



# Family Carer Education



## Sydney

# Family Carer Education 2018

**Dementia Australia provides free-of-charge education and awareness to assist families and friends caring for a person with dementia.**

All programs incorporate an understanding of dementia, strategies for maintaining effective communication and ways to promote independence, self esteem and enjoyment for you and the person with dementia.

Programs and sessions are facilitated in an interactive group format to provide participants an opportunity to meet other carers, families and friends who share a similar experience.

All sessions include refreshments.

**Gold coin donations appreciated.**

### To register

**Phone:** (02) 8875 4640 or

**Email:** [nsw.education@dementia.org.au](mailto:nsw.education@dementia.org.au)

### Do you need respite to attend?

Please contact the Commonwealth Respite and Carelink Centre on 1800 052 222 or your current service provider.

### CONTACT

Building 21, 120 Coss Road, North Ryde, NSW 2113

P O Box 6042, North Ryde 2113

**T** (02) 9805 0100 | **F** (02) 8875 4665

**E** [nsw.education@dementia.org.au](mailto:nsw.education@dementia.org.au)

### REGIONAL OFFICES

Bega, Newcastle, Port Macquarie,  
Coffs Harbour, Sutherland, Wingecarribee,  
Blacktown and Illawarra



### 3 Day Carer Program

**Dates:** Mondays 5, 12 and 19 March 2018

**Time:** 10am to 2.30pm

**Day 1:** The nature of dementia  
Effective communications and activities

**Day 2:** Understanding & responding to behaviours

**Day 3:** Carer wellbeing  
Community services and planning ahead

### 4 Evening Carer Program

**Dates:** Wednesdays 16, 23 & 30 May and 6 June

**Time:** 6pm to 8.30pm

**Day 1:** The nature of dementia

**Day 2:** Effective communications and activities

**Day 3:** Understanding & responding to behaviours

**Day 4:** Carer wellbeing  
Community services and planning ahead

### Family & Friends

**Dates:** Wednesday 21 February 2018 **OR**  
Tuesday 1 May 2018

**Time:** 6pm to 8.30pm

Dementia awareness presentation to assist friends and extended family not in a direct caring role. This session provides information to strengthen the relationship with the person with dementia and helpful strategies for quality engagement. This program will also provide links to support services in your local area.

This program is supported by financial assistance from the Australian Government and the NSW Government.

# REGISTRATION FORM FOR NORTH RYDE CARER EDUCATION WORKSHOP

EMAIL TO NSW.EDUCATION@DEMENTIA.ORG.AU OR MAIL TO P O Box 6042 NORTH RYDE 2113 OR FAX 02 8875 4665

3 Day carer course		10am to 2.30pm	
4 Evening carer course		6pm to 8.30pm	
Family and Friends information evening		6pm to 8.30pm	
Family and Friends information evening		6pm to 8.30pm	

About You: Primary Support Person (Please complete one form per person attending)					
Title:	First name:	Last name:			
Preferred Name:	Date of Birth:	Gender:			
Address:	Suburb	Post Code			
Phone (H):	Phone (Mob):	Phone (W):			
Email:					
Preferred contact method: <input type="checkbox"/> Home phone <input type="checkbox"/> Work phone <input type="checkbox"/> Mobile <input type="checkbox"/> Email <input type="checkbox"/> Letter					
Indigenous status:	<input type="checkbox"/> Aboriginal	<input type="checkbox"/> Torres Strait Islander	<input type="checkbox"/> Both	<input type="checkbox"/> N/A	
Employment status:	<input type="checkbox"/> Full time	<input type="checkbox"/> Part time	<input type="checkbox"/> Casual	<input type="checkbox"/> Seasonal	<input type="checkbox"/> Not in paid employment
Do you have hearing/vision difficulties:			Do you have mobility issues:		
Do you have other health concerns:					
Your country of birth:			Language you speak at home:		
Interpreter needed <input type="checkbox"/> Yes <input type="checkbox"/> No			Relationship to person with dementia:		
Your accommodation:	<input type="checkbox"/> Private residence	<input type="checkbox"/> Other (specify):			
Other services you receive:					
Your living arrangements:	<input type="checkbox"/> Live alone <input type="checkbox"/> Live with your family <input type="checkbox"/> Lives with your spouse				
How did you hear about us?					
Who do you care for?					
Any dietary requirements?					

<b>Dementia information:</b>	Please complete this even if the person with dementia is not intending to receive services from us as it will assist with future service planning				
Has a diagnosis of dementia been made?	<input type="checkbox"/> Yes	<input type="checkbox"/> No	Date (approx.):		
Type of dementia:					
Diagnosed by (name & role):					

**Consent:** I agree to:

- Allow Dementia Australia to collect and record my information for service provision:  Yes  No
- Receive mail on service related activities:  Yes  No
- My information being passed to agreed third party/ies for referral to services or to maintain a coordinated approach to my health care:  Yes  No
- Receive information about dementia related news, events, forums etc.:  Yes  No
- Receive information about Dementia Australia fundraising events and activities  Yes  No
- Being contacted to participate in evaluation or research activities by Dementia Australia or related bodies:  Yes  No
- Receive information about opportunities to be consulted on products, programs and services  Yes  No
- I am interested in opportunities to share my story to raise awareness of dementia:  Yes  No
- My preferred contact method is:  Email  Mail  No mail at all please



Sign and Date: \_\_\_\_\_