



WHO CARES?

YOUNGCARERSNSW.ORG.AU



YOUNG CARERS
CARERS NSW



YOUNG CARERS

ARE YOU 25 YEARS OR UNDER?
HELPING TO CARE FOR A FAMILY
MEMBER OR FRIEND WHO HAS
A DISABILITY, MENTAL ILLNESS,
DRUG OR ALCOHOL DEPENDENCY,
CHRONIC CONDITION, TERMINAL
ILLNESS OR WHO IS FRAIL?

WE CAN SUPPORT YOU!

Check out our website:

YOUNGCARERSNSW.ORG.AU



YOUNG CARERS

The Young Carer Program supports and connects young carers through:

- Information & referral
- Counselling
- Leadership opportunities
- Activities
- Interactive website
- Newsletters

And much more!

CONTACT THE YOUNG CARER TEAM

1800 242 636*

9AM - 5PM / MON-FRI

* Free call except from mobile phones.

YC@CARERSNSW.ORG.AU



Keep me in your wallet!

If you're a Young Carer living in NSW, why not join the YC Community? Please fill out your details below

Full name:

Address: Postcode:

Phone: Mobile:

Email (to be signed up to YC E-news):

Date of Birth: Male Female

Cultural background (e.g. Aboriginal, Chinese):

Name of Parent/Guardian:

I care for my: Parent/Guardian Sibling Grandparent Other:

Their name(s) is/are:

They have a: Disability Long-term illness Mental illness Drug/Alcohol dependency

Details of disability/illness:

Where did you hear about the Young Carer Community?

I consent to my details being passed onto my local Commonwealth Respite & Carelink Centre: Y N

Please place this sign up card in an envelope (no stamp required) and send to:

YC Team, Carers NSW, Reply Paid 88594, North Sydney NSW 2059. F: 02 9280 4755 E: yc@carersnsw.org.au

Carers NSW ensures that the personal information provided will be handled in accordance with the principles set out in the Privacy Amendment (Privacy Sector) Act 2000.