

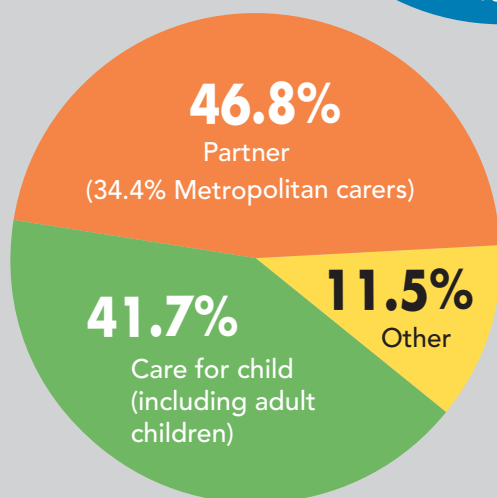
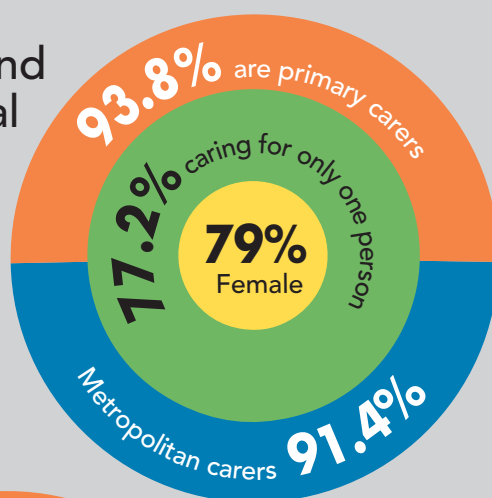
Carers living in rural and regional NSW

7735 carers surveyed - 2751 located in rural and regional areas

Carer Profile



Rural and regional carers

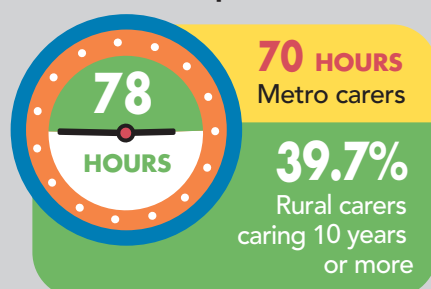


Who they care for

Average age of carer



Average time caring per week



Finances



Household income



53.7%

Rural carers have an annual household income of less than \$50,000

Financial stress



49.8%

Of regional and rural carers experienced no financial stress in last 12 months

In financial distress



Spending



24.1%

Spend **more** money than received in a month



34.8%

Unable to raise \$2,000 in a week for something important

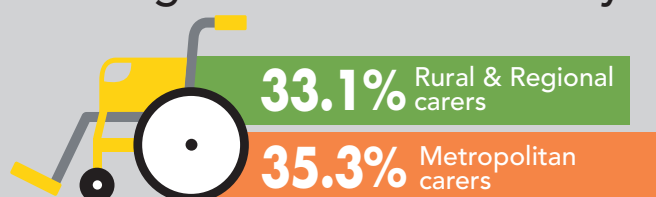
Carers living in rural and regional NSW

7735 carers surveyed - 2751 located in rural and regional areas

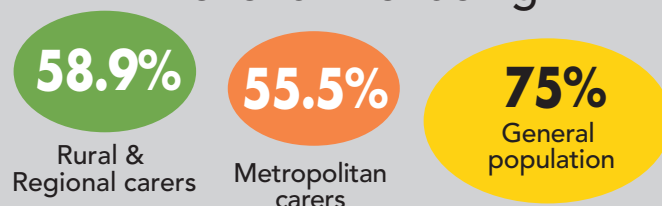
Health and Wellbeing



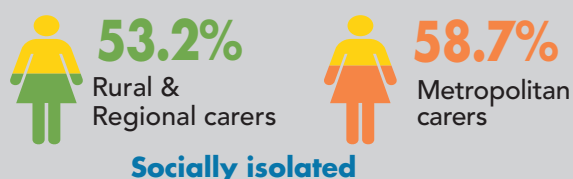
Long-term illness/disability



Level of wellbeing



Level of social isolation



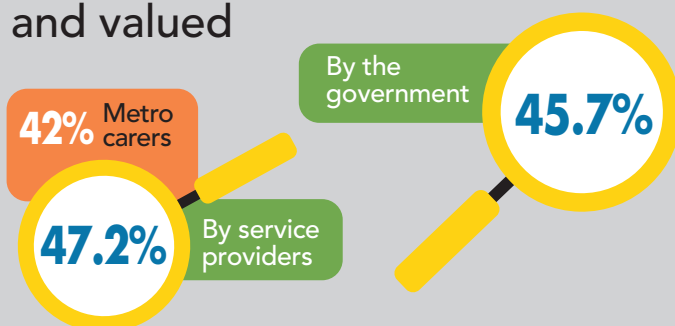
Psychological distress



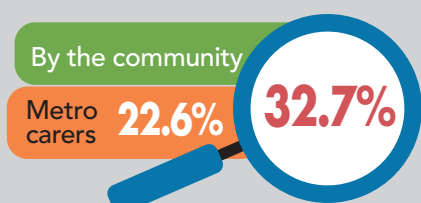
Recognition and Support



Carer role **NOT** recognised and valued



Carer role recognised and valued



Support service type used



Carer support

