

YOUNG CARERS

CHILDREN AND YOUNG PEOPLE, 25 YEARS OR UNDER, WHO HELP SUPPORT A FAMILY MEMBER OR A FRIEND WITH A DISABILITY, MENTAL ILLNESS, DRUG AND ALCOHOL ISSUE, CHRONIC CONDITION, TERMINAL ILLNESS OR WHO IS FRAIL!



WHO CARES?

THE YOUNG CARER PROGRAM SUPPORTS AND CONNECTS YOUNG CARERS THROUGH INFORMATION, REFERRAL, COUNSELLING, ACTIVITIES, LEADERSHIP OPPORTUNITIES, WEBSITE, NEWSLETTERS AND MUCH MORE!!!

FOR INFORMATION, SUPPORT OR TO JOIN THE YOUNG CARER COMMUNITY CALL

1800 242 636

OR VISIT **YOUNGCARERSNSW.ORG.AU**

