklands Cafe 3546 Princes Highway PAMBULA NSW 2548	Nola - 0418262348
Dementia Australia, Yass Valley Dementia Carers Support Group	People living with dementia	Yass Valley Carer Support Group Carers Week Luncheon	Thursday, 14 October 2021	Tootsie Gallery Cafe 289 Comur St YASS NSW 2582	Jane - 0448996790



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Eurobordalla Parkinson's Support Group	People living with a chronic illness	luncheon	Monday, 11 October 2021	Josh Prowse 16 Evans Street MORUYA NSW 2537	Joy - 0403223370
Kalaru Carers	Children (under 18 years of age) with a disability	Lunch	Friday, 15 October 2021	Kalaru 52 Ike Game Rd KALARU NSW 2550	Roanna - 0411057511
Moss Vale Wellbeing Support Group	Children (under 18 years of age) with a disability	Wellbeing for Carers during the Pandemic	Friday, <b>3 December</b> 2021	Sutton Forest Inn Royal Inn Illawarra Hwy SUTTON FOREST NSW 2577	Sophia - 0401350461
One Door Mental Health Family and Carer Mental Health Program	People living with mental illness	Gentle Yoga Session and Afternoon Tea	Monday, 11 October 2021	One Door Mental Health Moruya Unit 4 Macintosh Centre 7 Mirrabooka Avenue MORUYA NSW 2536	Angela - 0455402763
Queanbeyan Carer Support Group- Dementia Australia	People living with dementia	Care for Carers Lunch	Tuesday, 5 October 2021	Suppetó Collective 37 Jerrabomberra Pkwy JERRABOMBERRA NSW 2619	Alison - 0428975148
<b>Sydney</b>					
Asbestos Diseases Research Institute	People living with a serious or terminal illness	Carers' Day Mesothelioma	Tuesday, 12 October 2021	Bernie Banton Centre Gate 3 , Hospital Road CONCORD NSW 2139	Pam - 0403719066
Ashfield Baptist Child Care	Other	2021 Carers Week Event	Saturday, 16 October 2021	Ashfield Baptist Church 19 Holden Street ASHFIELD NSW 2131	Nerida - 0488990326
Australian Foundation for Disability Ashfield Community Participation Carers Group	Adults (over 18 years of age but under 65 years of age) with a disability	Supporting Afford's Ashfield Carers	Wednesday, 13 October 2021	Afford Ashfield Community Lifestyle Centre 14 Bruce ASHFIELD NSW 2131	Toni - 0288053766
CALD Carers Support Group	People living with mental illness	Picnic Lunch	Tuesday, 19 October 2021	Royal Botanic Gardens Macquarie Street Macquarie Street SYDNEY NSW 2000	Sonia - 0423432117
CanRevive (Mandarin) Carer Support Group	People living with a chronic illness	Cooking for Loved Ones	<b>Thursday, 28</b> October 2021	<b>Online event</b>	Agnes - 0292127789



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
CanReVive Southern Office Carers Support Group	People living with a chronic illness	Cooking for Loved Ones	Wednesday, 20 October 2021	Online Event	Agnes - 0292127789
Cass Care Ltd	People living with dementia	Food Hamper and Giveaways for Carers	TBC	Food Hampers	Winnie - 0439267345
Carer Support Group	All carers	Outing Day	Friday, 15 October 2021	Darling Harbour Darling Harbour - SYDNEY NSW 2000	Lilian - 0424411426
Canterbury Hospital	All carers	Thanking carers	Monday, 11 October 2021	Canterbury Hospital 575 Canterbury Road CANTERBURY NSW 2194	Sue - 97870403
Chinese Parents of Children with Intellectual Disability	Children (under 18 years of age) with a disability	Morning Tea at a Garden	Thursday, 14 October 2021	Flower Power Garden 27 Mitchell St ENFIELD NSW 2136	Chris - 0297994802
Chinese Parents Association - Children With Disabilities Inc.	Children (under 18 years of age) with a disability	Laughter Yoga session for carers by appointment	Saturday, 16 October 2021	Laughter Yoga Session by Zoom	Jane - 0406233222
Chinese Parents Association - Children With Disabilities Inc.	Adults (over 18 years of age but under 65 years of age) with a disability	National Carers Week Celebration gift for carers	TBC	Gift for carers	Jane - 0406233222
Concord Hospital - Sydney Local Health District	All carers	Art Therapy Session	Monday, 11 October 2021	Concord Hospital - Psychology Department Hospital Road CONCORD HOSPITAL NSW 2139	Emalynne - 0297676550
Concord Hospital Psychology Department - Sydney Local Health District	All carers	TBC	TBC - November 2021	Psychology Department Hospital Road CONCORD HOSPITAL NSW 2139	Emalynne - 0297676550
Ethnic Community Services Cooperative	All carers	Together We Celebrate - Lunch and Cultural Events	Monday, 11 October 2021	Ethnic Community Services Cooperative Building 3, 142 Addison Road MARRICKVILLE NSW 2204	Khanh - 0404493095
Ethnic Community Services Co-operative	People living with a chronic illness	Happy Day Out	Saturday, 30 October 2021	TBC Marrickville NSW	Chung - 0467850479



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Ethnic Community Services Co-operative	All carers	Connecting Carers from CALD backgrounds	Wednesday, 13 October 2021	Building 3 142 Addison Rd MARRICKVILLE NSW 2204	Ellen - 0295691288
Ethnic Community Services Co-operative	Ageing people	Connecting Carers from CALD backgrounds	Wednesday, 13 October 2021	Ethnic Community Services Co-Operative Building 3 142 Addison Rd MARRICKVILLE NSW 2022	Ellen - 0295691288
Inner West Neighbour Aid Incorporated	People living with dementia	Living Well with Dementia	Wednesday, 13 October 2021	5 Senses Garden, Rhodes Park Rhodes Park Killoola St CONCORD WEST NSW 2138	Allison - 0297995099
Junction Neighbourhood Centre	All carers	Carers' Lunch	Friday, 15 October 2021	St Helens Community Centre 184 Glebe Point Rd GLEBE NSW 2037	Joshua - 0293498200
Mental Health Carers NSW	People living with mental illness	Launch of Mental Health Carers Advocacy Network	Wednesday, 13 October 2021	Online	Laura - 0412650719
Reframing Disability	Children (under 18 years of age) with a disability	<b>*Carers Week Special Event* Draw and Sip at MyTime , Hosted online, 11th of October   Humanitix</b>	Monday, 11 October 2021	Online - -	Andie - 0401545762
Sydney Local Health District Male Dementia Carers' Group	People living with dementia	Connecting Caring Men	Thursday, 14 October 2021	Concord Hospital Medical Education Centre 1 Hospital Rd CONCORD WEST NSW 2138	Anne - 0297675953
St Luke's Care	People living with dementia	Carers Appreciation Morning Tea	Wednesday, 13 October 2021	St Luke'S Care 18 Roslyn Street POTTS POINT NSW 2011	Emily - 0478688168
STriDeS - Specialist Team for Intellectual Disability Sydney. NSW Health.	Other	Pamper Packs for Carers	Wednesday, 13 October 2021	Croydon Health Centre 24 Liverpool Road CROYDON NSW 2132	Maria - 0293781278
Waterloo Chinese Carers Group 670	Adults (over 18 years of age but under 65 years of age) with a disability	Community Carers Week	Saturday, 16 October 2021	Ashfield Rsl Club 374 Liverpool Rd ASHFIELD NSW 2131	Zhaoliang - 0423365745



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
<b>Western NSW</b>					
Ability Network	Adults (over 18 years of age but under 65 years of age) with a disability	Care for the Carers	Wednesday, 13 October 2021	Ability Network 2 Ina Drive COWRA NSW 2794	Lisa - 0448727634
Bathurst Local Aboriginal Land Council	People living with mental illness	Carers Week Carer Activity	Tuesday, 19 October 2021	Bathurst	Toni-Lee - 0263326835
Bathurst MyTime Parent Carer Support Group	Children (under 18 years of age) with a disability	Carers' High Tea	Monday, 11 October 2021	Becis 1439 Charles Sturt University Panorama Avenue BATHURST NSW 2795	Bron - 0402065775
Bathurst Parkinson's Support Group	People living with a chronic illness	A cuppa for the carers....time to celebrate	Wednesday, 13 October 2021	Sweet Caramel 185 George Street BATHURST NSW 2795	Jennifer - 63328972
Bathurst Regional Carers Group	People living with dementia	Luncheon	Wednesday, 27 October 2021	Heritage Building, Bathurst Health Service CNR HOWICK & MITRE STREETS Cnr Howick & Mitre Streets BATHURST NSW 2795	Steve - 0263328978
Bathurst Seymour Centre	People living with dementia	Caring for Carers	Thursday, 14 October 2021	Bathurst Rsl Club 114 Rankin Street BATHURST NSW 2795	Terisa - 0263321449
CatholicCare Family and Carer Mental Health Program	People living with mental illness	Carers Week Morning Tea	Thursday, 14 October 2021	Bathurst Catholiccare Office 201 Rankin St BATHURST NSW 2795	Kirrin - 0263342033
Cerebral Palsy Alliance	Children (under 18 years of age) with a disability	Morning Tea for Carers of a child/children with disabilities.	TBC	TBC DUBBO NSW 2830	Melissa - 0268821077
Cerebral Palsy Alliance Orange	Adults (over 18 years of age but under 65 years of age) with a disability	Carers Connect	TBC	TBC ORANGE	Pheobe - 0263601455
Kelso Clinic Support Group	People living with a chronic illness	Kelso Wellness Group Celebration	Monday, 18 October 2021	TBC KELSO NSW 2795	Leanne - 0268098736
Kids & Carers Support Group Kandos/Rylstone	All carers	Dementia Information Morning Tea	Saturday, 30 November 2021	Kandos Returned Service Club 20 Dangar Street KANDOS NSW	Maureen - 0427794174
Mental Health Drug and Alcohol Service NSW Health	All carers	Carers Week Celebrating Working Carers Journaling for self care	Wednesday, 12 October 2021	Online event and gift bags	Kelly - 0419869961



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Mudgee Autism Group	Children (under 18 years of age) with a disability	Autism Carers' Lunch	Thursday, 14 October 2021	Mudgee Community Health Centre Mearns Meares Street MUDGEE NSW 2850	Catherine - 63719830
Narrabri Carers Support Group/ Parkinson's Carers Support Group of Narrabri	All carers	Take five for me- Health Awareness Day	Monday, 11 October 2021	Narrabri Aquatic Centre Multipurpose Room Tibbereena St NARRABRI NSW 2390	Joan - 61412798883
One Door Mental Health Corowa Carers Group	People living with mental illness	Lunch Outing	Tuesday, 12 October 2021	Corowa Whisky And Chocolate Factory 20-24 Steel Street COROWA NSW 2646	Michelle - 0481010728
Orana Early Childhood Intervention	Children (under 18 years of age) with a disability	Caring for Yourself	Wednesday, 20 October 2021	Orana Early Childhood Intervention 74 Baird Drive DUBBO NSW 2830	Julie - 0268820599
Orange Huntington's Disease Carer Support group	Other	Connecting Huntington's Disease Carers in Central West	TBC	Central West Orange	Amanda - 0456013612
Synapse, Dubbo	Other	Synapse Carers Reconnections <b>Online Chat and Pamper Pack</b> Dubbo	Tuesday, 12 October 2021	<b>Online</b>	Sonya - 1800673074
Temora Community Mental Health	People living with mental illness	Carers Coffee card Post Out	Thursday, 7 October 2021	Temora, On-line due to Covid	Allison - 0436951500
Tottenham War Memorial Early Childhood Centre	All carers	Family and Friends BBQ	Thursday, 14 October 2021	Tottenham Childcare Centre 73 Merilba St TOTTENHAM NSW 2873	Kylie - 0424139216
TTT Local Aboriginal Education Consultative Group	All carers	TTT Local AEGC Gathering Circle	Friday, 15 October 2021	Tullamore Polar Park 1 Haylock St TULLAMORE NSW 2874	Kellylee - 0401583761
Tullamore Seniors Daycentre	All carers	Country Old Time Sing-a-Long Luncheon	Wednesday, 13 October 2021	Tullamore Citizens Bowling Club 1 Haylock St TULLAMORE NSW 2874	Kellylee - 0401583761
Western Rural Spinal Cord Injury Service	Other	Carers Week Morning Tea	Wednesday, 13 October 2021	Lourdes Hospital 4 Tony Mcgrane Place DUBBO NSW 2830	Nadia - 68418508
Western NSW Local Health District Mental Health Drug and Alcohol	People living with mental illness	Mindfulness Session	<b>Monday, 11 October 2021</b>	<b>Online event and gift bags</b>	Kelly - 0419869961



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Western NSW Local Health District Mental Health Drug and Alcohol	People living with mental illness	Carer Mindfulness Session	Monday, 11 October 2021	Online event and gift bags	Kelly - 0419869961
Western NSW Local Health District Mental Health Drug and Alcohol	People living with dementia	Mindfulness Activity	Monday, 11 October 2021	Online event and gift bags	Kelly - 0419869961
<b>Western Sydney</b>					
Aequalis Disability Services	Children (under 18 years of age) with a disability	Gift bags for carers	TBC	Gift bags	Cassandra - 0477458985
Afghani Carer Group	All carers	Carers Week	Saturday, 16 October 2021	Nabi Akram Islamic Centre 37 Cowper St GRANVILLE NSW 2142	Nabila - 0427842469
Allowah Presbyterian Children's Hospital	Children (under 18 years of age) with a disability	Caring for You	Tuesday, 12 October 2021	Allowah Presbyterian Children'S Hospital 8 Perry St DUNDAS VALLEY NSW 2117	Taryn - 0473180808
Auburn Carers Support Group	All carers	Auburn Carers Luncheon	Wednesday, 20 October 2021	Auburn Tennis Club 181 Chisholm Rd AUBURN NSW 2144	Narelle - 0297490388
Auburn Hospital	All carers	Carers Week Morning Tea	TBC	Auburn Tennis Club	Melissa - 0447739667
Australian Foundation for Disability	Adults (over 18 years of age but under 65 years of age) with a disability	Supporting Afford's Bligh Park Carers	Wednesday, 13 October 2021	Afford Bligh Park Community Group Home 8 Mary Place BLIGH PARK NSW 2756	Toni - 0430528858
Australian Foundation for Disability Baulkham Hills Group Home	Adults (over 18 years of age but under 65 years of age) with a disability	Supporting Afford's Baulkham Hills Group Home Carers	Saturday, 16 October 2021	Australian Foundation For Disability Baulkham Hills Group Home 4 Deeside Ave BAULKHAM HILLS NSW 2753	Toni - 0288053766
Australian Foundation for Disability Blacktown Community Participation Day Program Carer Group	Adults (over 18 years of age but under 65 years of age) with a disability	Supporting Afford's Blacktown Carers	Wednesday, 13 October 2021	Afford Blacktown Community Participation Day Program 3 Hereward Highway BLACKTOWN NSW 2148	Toni - 0288053766



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Autism Community Network	Other	Castle Hill Support Group Online Event	TBC	Online	Belinda - 0402898686
Autism Community Network	Other	Parramatta Support Group Online Event	TBC	Online	Belinda - 0402898686
Autism Community Network - Blacktown Support Group	Other	Blacktown Support Group Online Event	TBC	Online	Belinda - 0402898686
Autism Dads Australia	Other	Autism Dads' Meetup	Friday, 15 October 2021	Dooleys Club Lidcombe 11-15 Church Street LIDCOMBE 2141	Christopher - 0412247263
CanCare Centre Incorporated	People living with a serious or terminal illness	Online event and gifts for carers	Saturday, 20 November 2021	Lidcombe 2 Taylor Street LIDCOMBE NSW 2141	Venus - 0405139104
Carers	People living with mental illness	Carers' Winers and Diners Event	Friday, 8 October 2021	TBC	Susan - 0449291346
Chinese Carers Support Group (Parramatta)	People living with mental illness	A buffet lunch party	Monday, 11 October 2021	Merryland Bowling Club Newman St. MERRYLANDS NSW 2160	Miao - 0410468726
CJR Support Services Pty Ltd	All carers	Carers' Fun Day	Saturday, 18 December 2021	CJR Support Services Headoffice 10 Alanas Ave OATLANDS NSW 2117	Elaine - 0417794720
Community Junction Inc	All carers	Relax, Recharge and Rejuvenate	Wednesday, 13 October 2021	Colyton Neighbourhood Centre 30 Corner Jensen Andwilloughby St COLYTON NSW 2760	Jane - 91889065
Flintwood Disability Services	Adults (over 18 years of age but under 65 years of age) with a disability	Thank you	Friday, 15 October 2021	Harris Park 14 Crown Street HARRIS PARK NSW 2150	Patricia - 0488177780
George Bass School P&C. Special education School.	Children (under 18 years of age) with a disability	Luncheon	Friday, 15 October 2021	Bass Hill	Caterina - 0404245664
Gospel Fellowship of Families - People With a Disability of Australia (Burwood)	Adults (over 18 years of age but under 65 years of age) with a disability	National Carers Week 2021 Celebration Lunch	Saturday, 16 October 2021	Jin Yan Asian Cuisine 77 Castle St CASTLE HILL NSW 2154	Irene - 0429919138





Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Hammond Care Braeside Hospital	All carers	Lunch For Carers	Friday, 15 October 2021	Hammondcare Braeside Hospital 340 Prairievale Road PRAIRIEWOOD NSW 2176	Rochelle - 0297568809
Hills Special Needs Mums	Children (under 18 years of age) with a disability	Watercolour Painting Workshop	TBC November 2021	24 Warwick Parade CASTLE HILL NSW 2154	Maria - 0414699070
Holroyd P & C Association	All carers	Holroyd School Carers' Lunch	Wednesday, 13 October 2021	Holroyd School Community Hub Holroyd school Willara Ave MERRYLANDS NSW 2160	Sharmaine - 0434208104
Immune Deficiencies Foundation Australia	People living with a chronic illness	Regional Carers - afternoon tea	Thursday, 14 October 2021	Online	Carolyn - 0455086556
Immune Deficiencies Foundation Australia	People living with a chronic illness	Carers' Online event	Tuesday, 12 October 2021	Online	Maria - 0447499001
Indohills Special Needs Mums	Children (under 18 years of age) with a disability	Nibble,paint and sip acivity	Saturday, 16 October 2021BC	Online event	Virna virna0927@gmail.com
Karabi Carers Support group	All carers	Pamper Day Outing	TBC	Wentworthville Shopping Plaza	Karishma - 96316575
Merrylands East Presbyterian Church	Ageing people	Women's Support Group	TBC	Merrylands Bowling Club Newman Street MERRYLANDS NSW 2160	Heba - 0404895030
Mission Australia. Rise and Shine Group	People living with mental illness	Pamper day	Monday, 11 October 2021	TBC Western Sydney	Helen - 0429489426
Myositis Association Inc	People living with a chronic illness	Myositis Association Celebrating Carers	Friday, 26 November 2021	Castle Hill Rsl 77 Castle CASTLE HILL NSW 2154	Frances - 0409913408
North West Disability Services	Adults (over 18 years of age but under 65 years of age) with a disability	Creative Avenue	Saturday, 16 October 2021	North West Disability Services 15A Conie Avenue BELLA VISTA NSW 2153	Deborah - 0431880248
Meraki Foundation	Adults (over 18 years of age but under 65 years of age) with a disability	Coffee and donut to go	Wednesday, 20 October 2021	TBC	Maria - 403029025



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
Playgroup NSW MyTime	Children (under 18 years of age) with a disability	Self Care Packs	TBC	Self Care Packs GLENDENNING	Rebecca - 0439010312
Rooty Hill Multicultural Carers Support Group	Other	Rooty Hill Multicultural Carers Support Group- Lunch	Saturday, 30 October 2021	Online	Gladys - 0407033782
Rooty Hill Multicultural Carers Support Group	Other	Rooty Hill Multicultural Carers Support Group- Dinner	Saturday, 30 October 2021	Online	Gladys - 0407033782
St Bishoy - Archangel Michael and St Bishoy Coptic Orthodox Church	All carers	Lunch and gift	Sunday, 10 October 2021	St Bishoy Hall 59 Methven Street, Mount Druitt MOUNT DRUITT NSW 2770	Nahid - 0401077502
St Joseph's Hospital	All carers	Thank you lunch for all family patients' carers	Wednesday, 13 October 2021	St Joseph'S Hospital In Jack Lang Auditorium 2a Normanby Road AUBURN NSW 2144	Patricia - 0296498941
St Michael Carers group - Archangel Michael and St Bishoy Coptic Orthodox Ch	All carers	BBQ and gifts	Saturday, 16 October 2021	Hall 59 Methven Street, Mount Druitt 59 Methven Street, Mount Druitt MOUNT DRUITT NSW 2770	Nahid - 0401077502
Sunnyfield	Adults (over 18 years of age but under 65 years of age) with a disability	Mums and Dads Morning Tea	Thursday, 25 November 2021	Sunnyfield Orchard Hills 30 Caddens Road ORCHARD HILLS NSW 2748	Jenny - 0450528017
Sunnyfield	Adults (over 18 years of age but under 65 years of age) with a disability	Mums and Dads Morning Tea	Thursday, 25 November 2021	Sunnyfield Orchard Hills 30 Caddens Road ORCHARD HILLS NSW 2748	Jenny - 0450528017
South West Sydney Local Health District Out of Home Care Health Pathways Program	Other	Clinical Healthcare Manager Carer Appreciation Event	Wednesday, 13 October 2021	Narellan Community Health Centre 14 Queen Street NARELLAN NSW 2567	Suzan - 0409011989
Synapse, Parramatta	Other	Synapse Carers Reconnections <b>Online Art Therapy</b>	Thursday, 14 October 2021	Online	Sonya - 1800673074



Name of organisation/group	Type of carers	Event	Event date	Event location	Contact
The Children's Hospital at Westmead	Children (under 18 years of age) with a disability	Carer Wellness Forum	Friday, 15 October 2021	The Children'S Hospital At Westmead Cnr Hainsworth And Hawkesbury Rd WESTMEAD NSW 2145	Kelly - 0298453590
Villawood Senior Citizens Centre	All carers	Carers' Luncheon	Monday, 25 October 2021	Villawood Senior Citizens Centre 29 Villawood Rd VILLAWOOD NSW 2163	Stella - 97263616
Western Sydney Palliative Care Volunteer Service	People living with a serious or terminal illness	Self care for Carers - Event and Morning tea	TBC	Mt Druitt Palliative Care Unit 75 Railway St MOUNT DRUITT NSW 2770	Kylie - 0427730596
Westmead Hospital Carer Program	All carers	Westmead Hospital - Carers Week Events	Monday, 11 October 2021	TBC Westmead	Joana - 0438387130

\*Please note the regions denote location of organisation/group, not event. Some events may be held outside of the listed region

\*All events current at the time of production

\*COVID-19 has meant that many events have changed or are TBC until restrictions change.





NATIONAL  
**CARERS  
WEEK**



**MILLIONS  
OF REASONS  
TO CARE**

## ONLINE EVENTS:

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Health & Wellbeing Stretch Therapy

Monday 11 October 2021  
@10.30am [Register here](#)

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Health & Wellbeing New Moves

Monday 11 October 2021  
@2.30pm [Register here](#)

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Launch Webiinar: From Caring to  
Employment: A Toolkit

Monday 11 October 2021  
@2.30pm [Register here](#)

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Family Fun Event: online games  
for all ages

Monday 11 October 2021  
@5.30pm [Register here](#)

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Health & Wellbeing Qigong

Tuesday 12 October 2021  
@2.30pm [Register here](#)

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Carer Skills: an introduction Webinar

Thursday 14 October 2021  
@10.30am [Register here](#)

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Health & Wellbeing Laughter Yoga

Thursday 14 October 2021  
@2.30pm [Register here](#)

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Health & Wellbeing Art & Writing

Friday 15 October 2021  
@10.00am [Register here](#)

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Launch: Building Resilient Brains  
Resource

Friday 15 October 2021  
@2.30pm [Register here](#)

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Music Event with Matt Boylan-Smith

Friday 15 October 2021  
@5.00pm [Register here](#)

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These online events are brought to you by Carers NSW.  
Find out more at [carersweek.com.au](http://carersweek.com.au) or contact  
[commsteam@carersnsw.org.au](mailto:commsteam@carersnsw.org.au) or 02 9280 4744.



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