

CARERS NSW 2018 BIENNIAL CONFERENCE

'Caring: Yesterday, Today, Tomorrow'

DAY 1: THURSDAY 11 October

8:30-9:00am	Registration/Tea and coffee on arrival Level 1, Novotel Sydney Olympic Park
9:00-9:30am	Plenary 1: Opening Day One Conference welcome <i>Elena Katrakis, CEO, Carers NSW</i> Welcome to Country <i>Uncle Allen Madden, Gadigal Elder, Eora Nation</i> Official Conference opening <i>The Hon Scott Farlow, MLC</i>
9:30-10:15am	Keynote 1: Inclusion/Working Carer Positive: Supporting working carers in Scotland <i>Sue McLintock, Manager, Carer Positive Awards, Carers Scotland</i>
10:15-10:45am	Keynote 2: Connectivity Digital Inclusion in Australia <i>Professor Julian Thomas, Director of the Social Change Enabling Capability Platform and Director of the Technology, Communications and Policy Lab, Digital Ethnography Research Centre, RMIT University</i>
10:45-11:00am	MORNING TEA
11:00am - 12:00pm	Plenary 2: Q&A Panel - Going Digital: Solutions for carer inclusion Moderated by Fenella Kernebone, Head of Curation, TEDxSydney and responsible for leading the programming for one of the largest TEDx events in the world. Panellists: <ul style="list-style-type: none">• <i>Professor Julian Thomas, Director of the Social Change Enabling Capability Platform and Director of the Technology, Communications and Policy Lab, Digital Ethnography Research Centre, RMIT University</i>• <i>Jessica Perrin, Digital Inclusion and Social Innovation Manager, Infoxchange</i>

	<ul style="list-style-type: none"> • <i>Jessica Wilson, National Director, Good Things Foundation, Australia</i> • <i>Richard Scenna, Co-Founder, YourLink</i> • <i>Sadie Arida, Young Carer</i> 			
12:00-1:00pm	Concurrent Session One			
Room/Location	Freshwater 1&2	Marine Room	Forest Room	Freshwater 3
Streams	Connectivity	Inclusion	Resilience	Working Carers
12:00-1:00pm	<p>Cross sector collaboration for outcomes in Indigenous Early Childhood Early Intervention</p> <ul style="list-style-type: none"> • <i>Dylan Reynolds, Executive General Manager, Allied Health and Community Support, Growing Potential Ltd</i> • <i>Joseph Archibald, Manager Aboriginal Service Development, Growing Potential Ltd</i> 	<p>Supporting Young Carers in Education</p> <ul style="list-style-type: none"> • <i>Natalie Steinhardt Young Carer Project Officer, Carers NSW</i> • <i>Sarah Abi-Khattar, Young Carer Project Officer, Carers NSW</i> • <i>Sadie Arida, Young Carer Leader</i> 	<p>Underestimating and excluding carers: Some questions for Australian Policy Makers</p> <ul style="list-style-type: none"> • <i>Professor Michael Fine, Honorary Professor, Department of Sociology, Macquarie University</i> 	<p>Projections of economic impacts of early retirement in informal carers: Results from a microsimulation model Care&WorkMOD</p> <ul style="list-style-type: none"> • <i>Dr Melanie Zeppel, Senior Research Fellow, GenIMPACT, Centre for Economic Impact of Genomic Medicine, Macquarie University.</i>
	<p>Engaging Fathers of Children with Delay or Disabilities: Parenting and Caring Roles in Early Childhood</p> <ul style="list-style-type: none"> • <i>Melo Kalemkeridis, Lead Peer Facilitator, Plumtree Children's Services Inc</i> 	<p>Hidden carers? Understanding the needs of carers of people with HIV in the contemporary treatment era</p> <ul style="list-style-type: none"> • <i>Myra Hamilton, Senior Research Fellow, Social Policy Research Centre, University of New South Wales</i> 	<p>Developing a Framework for Carer Recognition: The foundation for future proofing carer inclusion</p> <ul style="list-style-type: none"> • <i>Cathy Duncan, Research Fellow, Australian Health Service Research Institute, University of Wollongong</i> • <i>Greg Smith, Founder, Men Care Too</i> • <i>Tom Hinton, Policy and Development Officer, Carers NSW</i> 	<p>Flexible working arrangements and carers: motivations and challenges</p> <ul style="list-style-type: none"> • <i>Dr Hugh Bainbridge, Senior Lecturer, School of Management, Business School, University of New South Wales</i> • <i>Freya Saich, Policy and Development Officer, Carers NSW</i>

1:00-1:45pm	LUNCH			
1:45-2:45pm	<p>Plenary 3: Carer Panel – A Conversation with Carers Facilitated by Jean Kittson, commentator, actor, award winning comedian, author and regular panellist on ABC Radio Sydney drive time and ‘Thank God It’s Friday.’</p> <p>Carer Panellists: <i>Kate Grey, Anthony Kachenko, Tammy Wang, Kirsten Baird-Bate, Tania Teague</i></p>			
2:45-3:30pm	<p>Keynote 3: Inclusion Co-designing tomorrow <i>Don Ferguson, Group Executive, Integrated Care, icare NSW</i></p>			
3:30-3:45pm	AFTERNOON TEA			
3:45-4:45pm	Concurrent Session Two			
Room Allocated	Freshwater Ballroom 1&2	Marine Room	Forest Room	Freshwater 3
Streams	Connectivity	Co designing with carers	Resilience	Working Carers - Masterclass
3:45-4:45pm	<p>Making visible the lived experiences of mothers of children with Autism Spectrum Disorder: Emerging themes</p> <ul style="list-style-type: none"> <i>Kirsten Baird-Bate, Research Candidate, Queensland University of Technology</i> <p>Google and YouTube as resources to evaluate and address the unmet needs of caregivers of stroke survivors</p> <ul style="list-style-type: none"> <i>Alexandra M.J. Denham,</i> 	<p>The value of co-design with carers</p> <ul style="list-style-type: none"> <i>Lisa Sandrk, Advisor, NSW Mental Health Commission</i> <i>Anne Stedman, Carer and member of Lived Experience Advisory Group, NSW Mental Health Commission</i> <p>Co-designing with Carers – moving from sticky notes and problems to designing new service ideas and ways of working</p> <ul style="list-style-type: none"> <i>Kek Tai, Senior Program</i> 	<p>The importance of feeling heard: Parent carers' perspectives on their relationships with complex service systems</p> <ul style="list-style-type: none"> <i>Pam Joseph, Lecturer, School of Education and Social Work, University of Sydney</i> <p>How to face the challenge of a carer: One carers journey, start to finish and beyond</p> <ul style="list-style-type: none"> <i>Maria Heaton, Member,</i> 	<p>Carer Positive: Sharing best practice in how employers can support carers</p> <ul style="list-style-type: none"> <i>Sue McLintock, Manager, Carer Positive Awards, Carers Scotland</i>

	<p><i>PhD Student and Research Assistant, University of Newcastle</i></p>	<p><i>Manager, Carer Services, Anglicare Sydney</i></p> <ul style="list-style-type: none"> <i>Rachel Dunne, Social Policy and Research Unit, Anglicare Sydney</i> <i>Andrew Dhuong, Carer Reference Group member, Anglicare Sydney</i> 	<p><i>NSW Carers Advisory Council and Paediatric Clinical Nurse Consultant, Palliative Care, Sydney Children's Hospital, Randwick</i></p>	
<p>4:45-5:15pm</p>	<p style="text-align: center;">Poster Board Presentations</p>			
<p>4:45-5:15pm</p>	<p>Recognising Sydney Local Health District Staff for Recognising Carers</p> <ul style="list-style-type: none"> <i>Kim Brauer, Manager, Sydney Local Health District Carers Program</i> <i>Madeline Schmidt, Coordinator, Sydney Local Health District Carers Program</i> <i>Caitlin Wheelahan, Carer Project Coordinator, Sydney Local Health District Carers Program</i> <p>The Meeting Centre Support Program</p> <ul style="list-style-type: none"> <i>Amal Madani, Director, Reframing Ageing, 3Bridges Community</i> <i>Dragana Bozinovski, Counsellor, 3Bridges Community</i> <p>Men Care Too</p> <ul style="list-style-type: none"> <i>Greg Smith, Founder, Men Care Too</i> <p>Admission2Discharge Together – A tool for improving hospital journeys and health outcomes for carers and the person they care for</p> <ul style="list-style-type: none"> <i>Anne Funke, Social Worker/Disability Carer Advocate, Kogarah Developmental Assessment and Metro-Regional-Intellectual-Disability Network, South East Sydney Local Health District</i> <i>Lif O'Connor, Clinical Nurse Consultant, Kogarah Developmental Assessment and Metro-Regional-Intellectual-Disability Network, South East Sydney Local Health District</i> <p>Emergency/Respite Care Plan Templates - a community development approach</p> <ul style="list-style-type: none"> <i>David Crew, Manager, Yarkuwa Indigenous Knowledge Centre</i> <i>Deidre Hamilton, Carers Project Worker, Yarkuwa Indigenous Knowledge Centre</i> <i>Jennifer Townsend, Aboriginal Carers Project, Yarkuwa Indigenous Knowledge Centre</i> 			

	<p>Hireup - an online platform revolutionising the Australian disability sector</p> <ul style="list-style-type: none"> <i>Sarah Peddie-McGuirk, National Head of Community Engagement, Hireup</i>
5:15-6:00pm	<p>Networking Function (drinks and canapes) including Carers + Employers Program Launch</p> <p>Pre Function Area</p> <p>Carers + Employers Program Launch attended and launched by The Hon Ray Williams MP, Minister for Disability Services</p> <p>Entertainment by Sydney Acoustic Duo</p>
6:15-10:30pm	<p>Conference Dinner and NSW Carers Awards</p> <p>Freshwater Ballroom</p> <p>Carers Awards attended and presented by The Hon Ray Williams MP, Minister for Disability Services</p> <p>Master of Ceremonies – Ian ‘Danno’ Rogerson, broadcaster, program maker, writer and current presenter of ‘Drive of Sydney’ 2CH</p> <p>Entertainment by award winning singer song writer, Darren Coggan</p>

DAY 2: FRIDAY 12 October

9:00-9:15am	<p>Opening Day Two</p> <p>Welcome and Reflection on Day One</p> <p><i>Elena Katrakis, CEO, Carers NSW</i></p>
9:15-10:00am	<p>Keynote 4: Resilience</p> <p>Carer resilience: ways forward for evidence-based policy and practice</p> <p><i>Dr Mary Larkin, Senior Lecturer, Health and Social Care, Faculty of Wellbeing, the Open University, UK</i></p>
10:00-10:30am	<p>Plenary 4:</p> <p>Carers Needs and Policy Context</p> <p><i>Professor Marian Baird, Professor of Gender and Work & Chair of the Discipline of Work and Organisational Studies, University of Sydney Business School</i></p>
10:30-10:45am	<p>MORNING TEA</p>

<p>10:45-11:30am</p>	<p>Plenary 5: Panel: NSW Department of Family and Community Services Carers Investment Program - Innovative projects championing new ways of supporting carers Facilitated by Helen McFarlane, Manager, Strategy, Design & Stewardship, Carers, NSW Department of Family and Community Services</p> <p>Panellists</p> <ul style="list-style-type: none"> • <i>Kath Walsh, Project Leader Catholic Care, Wollongong - Deadly SIBS Project</i> • <i>Leonie Winner, State Manager, NSW/ACT, Conservation Volunteers Australia - Green Gym project</i> • <i>Terry Robb, Executive Manager, Service Delivery and Quality, Mid Coast Communities - NDIS Rollout Project</i> • <i>Kishen Kaurah, Mobile-Enabled Consumer Products Manager, Program and Product Development NPS - MedicineWise Carers Project</i> 			
<p>11:30am – 12:30pm</p>	<p style="text-align: center;">Concurrent Session Three</p>			
<p>Room Allocated</p>	<p style="text-align: center;">Freshwater Ballroom 1&2</p>	<p style="text-align: center;">Marine Room</p>	<p style="text-align: center;">Forest Room</p>	<p style="text-align: center;">Freshwater 3</p>
<p>Streams</p>	<p style="text-align: center;">Connectivity</p>	<p style="text-align: center;">Inclusion</p>	<p style="text-align: center;">Resilience</p>	<p style="text-align: center;">CALD Carers</p>
<p>10:45-11:30am</p>	<p>Services making the link</p> <ul style="list-style-type: none"> • <i>Lisa Moloney, Senior Manager, Relationship and Specialist Support Services, Interrelate</i> • <i>Helen Isenhour, Manager, Headspace Gosford and Lake Haven</i> <p>EDIE (Educational Dementia Immersive Experience) for carers and families</p> <ul style="list-style-type: none"> • <i>Sandra Kay, EDIE for Carers Project Officer, Dementia Australia</i> 	<p>Putting the care back in carers</p> <ul style="list-style-type: none"> • <i>Prue Warrilow, Chair, NSW Carers Advisory Council</i> • <i>Pam Webster, Deputy Chair, NSW Carers Advisory Council</i> <p>Initial research findings of the Centre for Carers Research</p> <ul style="list-style-type: none"> • <i>Susan McCormick, Manager, Social Research, Policy and Consulting, Institute for Public Policy and Governance, University of Technology Sydney</i> 	<p>Ensuring sustainability and fairness: approaches to carers' rights and recognition in Australia and the UK</p> <ul style="list-style-type: none"> • <i>Dr Kate O'Loughlin, Associate Professor, Ageing, Work and Health, Research Unit, Faculty of Health Sciences, University of Sydney</i> <p>Supporting carers to navigate the complaints sector: A new initiative</p> <ul style="list-style-type: none"> • <i>Helen McFarlane, Manager, Strategy Design and Stewardship, Carers, Department of Family and Community Services</i> • <i>Sarah Judd-Lam, Manager,</i> 	<p>What do CALD carers need most?</p> <ul style="list-style-type: none"> • <i>Carol Ismail, Policy Officer, Carers NSW</i> • <i>Selen Akinci, Senior Project Officer, Multicultural Communities Council of Illawarra</i> <p>Building capacity of CALD carers through inclusion, empowerment and support</p> <ul style="list-style-type: none"> • <i>Anica Petkovski, CALD Carer Support Project Officer, Multicultural Communities Council of the Illawarra</i> • <i>Patricia Laranjeira, Coordinator, Carer Support</i>

			<i>Policy and Research, Carers NSW</i>	<i>Program, Multicultural Communities Council of the Illawarra</i>
12:30-1:15pm	LUNCH			
12:30-1:15pm	Lunch and Learn: Delegates are invited to attend a ‘Financial Awareness’ session delivered by Anthea Dang, Wealth Advisor, Macquarie Wealth Management Topics covered: Budgeting 101, Financial Protection for Carers and Aged care basics and Centrelink. Marine Room			
1:15-1:45pm	Plenary 6: How NSW Health is enhancing palliative care support for carers <i>Tish Bruce, Executive Director, Health and Social Policy Branch, NSW Ministry of Health</i>			
1:45-2:15pm	Plenary 7: Lessons learnt by the NSW Ombudsman about improving the handling of complaints by carers about disability and mainstream services <i>Steve Kinmond, NSW Community and Disability Services Commissioner and Deputy Ombudsman</i>			
2:15-3:15pm	Concurrent Session Four			
Room Allocated	Freshwater Ballroom 1&2	Marine Room	Forest Room	Freshwater 3
Streams	Program Snapshots	Inclusion	Resilience	Working Carers
2:15-3:15pm	Resilient Carer Program: an innovative training program for carers <ul style="list-style-type: none"> <i>Raine Kornfeld, Developer, Resilient Carer Program, Carer Support Service</i> Does respite support carer resilience? <ul style="list-style-type: none"> <i>Tom Hinton, Policy and Development Officer, Carers NSW</i> <i>Carer Respite Alliance</i> 	Carer recognition, inclusion and support in the NDIS: What carers are telling us <ul style="list-style-type: none"> <i>Sarah Judd-Lam, Manager, Policy and Research, Carers NSW</i> <i>Zoi Triandafilidis, Research and Development Officer, Carers NSW</i> Aboriginal people, carers and consumer directed care: bringing informal and formal caregiving closer together	The experience of family caregiving following residential aged care placement <ul style="list-style-type: none"> <i>Michael Devery, Doctor of Social Work Degree Candidate, University of Sydney</i> Working with Shame and Guilt in Carers Counselling	A holistic approach to improving carer employability: rethinking replacement care <ul style="list-style-type: none"> <i>Myra Hamilton, Senior Research Fellow, Social Policy Research Centre, University of New South Wales</i> The effects of work characteristics on carers’ employment experiences. Exploring experiences of (and movement between) full-time, part-

	<p>Making community accessible for people with disability and carers</p> <ul style="list-style-type: none"> • <i>Amelia McCormack, NSW Regional Program Coordinator, Ability Links, St Vincent de Paul Society</i> • <i>Sarah Murphy, Ability Linker, St Vincent de Paul Society</i> <p>Model of resilience in family caregivers of relatives with neurotrauma (Traumatic Brain Injury or Spinal Cord Injury): A multigroup analysis</p> <ul style="list-style-type: none"> • <i>Grahame Simpson, Director, Brain Injury Rehabilitation Research Group, Ingham Institute of Applied Medical Research</i> <p>Hidden Carer Online Resources</p> <ul style="list-style-type: none"> • <i>Matthew Elder, Education and Training Officer, Carers NSW</i> <p>Social Innovation in Partnership</p> <ul style="list-style-type: none"> • <i>Dr Rosy Walia, CEO, Multicultural Care</i> 	<ul style="list-style-type: none"> • <i>Rachelle Arkles, Adjunct Research Fellow, University of Western Sydney</i> • <i>Annie Kelly, Consultant, Service Development Residential Communities, Australian Unity</i> • <i>Jannine Bailey, Senior Lecturer, Rural Health & Research, Bathurst Rural Clinical School, Western Sydney University</i> 	<ul style="list-style-type: none"> • <i>Jewel Jones, Counsellor, Private Practitioner</i> 	<p>time, casual, and self-employment</p> <ul style="list-style-type: none"> • <i>Dr Hugh Bainbridge, Senior Lecturer, School of Management, Business School, University of New South Wales</i> • <i>Freya Saich, Policy and Development Officer, Carers NSW</i>
3:15–3:30pm	<p>Plenary 5: Summary of conference <i>Elena Katrakis, CEO, Carers NSW</i></p>			
3:30pm	<p>Conference Close</p>			