

Young Carer Inclusion Network

The Young Carer Inclusion Network brings together service providers and professionals engaging with young people in NSW to improve the identification and support of young carers* through:

- **identifying gaps** in mainstream service sectors (e.g. health, education)
- **building the capacity** of professionals to identify young carers
- **streamlining access to support** for young carers



Does your school know you are a young carer?



Do you receive support as a young carer at university or TAFE?



Do you see a psychologist or a counsellor?



Do you chat with your doctor about challenges relating to your caring role?



Do you attend any after school or weekend programs in the community?

Do you have ideas for how young carers can get better recognition and support in these settings?

Young carers over the age of 16 can share their experiences and ideas with professionals and service providers that participate in the Young Carer Inclusion Network through:

- Attending meetings as a guest speaker
- Providing feedback on documents and resources developed by the Network
- Participating in the Young Carer Inclusion Network reference group

To find out more about these opportunities, please phone 02 9280 4744 or email yc@carersnsw.org.au.

To get involved, please complete our online form:
bit.ly/ycin_yc



** Young carers are children and young people aged 25 years or under who help to support a family member or friend living with a disability, mental illness or health condition.*