

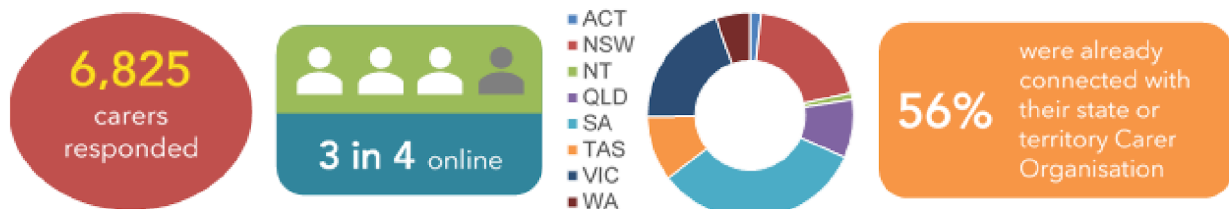
2022 NATIONAL CARER SURVEY

About the Survey

The biennial National Carer Survey is an initiative of Carers NSW in partnership with the State and Territory Carer Organisations. The Survey is proudly funded by the NSW Department of Communities and Justice. This year's National Carer Survey was conducted from June to July 2022 and received a total of 6,825 valid responses from carers across Australia.

A total of 6,825 carers from all 6 states and 2 territories of Australia participated in the 2022 National Carer Survey. The majority of respondents (76.6%) participated online, with 23.3% completing a paper version. Nearly 1,000 respondents who participated in the 2020 National Carer Survey agreed to link their data across the two Surveys. More than half (55.9%) of the carers who responded in 2022 were members of, or otherwise connected with, the Carer Organisation in their state or territory

A carer is any individual who provides care and support to a family member or friend who lives with a disability, mental illness, alcohol or drug dependency, chronic condition, terminal illness or who is frail due to age.



Survey design

The 2022 National Carer Survey questionnaire was developed by the Carers NSW Research team in close collaboration with an Academic Working Group, made up of researchers, stakeholders and carer representatives, and a State and Territory Working Group, comprising representatives from the State and Territory Carer Organisations. It was piloted with a number of carers and staff to improve clarity, accessibility and data quality. Ethics approval was obtained from the Macquarie University Faculty of Arts Human Research Ethics Committee (ref. no. 52020623314360).

2022 NATIONAL CARER SURVEY

About the Survey

p.2

There were a total of 77 questions across 6 sections, however, not all questions were compulsory and many could be skipped depending on prior responses. Most questions were the same as in prior questionnaires to allow for consistency and comparison over time. New questions included a substantially revised section on paid work, an added question on carers' own use of health and community services, and specific questions on the impacts of COVID-19 and recent natural disasters. Records indicate that the Survey took around 20 minutes to complete.

25 mins average
completion time

6 sections

77 questions



1. The caring relationship
2. The caring role
3. Services and supports
4. Paid work
5. Health and wellbeing
6. About the carer



Survey distribution

The 2022 National Carer Survey questionnaire was distributed in both online (via Survey Monkey) and paper formats to maximise participation. Participants were recruited through the websites and social media accounts of Carers NSW and the State and Territory Carer Associations and through their printed and email newsletters, as well as member and client databases and broader stakeholder networks. Media releases and paid social media promotion were also utilised to broaden the reach of the Survey beyond carers already in contact with carer services.

Promotion centred on the online version of the Survey, but paper copies were made available on request to individual carers, groups of carers and organisations supporting carers. More than 10,000 paper copies were distributed nationwide. Respondents were provided with the option of entering a prize draw to win one of eight iPads (one drawn for each state and territory) when completing the Survey.



1 in 2
Experienced
financial stress

1 in 7 Financial distress

8 prize draw
winners



58%
Carers

75%
General population



10,000
paper copies
distributed

2022 NATIONAL CARER SURVEY

About the Survey

p.3

Survey results

The final dataset was exported from Survey Monkey and cleaned, coded, and analysed using SPSS 22 statistical software. Removing identifiable duplicates, out of scope responses and empty surveys reduced the final number of responses to 6,825.

A number of publications reporting results from the 2022 National Carer Survey are already available to download from www.carersnsw.org.au/research/survey, and this list will continue to be added to throughout 2023.

The Carers NSW Policy and Research teams, the State and Territory Carer Organisations and researchers participating in the Academic Working Group will continue to analyse and report on the findings of the Survey and share these publications via the Carers NSW website and Carer Knowledge Exchange Research Library at www.carerknowledgeexchange.com.au.

Data and analysis requests

The Carers NSW Research team welcomes requests for data analysis and proposed publishing partnerships from university-affiliated researchers, government agencies, not-for-profit organisations and other interested parties, subject to our university ethics and funder requirements.

For more information about the 2022 National Carer Survey, please contact the Carers NSW Research team

✉ research@carersnsw.org.au

☎ 02 9280 4744

The screenshot shows the '2022 NATIONAL CARER SURVEY' title and a 'SELECTION QUESTIONS' section. It includes instructions for completing the survey, a list of states and territories to select from, and questions about the respondent's role as a carer and their relationship to the person they care for. Logos for Carers Australia and its state/territory branches are at the bottom.

Carers NSW Australia

2022 NATIONAL CARER SURVEY

Thank you for taking the time to complete this survey. By sharing your opinions and experiences, you will help the State and Territory Carer Organisations advocate for greater recognition and support of carers across Australia. Please take the time to read the enclosed Participant Information and Consent Form prior to participating.

There are two ways you can complete the survey:

- 1) Online via the website <http://bit.ly/2022NationalCarerSurvey> by 31 July 2022
- 2) By completing this form and returning it in the reply paid envelope provided, no later than 31 July 2022

The survey should take you approximately 20 minutes depending on your responses. You can leave any question blank if it does not apply to you, or if you would prefer not to answer. Your responses will be anonymous.

At the end of the survey, you will be asked whether you would like to be contacted for a follow-up study on the long-term effects of caring in 2024. You can participate in this survey regardless whether you choose to be part of the follow-up study.

By completing and returning this survey you indicate that you have read the enclosed Participant Information and Consent Form, that you voluntarily agree to participate, and that you are at least 15 years of age.

If you completed the 2020 National Carer Survey and agreed to participate in this year's follow up study, a unique code should appear in the bottom left of this page. If you would like to complete this survey online you can enter this code in the online version on <http://bit.ly/2022NationalCarerSurvey>

If you have any questions about this survey, please contact the Carers NSW Research team on 02 9280 4744 or email research@carersnsw.org.au

SELECTION QUESTIONS

1. In which state or territory do you live?
☐ Australian Capital Territory
☐ New South Wales
☐ Northern Territory
☐ Queensland
☐ South Australia
☐ Tasmania
☐ Victoria
☐ Western Australia
2. Do you look after someone (or help look after someone) who has a disability, mental illness, drug or alcohol dependency, chronic condition, dementia, learning or sensory illness, or who needs care due to ageing?
☐ Yes
☐ Not currently, but I have in the past
☐ No (Unfortunately you do not fit our respondent profile. Thank you for your interest.)
3. Is/was this person your family member, friend or neighbour?
☐ Yes (If you currently provide care please go to Question 4. If you no longer provide care please go to Question 1B)
☐ No, I care for the person as paid work (i.e. nurse, support worker). Unfortunately you do not fit our respondent profile. Thank you for your interest.)
☐ No, I care for the person as a formal volunteer. Unfortunately you do not fit our respondent profile. Thank you for your interest.)

Carers Australia ACT Carers NSW Australia Carers NT Australia Carers QLD Australia Carers SA Australia Carers TAS Australia Carers VIC Australia Carers WA Australia