

## Why participate in the 2024 National Carer Survey?

The National Carer Survey is developed together with academics and carers and received more than 6,000 respondents in 2020 and 2022. It is a great opportunity for carers in Australia to have a say about their experiences, what works and what doesn't work for them, and which supports they need. With your help we hope to continue the success of the previous surveys in 2024.

### Because advocating for changing needs requires up-to-date evidence

Responses to the National Carer Survey help the State and Territory Carer Organisations to better understand the experiences and support needs of carers, allowing them to improve awareness and support for carers across Australia. The survey results are used in policy submissions, resources for carers and stakeholders, conference presentations, academic publications, and inform grant applications and project and service design.

The 2022 National Carer Survey received **6,825 valid responses** from across Australia. The results from 2020 and 2022 have shown that the experiences and needs of carers are continuously evolving. Significantly, COVID-19 and the rising costs of living have changed the challenges carers face. Economic pressures have increased significantly, and while the pandemic has caused social isolation and stress for many, improved access to telehealth and working from home helped many carers to better manage their caring responsibilities.

These findings show that up-to-date evidence is important to inform responses to ever-changing challenges.

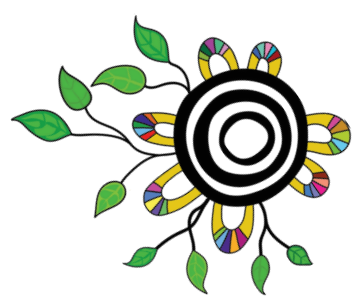
### Because the National Carer Survey anchors the carer voice in research

The National Carer Survey is developed with academics, ensuring its scientific rigour, as well as with carers who bring their voice and lived experience. This makes the National Carer Survey a research resource with a unique connection to carers' lives. Carers NSW partners with a range of academics and organisations to make sure that survey data is accessible and is providing a carer voice to research.

For this purpose, National Carer Survey data and analysis has been provided to universities and research institutes including UNSW, The University of Sydney, Western Sydney University, Macquarie University, The University of Melbourne, the University of Technology Sydney, the University of Adelaide, the University of South Australia and Flinders University, as well as the Australian Institute of Health and Welfare.

National Carer Survey data also underpins two successful Australian Research Council grants with leading research partners, has been published in 57 conference presentations and five academic journal articles since 2020, as well as reports and fact sheets that are easily accessible through the [Carers NSW website](#).





## Why participate in the 2024 National Carer Survey?

### Because the National Carer Survey helps shape the conversation about care

Because Carers NSW and the State and Territory Carer Organisations can directly draw on evidence from the National Carer Survey in their advocacy work and for planning support, responding to the National Carer Survey is one of the most efficient ways to make your voice heard.

The many references by decision makers and relevant stakeholders to data from the National Carer Survey show the influence that responses to the National Carer Survey have on national policy discussions. National Carer Survey data has been used among other places:

- By the [Fair Work Commission in their Discussion Paper on Work and Care](#) as part of the review of Modern Awards
- As evidence in the [House of Representatives Standing Committee on Social Policy and Legal Affairs Inquiry into the recognition of unpaid carers](#)
- By the [Productivity Commission in their Position Paper on Carer Leave](#), showing the need for flexible, funded Carer Leave
- As evidence in the hearings and reports of the [Senate Select Committee on Work and Care](#)
- As evidence in the ["Report on Purpose, Intent and Adequacy of the Disability Support Pension" by the Senate Community Affairs References Committee](#), highlighting the need to increase the Disability Support Pension.

### [Help make the carer voice heard in research and advocacy by completing the 2024 National Carer Survey!](#)

For more information about the how National Carer Survey data is used, please email [research@carersnsw.org.au](mailto:research@carersnsw.org.au) or phone 02 9280 4744.

