

## Future Care Planning

Unexpected events are part of life and can be an extremely stressful time for families. However, this stress can be minimized if there are plans in place.

Planning and conversation are two of the most valuable ways in approaching Future Care Planning. When Future Planning, you can discuss your wishes in advance, put things in writing, get your affairs in order, complete relevant documents, and tell your family where your documents are kept.

It is one of the greatest gifts you can give to those you love. It is always practical and helpful to keep your documents in order, labelled and in an easy to find place. Complete the table below to have a quick reference of your Future Planning documents.

LEGAL DOCUMENTS	YES	NO	WHERE IS THE DOCUMENT KEPT?
Advance Care Directive	<input type="checkbox"/>	<input type="checkbox"/>	
Enduring Guardianship (EG)	<input type="checkbox"/>	<input type="checkbox"/>	
Enduring Power of Attorney (EPOA)	<input type="checkbox"/>	<input type="checkbox"/>	
Power of Attorney (POA)	<input type="checkbox"/>	<input type="checkbox"/>	

Will	<input type="checkbox"/>	<input type="checkbox"/>	
Trusts	<input type="checkbox"/>	<input type="checkbox"/>	
Superannuation Fund Name:	<input type="checkbox"/>	<input type="checkbox"/>	Have you nominated beneficiaries? Y <input type="checkbox"/> N <input type="checkbox"/> <i>If yes, list here.</i>
<b>NON-LEGAL DOCUMENTS</b>			
Online accounts (including social media) – login and password details	<input type="checkbox"/>	<input type="checkbox"/>	
Legacy and love documents	<input type="checkbox"/>	<input type="checkbox"/>	
<b>FUNERAL PLANNING</b>			
Do you have funeral arrangements in place i.e. prepaid funeral, funeral bond or funeral insurance?	<input type="checkbox"/>	<input type="checkbox"/>	

## Glossary of Terms

Advance Care Directive	An advance care directive is an important part of your end-of-life care. A component of the Advance Care Plan. The directive can contain all your health care needs, values and preferences for your future care and details of a substitute decision maker.
Enduring Guardianship	<p>An Enduring Guardian is someone you appoint to make lifestyle, health and medical decisions for you when you are not capable of doing this for yourself. Your Enduring Guardian may make decisions such as where you live, what services are provided to you at home and what medical treatment you receive.</p> <p>Enduring Guardianship only comes into effect if or when you lose capacity and will only be effective during the period of incapacity, therefore, it may never become operational. However, it is a good way to plan for the future, particularly for unforeseen situations.</p>
Enduring Power of Attorney (EPOA)	An Enduring Power of Attorney is a legal representative that a person can appoint in advance to manage their assets and financial matters on their behalf. This role can become part of the caring role if the person you care for is no longer able to make certain decisions for themselves due to impaired capacity.
Power of Attorney (POA)	<p>A Power of Attorney is a legal document in which the person you care for appoints someone they trust or a trustee organisation to manage their assets and financial affairs, known as their Power of Attorney while they are alive.</p> <p>It can be useful to have a Power of Attorney if you become unwell and are no longer able to manage your financial affairs. You can</p>

	make an Enduring Power of Attorney which will continue to have effect after you have lost your capacity to self-manage.
Superannuation Nominated Beneficiaries	A superannuation beneficiary is the person/people who you nominate to receive your <u>superannuation</u> money if you die. Nominating a beneficiary/beneficiary ensures your super is paid out to those who you'd like it to go to. Your nominated super beneficiary must be a dependent; a person dependent on you financially, a child, a spouse (including de facto partners). Superannuation nominated beneficiaries can be legally binding and non-binding.
Will	Your Will <i>is a legal document with instructions for who you want to inherit your estate, care for your children and be the executor of your estate.</i>
Trusts	Under Australian law, a trust is not a separate legal entity like a person or company, but an estate planning tool that puts a person or entity in charge of holding an individual's assets in an account for the benefit of another person or people.